

# MyMontvale

THE OFFICIAL NEWSLETTER OF THE BOROUGH OF MONTVALE

Next Issue: April 18  
MyMontvale is produced monthly by  
Pascack Valley Community Life.  
www.pvcommunitylife.com

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## Montvale Matters

### 17TH ANNUAL SPAGHETTI DINNER

Boy Scout Troop 334 will hold its 17th Annual Spaghetti Dinner on **Friday, April 26 at Fieldstone Middle School at 6:30 p.m.**

Tossed salad, garlic bread and dinner rolls, spaghetti and tomato sauce, homemade desserts, coffee and tea will be served. There will also be a gift basket extravaganza and giveaways at 7:30 p.m.

The cost is \$8 for adults, \$7 for seniors, \$6 for children ages 6 to 11, and free for children 5 and under.

Boy Scout Troop 334 and American Legion Post 153 Park Ridge thank you for your support. For more information, please call Ken Hensley at 417-459-8042, or email kh2753@optonline.net.

### CONGRESSMAN GARRETT'S OFFICE

Every second Thursday of the month, there will be a representative from the Hon. Scott Garrett's office at Borough Hall to address any concerns or questions you may have.

Andrew Whitehouse will be here between 1 and 3 p.m. in Conference Room 1.

## MONTVALE POLICE DEPARTMENT

Hello Montvale:

Once again as we head into April, the joggers, bicyclists and walkers will be out in full force on our streets and sidewalks. Recently there have been a number of complaints about cars speeding in town, particularly on the back streets. Please remember that almost all of the back streets in Montvale have a 25 mile per hour speed limit. Children are playing or going to and from school. Use caution. Expect a child to make a mistake, run into the street after a ball without looking first. By traveling at the speed limit you may have enough reaction time to stop before striking that child.

Also as a reminder, home and business burglar alarms must be registered with the Police Department. You can download a registration form on the Borough website, montvale.org, or pick one up at the police station.

You can also download Vacant Home Registration and Firearms Permit forms on the website.

Stay safe,

Chief Jeremy Abrams



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# MAYOR'S MESSAGE MARCH

This newsletter will be mailed right around the official first day of spring and I hope by then I am still right in saying we have had a pretty mild winter with very little snow fall.

This is being written as the governing body is finishing up the 2013 budget. As usual there have been many decisions to make and spending has been under close scrutiny. Like most towns we are not totally out of the woods yet but some of the actions we have taken over the last few years are working out to help our bottom line. One popular event scaled back because of budget constraints the last few years will again be funded. We were able to find the monies to bring Day In the Park closer to its past levels of fun and entertainment. In fact, because of a private donation, this year's event should be the best we have had in recent years.

Using the Joint Court as a shining example, we are constantly searching for more ways to share services and purchases with our neighboring towns to get more for our tax dollar. The most recent effort was the study we commissioned as to the feasibility of a Tri-Boro police department. This is a major undertaking and there are endless details to consider. The study report seemed to raise more questions than it answered. We have sent our comments and concerns to the company that did the study and we are awaiting answers to those concerns.



**Roger J Fyfe**  
Mayor

Our police department is close to completing all the requirements to become an accredited force. Once accredited, we will be much less prone to lawsuits and other liabilities and the cost of our insurance overall will decrease significantly. It has been a long haul to get this done and we commend Chief Abrams and his staff for making such an effort to make it happen.

Our reassessment has been completed and everyone should have their new assessment information. This should not affect anyone's taxes all that much since the whole town was done at the same time. It is the tax rate that will change because of the overall decrease in most properties. No one likes their taxes to increase but I think the governing body has done another good job of putting together a

budget that keeps services at a decent level and spending as low as possible. This year's increase will be minimal.

Finally, I ask everyone to check our website, watch Cablevision channel 77 or Verizon channel 35, and read the newspapers for any notices concerning the fate of the DePiero's Farm. As this is being written, there is no new news but that could change any day so it is important if you have an opinion about the farm's development to be aware of meeting notices and attend those meetings to express your views.

Happy spring!

## MONTVALE

### PUBLIC LIBRARY

#### MARCH'S SPOTLIGHT:

**WHAT: "Pysanky - Egg Decorating Workshops"**

**WHEN:** Friday, March 22 at 3:30 p.m. for children grades K and up; Saturday, March 23 at 12:30 p.m. for adults

**INFO:** In person registration required. There is a \$10 non-refundable materials fee for the children's workshop. Adult workshop requires a \$20 non-refundable materials fee. (All fees are to be paid in cash.) Registration for both sessions is limited. Patty Wiszuk-DeAngelo of Montvale once again brings her great talent and enthusiasm to these workshops.

#### LOOKING AHEAD TO APRIL:

##### ADULT DEPARTMENT

"PC Safety: Five Ways to Protect Your Privacy on Facebook" - Afternoon and evening classes April 1 through 4. Registration begins March 18.

##### CHILDREN'S DEPARTMENT

"Paper Making Workshop" - Tuesday, April 23 at 3:45 p.m. Ages 5 and up. Registration begins April 8.

*For complete details and information on all Montvale Library services and programs, please telephone the Library at 201-391-5090, or visit the Library's website at [montvale.bccls.org](http://montvale.bccls.org).*

## MONTVALE PUBLIC SCHOOLS

### SCHOOL BUDGET HEARING - MARCH 26, 7:30 P.M.

All community stakeholders are invited to attend the annual Pre-K-8 Montvale Public School budget hearing on March 26 at 7:30 p.m. in the Library Media Center at Fieldstone Middle School. With the recent changes in school budget voting including a 2 percent CAP on the tax levy, some residents may wonder why they should attend this presentation. In addition to learning more about our outstanding schools and cost effective strategies, we believe our taxpayers and supporters will take great pride on their return for investment as we share the impressive accomplishments of our hard working students and staff.

### WELCOME DR. PETERSEN AND THANK YOU MR. HUGHES

March 18 marked the official start date for our new Superintendent of the Montvale Public Schools, Dr. Darren Petersen. On behalf of the Montvale Community, the Board of Education extends a warm welcome to Dr. Petersen and sincere appreciation and gratitude to Mr. Hughes for his dedication and support.

### KINDERGARTEN REGISTRATION

Do you or someone you know have a child planning on attending the MES kindergarten program in September 2013? If you have not yet registered, please do so as soon as possible. Contact Memorial Elementary School at 201-391-2900.

### THANK YOU MONTVALE POLICE DEPARTMENT

The Montvale Public School community extends sincere thanks to Chief Jerry Abrams and all the members of the department and local PBA for their continued efforts to keep our schools safe and secure. In addition to regular walkthroughs of our schools, collaborating on drills and preparedness, presentations at staff and BOE meetings, the PBA has announced a generous donation from the proceeds of their annual recent Comedy Night to support our ongoing efforts for school security improvements!

Our students, parents, staff, administration, and Board of Education, enjoy a friendly and collaborative relationship with the Montvale Police Department. Students recognize and admire our police officers and know they can approach them at any time in and out of school. They love when D.A.R.E. officers Allison McNeice and Kash Cruise teach classes at the school, or along with Officer Chris Hawken, played basketball in the MEF Harlem Wizards community event. We cannot thank our police department enough for all they do to keep us safe and secure.

# VOLUNTEER FIREMEN'S ASSOCIATION 100TH ANNIVERSARY PARADE RAFFLE



PHOTO COURTESY OF BOROUGH OF MONTVALE

The Volunteer Fireman's Association 2013 Parade Committee is holding a raffle as a fundraiser to offset the expenses of the weekend festivities. First prize will be a 2013 Mercedes Benz C-250 Sedan. The Committee thanks corporate sponsor Mercedes Benz of North America for their generous support.

On Saturday, June 8 the Montvale and Pearl River, N.Y. fire departments will host the New Jersey and New York Volunteer Firemen's Association 100th Anniversary Parade.

The 2013 parade committee is holding a limited ticket sale raffle as a fundraiser to offset the expenses of the weekend festivities. The raffle will be for the following prizes:

**FIRST PRIZE -  
2013 MERCEDES BENZ C-250 SEDAN**

**SECOND PRIZE -  
50 INCH FLAT SCREEN HD  
TELEVISION**

**THIRD PRIZE -  
TWO TICKETS TO U.S. OPEN  
GOLF TOURNAMENT**

The ticket sales will be limited to 1000 at a cost of \$100 per ticket.

Drawing will take place at the trophy presentation ceremony in the parade ground on Memorial Drive in Montvale. Tickets will be sold at all meetings as well as many events leading up to the parade.

If you would like to purchase a ticket, make your check payable to "2013 Parade Committee," and send the check for \$100 to "2013 Parade Committee" to Box 111, Pearl River, NY 10965, mark memo for raffle and we will mail you your ticket. Thank you very much for supporting us.

An additional opportunity to help us is to buy a booster ad in our journal for \$5. Make check payable to "2013 Parade Committee," up to 25 characters per ad, and mail check to above address and we will add your name in support. Thank you.

The parade on June 8 will begin in Pearl River at 1 p.m. Participating fire departments will be lining up on East Central Avenue above the Pearl River Firehouse. The parade route will proceed down East Central

Avenue past the Pearl River Firehouse to Route 304. The route will head south on Route 304 to Kinderkamack Road in Montvale. Once on Kinderkamack road the route will continue south to West Grand Avenue. The parade will end on memorial drive behind the Montvale Firehouse. There will be food and refreshments served

It is important to know what roads will be closed for the parade. In Pearl River E. Central Avenue will be closed from Henry Street to Route 304. Route 304 will be closed from Washington Avenue to the state line. Kinderkamack Road will be closed from the state line to Grand Avenue. Grand Avenue will be closed from the railroad tracks to Pascack Road.

The 2013 parade committee apologizes for any inconvenience that may be caused by the parade. We invite all residents to come out and watch the parade and cheer on our firefighters as they march in competition for trophies. The parade should last around three hours. Thank you for supporting your firefighters.

# MONTVALE RECREATION DEPARTMENT

The Recreation Department's news and information can be found in Borough Hall at the front counter and at the town website: [montvale.org](http://montvale.org). For more information, email us at [montvalerecreation@gmail.com](mailto:montvalerecreation@gmail.com). To save time when registering for a class, print your registration forms online and fill them out at home. Please fill out two copies of the registration form and bring both to the class along with your payment. All checks must be made payable to the Borough of Montvale.

To be notified via email when Recreation activities are taking place, join the Montvale Recreation email list. Emails will only be sent to announce recreation news. If interested, go to the borough webpage at [montvale.org](http://montvale.org). Find the Recreation page under services and go to the Recreation main page where under the opening paragraph you will see: "If you would like to join the Montvale Recreation Email List, please click here." After you "click here" enter your email to be automatically added to mailing list.

If you have an idea for a program, or would like to become an instructor, email us at the address above. (Please don't speak with Mr. Freeman at school.) **All programs are open for enrollment after the start date.** It's not too late to join existing Recreation classes already in session. For a full listing of classes offered, go to the borough website, [montvale.org](http://montvale.org).

## HATHA YOGA

Yoga will increase flexibility, physical strength, energy and improve concentration, emotional stability and the ability to relieve stress through relaxation. Two, one day/week classes will be offered in the Recreation Center. The first class will meet **Monday evenings from 7:30 to 8:30 p.m. beginning April 1.** The second class will meet **Friday mornings from 9:30 to 10:30 a.m. beginning March 22.** Registration: first session of each class. Residents and non-residents 18 years of age or older are invited to participate. High School students may participate if registered by an adult. A mat or towel should be brought to each class. Fee: \$80 for residents; \$100 for non-residents for this eight-week class. Instructor: Debra Broadman.

## FITNESS BOOT CAMP

The most effective way to improve cardiovascular function, build muscle and lose body fat. Two, one day/week classes will be offered in the Recreation Center. The class consists of a variety of exercises guaranteed to challenge every individual participant. No class will be the same. These two classes will be held **Tuesday mornings from 9 to 10 a.m. and Tuesday evenings from 7:30 to 8:30 p.m.** The first class will be held **March 26.** Fee: \$80 for residents; \$100 for non-residents for this eight-week class. Instructor: Certified Trainer and instructor Rose Freeman.

## ZUMBA

The ZUMBA® program is a Latin-inspired, dance-fitness class incorporating Latin and international music and dance movements creating a dynamic and effective fitness program. This exciting class is for everyone and is easy to learn. The first class will begin on **Thursday, March**

**28** at the Recreation Center. The class is held **Thursdays from 9 to 10 a.m.** Fee: \$80 for residents; \$100 for non-residents for this eight-week class. Instructor: Kim Kern, certified instructor.

## TAEKWON-DO

TaeKwon-Do, is the Korean Art of Self-Defense. The program will be available for adults and high school age students accompanied by an adult from **3 to 4 p.m. on Saturday** afternoons. This eight-week class will begin **Saturday, March 23** in the Recreation Center. Fee: \$145 for residents; \$185 for non-residents. Registration: first day of class. Instructor: Mario Liriano; 5th Degree Black belt.

## IMPROV COMEDY CLASS

Improvisational comedy, an art form, has now come to Montvale. "AnitaLaugh" offers a fun-filled workshop featuring improv games like those seen on "Whose Line is it Anyway?" Theater games and acting exercises help anyone looking to ease the discomfort of public speaking and help those trying to overcome shyness in a supportive and creative environment. Learn how to develop the skills useful for business, performing and all aspects of life. Anyone who wants to try their hand at comedy for fun or as a career will benefit greatly from learning improv. Classes will be held **Wednesday evenings from 7 to 8 p.m.** in the Recreation Center. The first class will be held **Wednesday, March 27.** Fee: \$80 for residents; \$100 for non-residents for this eight-week class. Instructor: Bernice Harris, Director of "AnitaLaugh" Improv & sketch comedy troupe voted "Best Comedy Entertainment" in Bergen County.

## DRAMA FOR MAMA

This course uses each student's individual "stories" to create comedy for family story telling, journal writing that can be passed on to our children, stand up comedy and sketches. Share laughter and learn new skills in a creative workshop. Classes will be held **Monday mornings from 10 to 11 a.m.** in the Recreation Center. First class will be held **Monday, March 25.** Fee: \$80 for residents; \$100 for non-residents for this eight-week class. Instructor: Bernice Harris, Director of "AnitaLaugh" Improv & sketch comedy troupe voted "Best Comedy Entertainment" in Bergen County.

## MEN'S 30 & OVER BASKETBALL

This program is held on **Monday evenings from 8 to 10 p.m.** in the Memorial School gymnasium. This pick-up game style program began in September and will continue through May 2013. Fee: \$75 for residents; \$95 for non-residents if space permits.

## ADULT MEN'S COMPETITIVE BASKETBALL

Residents 18 years of age and older can participate in this competitive style pick-up game format. The program began on **Jan. 9 and will continue through May.** Games are played on **Wednesday nights from 8 to 10 p.m.** in the Fieldstone School gymnasium. Fee: \$50 for residents; \$75 for non-residents.

## ADULT VOLLEYBALL

This program is for men and women 18 years of age and older. Adult volleyball will be held in the Memorial School Gymnasium "B" from **8 to 10 p.m.** The program began Jan. 8 and will be held on **Tuesday evenings through May.** Fee: \$50 for residents; \$75 for non-residents.

## TENNIS LESSONS

Looking to improve your tennis game? This program will be offered through the Montvale Recreation Department, but taught by Bill Bess of Tennis Dynamics. Lessons will be taught for the beginner and the intermediate player and instruction will be limited to a maximum of eight participants per group. Classes will be offered for Kindergarteners-adults. Two separate days of lessons will be offered independently of one another. The cost for the six-week program (one day a week) is \$80 per person for residents and \$120 per person for non-residents and will be given at the Memorial Drive tennis courts. Please note the courts will be reserved for lessons during the length of the program. Monday classes will begin on May 6. Saturday classes will





begin May 11. Loaner rackets will be provided for those people that do not own their own racket but are interested in playing. To register, please read **TENNIS REGISTRATION** below.

**Monday's lessons**

Grades K-2	4-5 p.m.
Grades 3-5	5-6 p.m.
Grades 6-8	6-7 p.m.
H.S. and adult	7-8 p.m.

**Saturday's lessons**

Grades K-2 & 3-5	2-3 p.m.
Grades K-2 & H.S. & Adult Beginner	3-4 p.m.
Grades 6-8 & H.S. & Adult Intermediate	4-5 p.m.

**TENNIS REGISTRATION**

We will hold two (2) formal registrations days for lessons and to purchase your tennis pass (if the "normal business hours" are not convenient for you.) Registration will be held on **Wednesday, March 27, 6 to 7 p.m. and Saturday, March 30, 10 to 11 a.m.** Both registrations will take place at the Montvale Rec center (located behind the community center). If you miss these registration dates, you may also register for your tennis pass (info below) and lessons (space permitting) **at Borough Hall during normal business hours (8:30 a.m. to 4:30 p.m.)**. Please remember that space is limited for each of the sections of lessons.

**TENNIS**

A magnetic locking system is installed on the court gates of both the Memorial Drive and Chestnut Ridge tennis courts. This system has proven to be an effective way to reduce the number of non-registered people using our courts. Each year residents who wish to use the courts must register to receive their new access card. **Membership registration for the 2013 season** which runs from March 1 through Dec. 31 **may be purchased at the Borough Hall during normal business hours beginning in March.** The 2013 tennis fee schedule is:

<b>CATEGORY</b>	<b>RESIDENT</b>	<b>NON-RESIDENT</b>
Adult	\$30	\$60
*Student (14-18)	\$10	\$20
Family	\$50	\$100
Senior Citizen	FREE	FREE

\*Students registering alone must register as an adult.

**TALKIN' BASEBALL**

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Thursday of each month at 7:15 p.m. in the Recreation Center (entrance is behind the community center). There is no fee for this program.

**KID'S CORNER**

**TAEKWON-DO**

TaeKwon-Do, is the Korean Art of Self-Defense. Program will be offered two days/week for children in grades K-8. The K-4 grade class will be offered Tuesdays from 5 to 6 p.m. and Saturdays from 1 to 2 p.m. Classes begin **Tuesday, March 26**. The 5-8 grade class will be offered on Thursdays from 5 to 6 p.m. and on Saturdays from 2 to 3 p.m. Classes begin **Thursday, March 28**. The program will be held in the Recreation Center. Fee: for this 16-session class is \$120 for residents; \$180 for non-residents (space permitting). Registration: first day of class. Instructor: Mario Liriano; 5th Degree Black belt.

**FIELD USE**

Applications and Hold Harmless forms must be completed and returned to the Borough Hall, c/o Tom Mascarelli, with liability Insurance and payment. Forms are available on line and at the Borough Hall front counter. Permits will be given according to availability.

**Upcoming Events**

**UPCOMING RECREATION EVENTS:**

Camp counselor applications available	April 1
Camp counselor interviews	April 25
Camp counselor interviews	April 26
Camp counselor interviews	April 27
Summer camp registration	May 1
Summer camp registration	May 3
Day in the Park	June 22
Counselor workshop	June 28
Summer camp	July 1-26

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New Monthly Board Meeting Time: 1st Wed of the month at 4:00, Borough Hall, Montvale



## The Montvale Chamber of Commerce



❖ Visit The Chambers Web-Site For Dates and Times ❖

### **HOLD THE DATE**

- April 24th - Taste of the Pascack Valley



- June 2nd - Montvale's Annual Street Fair

**MONTVALE STREET FAIR 2013**

Have a band, cheerleading group, school club and want to be part of the "on stage" portion of the Street Fair? Apply at [www.MontvaleChamber.com](http://www.MontvaleChamber.com)

Over 20,000 people attended last year's Street Fair

### **Now Accepting Sponsorships for 2013 Street Fair**

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For more information e-mail [info@MontvaleChamber.com](mailto:info@MontvaleChamber.com)

*Please note: Sponsorships first-come first-serve*



## Go Green!

Send us your company's "Green initiatives" Please e-mail us at: [info@MontvaleChamber.com](mailto:info@MontvaleChamber.com)

## MONTVALE IN APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Service Key</b> Local Mtg. Household Trash Recyclable Pick-Up	<b>1</b> East	<b>2</b> Central Planning Board Mtg. 7:30 p.m.	<b>3</b> West	<b>4</b> District 3, 4 Yard Waste pickup	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> East	<b>9</b> Central Mayor & Council Mtg. 7:30 p.m.	<b>10</b> West	<b>11</b> District 1, 2 Yard Waste pickup	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> East Environmental Commission Mtg. 7:45 p.m.	<b>16</b> Central Planning Board Mtg. 7:30 p.m.	<b>17</b> West	<b>18</b> District 3, 4 Yard Waste pickup	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b> East	<b>23</b> Central	<b>24</b> West	<b>25</b> District 1, 2 Yard Waste pickup	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b> East	<b>30</b> Central Mayor & Council Mtg. 7:30 p.m.				

# MONTVALE OFFICIALS

### ADMINISTRATION

#### ADMINISTRATOR/MUNICIPAL CLERK

Maureen Iarossi-Alwan - [miarossi@montvaleboro.org](mailto:miarossi@montvaleboro.org)

### MAYOR AND COUNCIL

#### MAYOR

Roger J. Fyfe (R) - [mayorfyfe@montvaleboro.org](mailto:mayorfyfe@montvaleboro.org)

#### COUNCIL PRESIDENT

Leah J. LaMonica (R) - [llamonica@montvaleboro.org](mailto:llamonica@montvaleboro.org)

#### COUNCIL

Theresa A. Cudequest (R) - [tcudequest@montvaleboro.org](mailto:tcudequest@montvaleboro.org)

Rose Curry (R) - [rcurry@montvaleboro.org](mailto:rcurry@montvaleboro.org)

Mike Ghassali (R) - [mghassali@montvaleboro.org](mailto:mghassali@montvaleboro.org)

Timothy E. Lane (R) - [tlane@montvaleboro.org](mailto:tlane@montvaleboro.org)

Salvatore J. Talarico (R) - [stalarico@montvaleboro.org](mailto:stalarico@montvaleboro.org)

### CONTACT INFORMATION

#### MONTVALE BOROUGH HALL

12 Mercedes Drive, Montvale, NJ 07645

Phone: 201-391-5700

Visit [www.montvale.org](http://www.montvale.org)

## MONTVALE SENIOR CLUB

Our Senior Fun Night which offers pizza and bingo was enjoyed by over 70 seniors last this month and the members of our senior club also appreciated our Valentine's Day Luncheon during which live entertainment was provided.

Our members currently meet for our business and social meetings on the first and third Thursday of the month at the Community Center located at 1 Memorial Drive. All Montvale residents ages 55 and over are welcome. The opportunity to meet and socialize with other Montvale residents is a great pastime. Our March luncheon will be held on Thursday, March 21 at the Florentine Gardens.

Our members currently enjoy new classes including canasta, computer training and crafts. Our senior center provides chair exercises which have become very popular.

A nurse is available from HARP and meets with members on our meeting dates. We have movie and popcorn night on the last Friday of the month. The center is open Monday through Friday for exercise, card games, crafts and just socializing. Our annual dues are \$8 and we offer trips, entertainment, and interesting speakers with relevant topics aimed at seniors. If you have a particular interest, come down and share it with us. You can contact our president, Dick Voorhees, at 201-573-0761 and we hope to see you soon.

## KEEPING IT GREEN IN MONTVALE

### CLEAN UP DATE - APRIL 20, 9:30 A.M.

Montvale will be partnering with Park Ridge this year to clean up our towns. Keeping it Green in Montvale and the Park Ridge Clean Team will work with the Bergen County Clean Community and the Hackensack River Keepers to expand our efforts.

Our Boy Scouts, Girl Scouts and the Montvale Free Church join every year but we need more workers this year. Please mark the date and volunteer.

Refreshments will be provided.

Contact Councilwomen LaMonica at [llamonica@montvale.org](mailto:llamonica@montvale.org).

MINIMALLY INVASIVE ALTERNATIVES FOR WELLNESS

# An Experienced Doctor Can Change Your Life

When you want the best to feel your best, turn to David Gamburg, MD, a board certified pain management specialist who brings his experience and Mount Sinai Medical Center training to New Jersey.

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