

Is it possible to include a release below for the Sunday August 15th Ramapo Rally cycling event on your town website??? For more information contact: Joel Ringer 201 475-1533 pr@btcnj.com

Last year's Ramapo Rally's event in August had more than 900 participants. The event starts at Campgaw Mountain County Park in Mahwah NJ. The event is sponsored by the Bicycle Touring Club of North Jersey (btcnj.com).

Rides range from a 12 mile family ride to more and more challenging 25, 45, 62, and very challenging 100 and 125 mile routes. The shorter rides go through nearby towns such as Mahwah, Allendale, Franklin Lakes, Pompton Lakes, etc. and the longer rides extend to the lake and hill country of Northern and Western New Jersey. The very challenging 125 mile ride extends as far as Schooley's Mountain Park in western Morris County. A portion of the proceeds supports the activities of Camp Sunshine, a local facility for multiply-disabled children and young adults.

33rd Annual Ramapo Rally Bicycle Tour Scheduled for Sunday, August 15, 2010.

Please join us on Sunday August 15th for the 33rd Annual Ramapo Rally (RAMPORALLY.COM) cycling event starting at Campgaw Mountain County Park in Mahwah NJ. Rides range from a 12 mile family ride to more challenging 25, 45, 62, and very challenging 100 and 125 mile routes. The shorter rides go through nearby towns such as Mahwah, Allendale, Franklin Lakes, Pompton Lakes, etc. and the longer rides extend to the lake and hill country of Northern and Western New Jersey. The very challenging 125 mile ride extends as far as Schooley's Mountain Park in western Morris County.

People interested in learning more about the event and registering are suggested to go to RAMAPORALLY.COM or ACTIVE.COM. (keyword - Ramapo)

If you register by August 1st you will receive a free Camelbak Chilli thermal water bottle and a chance to win an all expense paid VBT (VBT.COM) bicycle trip to the Tuscany area of Italy.

Online and mail registration closes August 10th, 2010. Pre-registration by August 1 is \$25.00 for BTCNJ members and \$30.00 for non-members. Pre-registration after August 1 is \$30.00 for BTCNJ members and \$35 for non-members. Day of event registrations is \$35.00.

Day of event registration and pre-registration sign-in starts at 7:00 AM. Century and ultra-century riders must depart by 8:00 AM. The routes close at 5:00 PM and sweep vehicles will pickup straggling rides to insure that they are back by that time.

Routes are clearly marked and some rides will be led by BTCNJ ride leaders. Routes are supported by SAG vehicles that provide assistance to cyclists with mechanical or physical problems. Cue sheets (turn-by-turn directions) are provided for all routes. Rest stops are situated along the routes and provide cyclists with drinks, snacks and restrooms. A post ride lunch is included in the fee.

A portion of the proceeds from the Rally support the activities of Camp Sunshine, a local facility for multiply-disabled children and young adults.