

REGULAR MEETING OF THE MONTVALE BOARD OF HEALTH
12 MERCEDES DRIVE, MONTVALE, NJ 07645
CONFERENCE ROOM #1 @ 7:45 PM March 3, 2014

President Cohen called the meeting of the Board of Health to order at 7:45pm. Adequate notice of the meeting was provided to The Record and the Ridgewood News, informing the public of the time and place, according to the Provisions of the Open Public Meeting Law (Chapter 231, P.L. 1975).

Roll call attendance: Members: J. Cohen, President (P), Woodward, V. President (A), M. Danna (P), C. Flagg (P), L. Hopper (A), J. Jacobson (P), J. Landzberg (P), P. Lennon (P), Council Liaison R. Curry (P), Secretary J. Russo (P).
Professionals: A. Musella, NWBRHC Health Officer, (P), J. Wendolowski, MS, RN, BC from HARP

Approval of January 6, 2014 Minutes

A motion to approve minutes was made by J. Landzberg & seconded by M. Danna. The minutes were approved & will be posted on Borough's web site.

Meeting Opened to the Public

A motion was made by P. Lennon & seconded by M. Danna to open the meeting to the Public. No one from the public was present; motion to close the meeting to the public was made by M. Danna & seconded by P.Lennon.

New Business

President Cohen suspended from the agenda and asked J. Wendolowski to present the annual report for public health services. The report included reportable diseases, reducing major diseases, and the programs which are offered at the Senior Community Center. The new health flyer advertising their hours and services which are offered to the residents of Montvale is available on the borough website and will be in the next newsletter. The HARP offices have been relocated to Maywood.

J. Wendolowski explained the Mayors Wellness Campaign. The mission of the Mayors Wellness Campaign is to equip mayors and other key leaders with the tools to develop and implement active-living initiatives in their communities with the ultimate goal of improving health and reducing the skyrocketing health care costs that come with the obesity problem in New Jersey. There are several free apps that are available to help provide education in eating healthy and being active. J. Wendolowski said she would be willing to hold healthy cooking demonstrations at the Senior Community Center. Councilwoman Curry suggested perhaps the classes can be broadcasted on Montvale TV Access channel. J. Wendolowski will email the secretary a list of the helpful apps and it can be listed on the website. Additional exercises classes being offered at night was discussed. Offering free resistance bands to participants was discussed.

Councilwoman Curry said Montvale Education Foundation (MEF) will be sponsoring a 5k Run in April and Montvale Recreation is offering a new class called training for a 5K Walk/Run. These are new ways Montvale residents can become active.

President Cohen asked that if an existing food establishment is changing names and menu, should he have to pay for a new license fee for 2014. The board decided since the establishment will require a new license and inspection, the owner will be required to pay the fee.

It was previously reported that Advanced Life Support (ALS), for -profit medical mobile unit, was interested in being stationed at the Montvale Senior Citizen and Community Center in the nurse's offices. President Cohen prepared a letter of concern for Councilwoman Curry to read into record at the M&C meeting in the event the topic is introduced. Councilwoman Curry said it was not mentioned.

Monthly Reports

NWBRHC Activity Report: A. Musella distributed & read activity report. Public Health Emergency Planning has received funding from Public Health Emergency Preparedness grant and has been mandated to build Centers for Disease Control emergency preparedness. Montvale is located in the northeast which consists of Bergen, Hudson, & Essex counties. Food Handlers Courses are scheduled

for April and those interested may sign up online at Northwest Bergen Regional Health Commission website. The secretary will email a list of all the licensed food establishments to A. Musella.

Registrar & Health Reports: C. Flagg read the reports.

Animal Control Report: C .Flagg read report. A total of eighty-four animals were vaccinated at the Rabies Clinic held in January.

Liaison Report: Councilwoman Curry discussed the new housing that will be located at School #2, the old library, & new townhomes at The Reserve @ Montvale, off of Upper Saddle River Road.

Adjournment: President Cohen requested a motion to adjourn. M. Danna made a motion, seconded by J.Landzberg. The meeting was adjourned at 9:25pm.



The next meeting will be on May 5.