

# MyMontvale

THE OFFICIAL NEWSLETTER OF THE BOROUGH OF MONTVALE

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## MONTVALE PUBLIC LIBRARY

### AUGUST'S SPOTLIGHT

#### Adult Department

**WHAT:** "Essay Writing Workshop"

**WHEN:** Thursday, Aug. 20, at 7 p.m.

**INFO:** Presented by Collegewise. The instructor will discuss what admissions officers actually want (and don't want) to read, the five most overused essay topics and writing techniques that will help high school students to write more engaging and effective college essays.

#### It's that time of year again!

Time to donate "gently-used" but no-longer-wanted books, CDs, DVDs, LPs and books-on-CD for the Friends of the Library Book Sale. Last day to donate is Friday, Sept. 4.

### LOOKING AHEAD TO SEPTEMBER

#### Adult Department

"Googling" - Afternoon and evening classes Monday, Sept. 14, through Thursday, Sept. 17. Registration starts Aug. 31.

#### Friends of the Library Book Sale

Saturday, Sept. 26, from 10 a.m. to 5 p.m., and Sunday, Sept. 27, from 1 to 4 p.m. Come and visit the best book sale in the area!

#### For information on library services and programs

Visit the Montvale Library's website at [montvale.bccls.org](http://montvale.bccls.org), email the Library at [movlcirc@bccls.org](mailto:movlcirc@bccls.org) or telephone the Library at 201-391-5090. Stop by and visit us, too!

# NEW POLICE OFFICER SWORN IN



PHOTO/BOROUGH OF MONTVALE

On July 14, Walter Marsico was sworn in as a Montvale police officer by Mayor Roger Fyfe as Officer Marsico's girlfriend, Melissa Csakvary, holds the Bible. Police Chief Jeremy Abrams and Officer Marsico's mother, Beverly, look on.

### LOCAL ASSISTANCE

School will be starting school soon and the following items are need at the Pascack Food Center:

- Peanut butter and jelly

- Lunch snacks
- Juice boxes
- Sandwich bags
- Brown Lunch bags
- Paper towels
- Toilet tissue

Please drop off your dona-

tions in the bin outside the Library at Borough Hall. Many thanks for your generosity!

**Kathie Bowen**  
Public Assistance Director  
201-307-0534

# MAYOR'S MESSAGE AUGUST



**Roger J Fyfe**  
Mayor

Welcome to the August newsletter:

The summer season has actually seen a bit of a lull compared to our usual ambitious pace. There are a few things happening but the activity lately is more about developers testing the waters with alternate uses for some of our corporate properties.

There aren't any "proposals" to share but there is a great deal of interest in the vacant, as well as some of the occupied corporate properties. This has all to do with Memorial Sloan Kettering Cancer Center

having closed on their property at 225 Summit Ave. When somebody gets serious with a project, that information will be shared.

This month we swore in another new police officer. Walter Marsico was sworn in on July 14. He will begin his training at the academy on June 24.

I hope everyone had a safe and happy July 4th and when this prints there will only be two weeks before school reopens!

## MONTVALE POLICE DEPARTMENT

Hello Montvale:

Summer is winding down and school is about to start. Traffic will increase and school children will be walking to school, standing on street corners waiting for buses and crossing the parking areas near our schools.

Use extra caution as you drive through these areas. Obey the posted traffic and parking regulations in the school areas.

School parents should follow the drop-off and pick-up regulations at the schools. To help alleviate traffic in the school parking areas, parents should car pool or have the children walk to school. Crossing guards are posted on Grand Avenue at Kinderkamack Road, at Railroad Avenue, and a police officer is posted at Grand Avenue at Memorial Drive. Crossing guards are also posted at the gate on Memorial Drive and Bayberry Drive (the rear gate) as well as at two additional crossing locations on Memorial Drive.

Memorial School: There is no parking or drop-off in front of the DPW building or in the rear of the firehouse. These are active areas for construction equipment, trucks and responding firefighters. This area needs to be kept clear. It is dangerous for children to be walking in this area. Tickets will be written to violators.

Attention Pascack Hills Football fans: PHHS is scheduled to have several night games under the lights at the school. To accommodate the neighbors in the Akers Avenue area, there will be NO PARKING on Akers Avenue for the games. Parking for the game will be in the front school parking lot and fans will take the walkway to the field. Handicap parking will still be at the Superintendent's parking lot on Akers Avenue.

Stay safe,  
Chief Jeremy Abrams



## MONTVALE BOARD OF HEALTH

The Montvale Board of Health, in partnership with the Northwest Regional Health Commission and the Health Awareness Regional Program (HARP) of HackensackUMC, announces the Family Flu Vaccination Program.

The Family Flu Vaccination Program for Montvale residents will be held on Saturday, Sept. 12, from 9 to 11 a.m. at the Montvale Senior & Community Center located at 1 Memorial Drive, Montvale. Seasonal flu vaccines for the entire family will be available during that time.

Vaccines will be given to residents 3 years of age and older. There is a \$25 fee for residents who do not have Medicare Part B. Only cash and checks made payable to NWBRHC will be accepted for those without Medicare.

The vaccine provided for children is Thimerosal free. For more information on Thimerosal, please log onto <http://www.cdc.gov/flu/protect/vaccine/thimerosal.html>.

If you're pregnant, please provide a note from your doctor to receive the flu vaccine.

Participants 65 years or over must provide a Medicare card with their Medicare Part B number. If you have a Medicare HMO, also known as Medicare Advantage, you may choose to go to your primary care provider or you can pay a fee for a flu vaccination. Medicare HMO will not be accepted.

For further information call the Montvale Board of Health at 201-391-5700, Ext. 257.

No appointments are needed.

### IMMUNIZATION UPDATE

*Board of Health President Joyce Cohen provides the following information.*

Pneumonia, or inflammation of the lung, is mainly caused by bacteria or viruses. Each year in the United States thousands of adults are killed because of it. Those individuals over the age of 65 are at risk. Fortunately, there are two vaccines that protect against pneumonia, which is caused by bacterial infection. Information about these vaccines is changing and can be confusing.

PCV 13 protects against 13 of the approximately 90 types of bacterial pneumonia and resultant complications. PPSV23 protects to a lesser degree against 23 of the approximately 90 types of bacterial pneumonia and a greater degree against resultant complications.

Senior citizens should receive both vaccines which are covered by Medicare. PCV13 is given first, followed by PPSV23 which, depending upon analysis by your health care provider, can be repeated as many as three times. Once the vaccine series is completed, further doses are not recommended.

# MONTVALE SENIOR CLUB

Although the Montvale Senior Club does not conduct Business and Social meetings during July and August, our club is still open at One Memorial Drive in Montvale and many groups meet all summer. As you may know, we have a beautiful facility which hosts an exercise room, several card and game rooms, a piano area and a warm welcome to seniors 55 years of age and older. We have two upcoming, exciting trips for your consideration.

The Montvale Senior Club is excited to announce a 5-day/4-night motor coach trip to Cape Cod, Mass., on Oct. 5-9. This package includes lodging, breakfasts and dinners. We will visit Chatham, Plymouth and Boston. We will enjoy a Hyannis Harbor Cruise with views of the Kennedy Compound. An evening of entertainment is included and many other surprises. The price is \$497 per person (double occupancy) or \$597 (single occupancy). Call Rosemarie Kelly at 201-391-8718 for information and reservations.

A day trip to the Connecticut Steam Train and Riverboat is scheduled for Friday, Sept. 25. The tour includes deluxe motor coach transportation, 2 1/2 hour steam train and a riverboat cruise of the Connecticut River. The group will then enjoy a three course lunch at the Griswold Inn which opened for business in 1776. The Griswold Inn is thought of as a museum housing an important art collection and many antique artifacts and period furniture. The price is \$79, or \$69 for Montvale Senior Club Members. For more information, call Marie Dineen at 201-391-1831.

Thursday, Sept. 3, is our next Business meeting and we invite you to join us. We offer companionship, interesting speakers and a wide variety of activities which interest seniors. Bring a friend and see what the Montvale Senior Group is all about. We can be reached at montvaleseniors@montvaleboro.org.

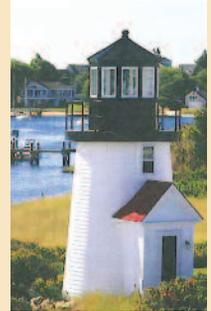
## CAPE COD, MASSACHUSETTS

Featuring Chatham, Plymouth and Boston

FIVE DAYS, FOUR NIGHTS - OCT. 5-9

### Package includes:

- Four nights lodging
- Four breakfasts
- Four dinners
- Evening of entertainment
- Fully escorted tours of: Hyannis area (including Kennedy Memorial & Main Street Provincetown), Chatham, Boston and Quincy Market, Historic Sandwich, Plymouth and Plymouth Rock
- Cape Cod Canal Visitor's Center
- Hyannis Harbor Cruise with view of Kennedy Compound
- Olde Mystic Village
- Newport, R.I.
- Meet & Greet Welcome
- Souvenir gift
- Luggage handling
- All taxes and meal



\* \$50 PP due at reservation, final payment due Aug. 26.

## TRI-BORO AMBULANCE CORPS IS LOOKING FOR VOLUNTEERS!

TBVAC is a successful organization because of our dedicated volunteers and the support and generosity we receive from the community. We are always looking for more volunteers – together we can make a difference.

If you or someone you know is interested in becoming a member of TBVAC, please contact us at 201-391-2332, or visit our website at [www.triboroambulance.org](http://www.triboroambulance.org).

Our patio project is still ongoing and we are currently selling engraved brick pavers as a fund raiser for TBVAC. We would like to thank Montvale Landscaping, Keller Williams Associates and Chatham Irrigation for their generous donations with this project. The engraved bricks have been placed in our patio and it looks amazing. For those of you that have purchased an engraved brick we thank you and invite you to visit the patio located behind the ambulance building at 10 Mill Road in Park Ridge, NJ to see the outcome.

For anyone wanting information on purchasing an engraved brick, please visit our website at [www.triboroambulance.org](http://www.triboroambulance.org).



# MONTVALE RECREATION DEPARTMENT

## ADULT PROGRAMS

### 30+ BASKETBALL

This program is for men and women 30 years of age and older and is held on Monday evenings from 8 to 10 p.m. in the Memorial School gymnasium. This pick-up game style program will begin Sept. 14 and continue through May 2016. Fee: \$75 for residents; \$95 for non-residents if space permits.



### HATHA YOGA



Yoga will increase flexibility, physical strength and energy. Yoga will also improve concentration, emotional stability and the ability to relieve stress through relaxation.

Two, one-day/week classes will be offered in the Recreation Center. The first class will meet Monday evenings from 7:30 to 8:30 p.m. begin-

ning Sept. 21. The second class will meet Friday mornings from 9:30 to 10:30 a.m. beginning September 25. Registration will take place on the first session of each class. Residents and non-residents 18 years of age or older are invited to participate. High school students may participate if registered by an adult. A mat or towel should be brought to each class. Fee: \$80 for residents; \$100 for non-residents for this eight-week class. Instructor: Debra Broadman.

### TALKIN' BASEBALL

If talking about baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 8:15 p.m. in the Recreation Center (entrance is behind the community center.) There is no fee for this program.

### TENNIS

A magnetic locking system is installed on the court gates of both the Memorial Drive and Chestnut Ridge tennis courts. This system has proven to be an effective way to reduce the number of non-registered people using our courts. Each year residents who wish to use the courts must register to receive their new access card.



Membership registration for the 2015 season, which runs from March 1 through Dec. 31, may be purchased at the Borough Hall during normal business hours.

CATEGORY	RESIDENT	NON-RESIDENT
Adult	\$30	\$60
*Student (14-18)	\$10	\$20
Family	\$50	\$100
Senior Citizen	FREE	FREE

\*A student registering alone must register as an adult.

### TENNIS LESSONS

Looking to improve your tennis game? This program will be offered through the Montvale Recreation Department and taught by Bill Bess and Tom Pisaturo of Tennis Dynamics. Lessons will be taught for the beginner and the intermediate player. Instruction will be limited to a maximum of eight participants per group. Classes will be offered for kindergarteners through adults. Two separate days of lessons will be offered independently of one another. The cost for the six-week program (one day/week) is \$80/person for residents and \$120/person for non-residents. Lessons will be given at the Memorial Drive tennis courts. Please note the courts will be reserved for lessons during the length of the program. Saturday classes will begin Sept. 19. Monday classes will begin on Sept. 21. Loaner rackets will be provided for those people that do not own their own racket but are interested in playing. Registration will take place Wednesday, Sept. 9, from 6:30 to 7:30 p.m.

#### Monday Lessons

K-2nd grade from 4 to 5 p.m.  
 Grades 3-5 from 5 to 6 p.m.  
 Grades 6-8 from 6 to 7 p.m.  
 High School and adult from 7 to 8 p.m.

#### Saturday Lessons

K-2nd grade and grades 3-5 from 2 to 3 p.m.  
 K-2nd grade and high school/adult beginner from 3 to 4 p.m.  
 Grades 6-8 and high school/adult intermediate from 4 to 5 p.m.

## KID'S CORNER

### TAEKWON-DO



TaeKwon-Do, the Korean art of self-defense, is the scientific use of the body through physical and mental training for self-defense in unarmed combat. Program will be offered two days/week for children in grades K-8. The K-4 grade class will be offered Tuesdays and Thursdays from 6 to 7 p.m. Classes will begin Tuesday, Sept. 22. The 5-8 grade class will be offered Tuesdays and Thursdays from 7 to 8 p.m. Classes will begin Tuesday, Sept. 22. The program will be held in the Recreation Center. Fee for this 16-session class is \$120 for residents; \$180 for non-residents (space permitting.) Registration: First day of class. Instructor: Mario Liriano; 5th Degree Black belt.

## TENNIS LESSONS

Same as Adult Program.

## UPCOMING EVENTS / PROGRAMS

### 18+ COMPETITIVE BASKETBALL

Residents 18 years of age and older can participate in this competitive style pick-up game format. This program will begin on Jan. 6, 2016, and continue through May. Games are played on Wednesday nights from 8 to 10 p.m. in the Fieldstone School gymnasium. Fee: \$50 for residents; \$75 for non-residents.

### ADULT VOLLEYBALL

This program is for men and women 18 years of age and older. Adult volleyball will be held in the Memorial School Gymnasium "B" from 7:30 to 9:30 p.m. The program will begin Jan. 5, 2016, and held on Tuesday evenings through May. Fee: \$50 for residents; \$75 for non-residents.



### GIRLS VOLLEYBALL

The girls volleyball program will begin Tuesday, Jan. 5, 2016. This eight-week program will be offered to girls in grades 5-8. The girls will play in the Memorial School Gym from 6:30 to 7:30 p.m. Registration will take place the first night of the program. Fee: \$80 for residents; \$100 for non-residents. Instructor: Volleyball coach Chris Moran.

### HALLOWEEN CARNIVAL



This year's Halloween Carnival will take place on Friday, Oct. 30, from 7 to 8:30 p.m. in the Fieldstone Middle School. All young children, witches and goblins,

Pre-K through 4th grade, are invited to attend this special event. Due to the popularity of this event, we must limit participation to residents only.

## FIELD USE

Applications and Hold Harmless forms must be completed and returned to the Borough Hall Building Department, c/o Jeff Fette, with liability insurance and payment. Forms are available on line and at the Borough Hall front counter. Permits will be given according to availability.

## CONGRESSMAN GARRETT'S OFFICE

Every second Thursday of the month, there will be a representative from the Hon. Scott Garrett's office at Borough Hall to address any concerns or questions you may have. Andrew Whitehouse will be there between 1 and 3 p.m. in Conference Room 1.

# FROM THE CONSTRUCTION OFFICIAL



I would like to take this opportunity to make our residents aware of a problem that has been occurring in town. There has been a recent rash of chimney and chimney liner related incidents where chimney contractors have pressured residents, some elderly, into work that may or may not have been needed. Some of these incidents involved a salesman inside the home speaking with the homeowner while another person is on the roof examining the chimney and, more often than not, stating there is immediate work that needs to be done on the chimney. If they don't act fast, they are putting their home in danger of a fire.

Certainly, such tactics would alarm any homeowner so I offer the following suggestions if you are confronted with such a situation:

1. Be wary of a chimney contractor if you have not made the initial call for him to come to your home.
2. Do not let anybody on your roof without your express permission.
3. Do not sign anything until you have received at least two cost estimates for the work you want done.
4. Make sure the contractor has a NJ Contractor Registration Number and can produce it at your request. My office can help you determine if the license is current or expired.
5. Take note of the name and license plate number of the contractor's vehicle they arrived in at your house.
6. Question the contractors as to who will pay for building permits. Except for some general repair work, permits will be required for chimney liners. If you are unsure, please call my office and we will guide you as to the requirements.
7. If you feel you are being coerced into signing a contract, it is best to do nothing until you have had the chance to research the contractor more thoroughly.

This is not intended to paint all chimney contractors with a broad brush as there are many reputable chimney specialists in business. You are encouraged to be diligent in checking their references and ask questions when you do not feel comfortable. If we all follow these simple suggestions, Montvale will be less of a "target" community for unscrupulous contractors in all trades.

WWW.

# MONTVALE CHAMBER

.com

### CO-PRESIDENTS

**SCOTT L. FORMAN**  
NJ Lenders Corp

**STEVEN FOX**  
Morgan Stanley

### 1<sup>ST</sup> VICE PRESIDENT

**TOM DAVEY**  
Davey's Locker

### VICE PRESIDENT

**TOM CHAPMAN**  
Tom A. Chapman DMD

### TREASURER

**DORIS SUTICH**  
Perfect Limo

### SECRETARY

**THOMAS HARTEL**  
John M. Hartel, Co.

### COUNSEL

**IRA KALTMAN, ESQ.**  
Beattie Padavano, LLC

**ADOLPH ROMEI, ESQ.**  
Beattie Padavano, LLC

### Board Members

**MICHAEL FORMAN**  
Harvard Risk Mgmt

**LINDA MITCHELL**  
Massage & Whole Body Health

**ANNA BRODLEY**  
Fish Window Cleaning

## Cyber Security for Your Businesses

# ARE YOU SAFE?

Protect yourself and your business.



## A CONVERSATION ABOUT CYBER SECURITY AND FRAUD

Includes networking and presentation brought to you by IMA and Montvale Chamber of Commerce.

**Date:** Tuesday, Oct. 6, 2015  
**Time:** 5:30 p.m. - 7 p.m.  
**Location:** IMA, 10 Paragon Drive  
 Montvale, NJ 07645

Institute of Management Accounts and The Montvale Chamber of Commerce



The Association of  
Accountants and  
Financial Professionals  
in Business



### FOR MORE INFORMATION:

**Phone:** 800.638.4427

**E-mail:** [ima@imanet.org](mailto:ima@imanet.org)

**Website:** [www.montvalechamber.com](http://www.montvalechamber.com)

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Membership Drive: Join the Chamber!

[www.MontvaleChamber.com](http://www.MontvaleChamber.com)

# MONTVALE IN SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Service Key</b> 🗑️ Local Mtg. 🗑️ Household Trash ♻️ Recyclable Pick-Up		<b>1</b> 🗑️ Central 🗑️ Planning Board Mtg. 7:30 p.m.	<b>2</b> 🗑️ West	<b>3</b> ♻️ District 3 & 4 Yard Waste Pick-up	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b> Labor Day - Administrative Offices Closed	<b>8</b> 🗑️ East 🗑️ Central 🗑️ Mayor & Council Mtg. 7:30 p.m. 🗑️ Board of Health 7:45 p.m.	<b>9</b> 🗑️ West	<b>10</b> ♻️ District 1 & 2 Yard Waste Pick-up	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b> 🗑️ East	<b>15</b> 🗑️ Central 🗑️ Planning Board Mtg. 7:30 p.m.	<b>16</b> 🗑️ West	<b>17</b> ♻️ District 3 & 4 Yard Waste Pick-up	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b> 🗑️ East 🗑️ Environmental Commission Mtg. 7:45 p.m.	<b>22</b> 🗑️ Central	<b>23</b> 🗑️ West	<b>24</b> ♻️ District 1 & 2 Yard Waste Pick-up	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b> 🗑️ East	<b>29</b> 🗑️ Central 🗑️ Mayor & Council Mtg. 7:30 p.m.	<b>30</b> 🗑️ West			

## MONTVALE OFFICIALS

### ADMINISTRATION

**ADMINISTRATOR/MUNICIPAL CLERK**

Maureen Iarossi-Alwan - [miarossi@montvaleboro.org](mailto:miarossi@montvaleboro.org)

### MAYOR AND COUNCIL

**MAYOR**

Roger J. Fyfe (R) - [mayorfyfe@montvaleboro.org](mailto:mayorfyfe@montvaleboro.org)

**COUNCIL PRESIDENT**

Rose Curry (R) - [rcurry@montvaleboro.org](mailto:rcurry@montvaleboro.org)

**COUNCIL**

Mike Ghassali (R) - [mghassali@montvaleboro.org](mailto:mghassali@montvaleboro.org)

Dieter Koelling (R) - [dkoelling@montvaleboro.org](mailto:dkoelling@montvaleboro.org)

Leah J. LaMonica (R) - [llamonica@montvaleboro.org](mailto:llamonica@montvaleboro.org)

Timothy E. Lane (R) - [tlane@montvaleboro.org](mailto:tlane@montvaleboro.org)

Salvatore J. Talarico (R) - [stalarico@montvaleboro.org](mailto:stalarico@montvaleboro.org)

### CONTACT INFORMATION

**MONTVALE BOROUGH HALL**

12 Mercedes Drive, Montvale, NJ 07645

Phone: 201-391-5700 Visit [www.montvale.org](http://www.montvale.org)

TV: Cablevision-CH 77 Verizon FIOS-CH 35

## EXCITING NEWS FROM THE TAX DEPARTMENT

Starting in August all residents will be able to take advantage of a new drop box that is located outside of the main entrance of the library at 12 Mercedes Drive.

This drop box is to be used for tax payments only. Checks only. **NO CASH.**

Any payments placed in the drop box will not be processed until the next business day.



PHOTO COURTESY OF BOROUGH OF MONTVALE