



The Borough of Montvale

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A look at the Community, including upcoming events, important notices, meetings, and more.

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The Mayor's Corner

With the 2020 hurricane season in progress, and the recent hurricane hitting our region very hard, we as residents need to prepare for emergencies and set our expectations to deal with power outages, tree damage and flooding. When a region-wide outage occurs and roads are blocked with fallen trees and debris, it's only realistic that the power restoration crew will not be able to restore power until they can physically get to the site. Although we had almost 800 homes without power during Isaias Hurricane, the linemen weren't able to reach the problem areas for almost three days. We learned several lessons and some of the effective solutions will be costly but necessary.

Our COVID-19 situation has been stable with 91 residents tested

positive, 1,020 tested negative. 80 cases recovered and there have been 6 deaths, as of this writing.

Our M&C meetings are being conducted in-person and on Zoom video. The Planning Board meetings continue to be on Zoom video only. I encourage you to take part in the process and attend these meetings and ask your questions. Our financial status is strong as the construction of the developments continues and new tenants are signing their contracts.

Please continue to be vigilant and follow the guidance as provided to us.



Mayor Mike Ghassali

Trash & Recycling Information

The Borough of Montvale has contracted with Westphal Waste Services, Inc. for Curbside Collection effective September 1, 2020 thru December 31, 2024. The Curbside Collection Schedule will remain the same for each district with the exception of YARD WASTE which will be Borough-wide EVERY FRIDAY APRIL THRU MID-DECEMBER. For further information, please visit the Public Works page of our website. Click the Curbside Collection Calendar to view the Recycling Coach schedule. For your convenience you can download the Recycle Coach app. Any questions, please call Borough Hall.

Montvale Police Department

The annual 9/11 ceremony will take place at 7:30PM in front of the Montvale Firehouse. I hope you can join us for this solemn occasion. A nice service that the US Postal Service offers is called "Informed Delivery." With this free service, the Postal Service will send an email to you each morning, showing photos of the mail being delivered to your home or business, along with a list of any packages coming your way from the Post Office. Simply sign up at USPS.com under the "Quick Tools" tab.



Chief Joseph Sanfilippo

Montvale Officials

Mayor

Mike Ghassali (R)
MGhassali@MontvaleBoro.org

Council President

Douglas Arendacs (R)
DArendacs@MontvaleBoro.org

Administrator / Municipal Clerk

Maureen Iarossi-Alwan
Miarossi@MontvaleBoro.org

Council

Chris Roche (R)
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Rose Curry (R)
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Dieter Koelling (R)
DKoelling@MontvaleBoro.org

Timothy E. Lane (R)
TLane@MontvaleBoro.org

Annamarie Russo-Vogelsang (R)
ARussovogelsang@MontvaleBoro.org

Meetings This Month

Please visit the calendar on Montvale.org for meeting schedules and call-in information

Montvale Fire Department

During the recent storm, the Montvale Fire Department responded to numerous carbon monoxide calls caused by the improper use of portable generators. The Consumer Product Safety Commission reports that more than 80 deaths occur each year as a result of carbon monoxide poisoning from portable generators. Make sure that you have working carbon monoxide detectors and never run a generator in a garage or basement. Keep portable generators at least 20 feet away from a building with the exhaust pointed away from any doors or windows.

Chief Geoffrey Gibbons

Top 5 Safety Tips When Using Portable Generators



1. Always read, follow and maintain generator according to manufacturer's operating instructions.
2. Allow hot engine to cool at least 2 minutes before removing gas cap and refueling to avoid fires.
3. Allow at least 5 feet of clearance around running generator to avoid injury or property damage.
4. Only use generators outdoors, away from open windows and doors to avoid deadly fumes.
5. Always use a battery-powered carbon monoxide detector in your home.

Source: Briggs & Stratton

Trash & Recycling This Month

Mon	Tue	Wed	Thu	Fri	Sat
31 East Zone Trash Pickup	1 Central Zone Trash Pickup	2 West Zone Trash Pickup	3 Recycling: Districts 1&2 Yard Waste Collection	4 Town-wide Veg Picup	5
7	8 Central Zone Trash Pickup East Zone Trash Pickup	9 West Zone Trash Pickup	10 Recycling: Districts 3&4 Yard Waste Collection	11 Town-wide Veg Picup	12 Hazardous Waste Collection Day
14 East Zone Trash Pickup	15 Central Zone Trash Pickup	16 West Zone Trash Pickup	17 Recycling: Districts 1&2 Yard Waste Collection	18 Town-wide Leaf Collection Town-wide Veg Picup	19
21 East Zone Trash Pickup	22 Central Zone Trash Pickup	23 West Zone Trash Pickup	24 Recycling: Districts 3&4 Yard Waste Collection	25 Town-wide Leaf Collection Town-wide Veg Picup	26
28 East Zone Trash Pickup	29 Central Zone Trash Pickup	30 West Zone Trash Pickup	1 Recycling: Districts 1&2 Yard Waste Collection	2 Town-wide Leaf Collection Town-wide Veg Picup	3

Announcement regarding the Annual Seasonal Flu Vaccination

The Board of Health in the past begins preparation for the clinic and the ordering of seasonal flu vaccines at this time of year. However, force to make a decision now regarding how the COVID-19 virus will be effecting our community and our state the Board has decided with input from Northwest Bergen Regional Health Officer to decide on the side of abundance precaution and to cancel Montvale Annual Flu Vaccination Clinic for this year.

The Board of Health wants to remind its residents the importance of the seasonal flu vaccination and remaining current with their immunizations. Those interested in obtaining the seasonal flu vaccine should visit their primary care physician or their local pharmacy.

For additional information visit the Center for Disease Control website; www.cdc.gov/flu/index.htm or contact your physician.

Tri-Boro Food Pantry

We are still seeing more than triple our regular numbers at the Tri Boro Food Pantry! This month we would be grateful for donations of jarred tomato sauce, pasta and peanut butter. The Tri Boro Food Pantry is located in the back of the Pascack Reformed Church, 65 Pascack Road, Park Ridge. A drop off bin is also located outside the doors of the library under the stairwell at Montvale Borough Hall, 12 Mercedes Drive. Thank you for your support!

Montvale Senior Club

Our senior club will resume upon our Governors decisions.

We pray that all our members are coping and respecting the regulations that have been set before us to help eliminate the Corona virus.

We look forward to being together soon.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

Montvale 2020 Clean-up Event

Borough of Montvale
Saturday, September 19, 2020
at 9:00 AM to noon

Meet at Red Shed (across from Firehouse) on Memorial Drive

Please come with mask on and maintain proper distance

Additional Information call 201-391-5700 ext 257 or email

Robert Hanrahan at rhanrahan@montvaleboro.org



ALL residents of all ages are invited to



Gloves & trash bags are provided by BC Clean Communities

Borough of Montvale Thanks the following organizations for their continued participation: Montvale Environmental Commission, Montvale Boy Scout Troop 334, Montvale Cub Scout Pack 336, Montvale Girl Scouts, Montvale Senior Club, and ALL THE RESIDENTS & groups that donate their time.

Community service hours will be granted, forms are available

(Hold Harmless forms must be signed and submitted by all participants and parents of minors)

Montvale Public Library

Please check our website and our Facebook page for updates during this time. Links to our Facebook, Good Reads, Instagram, Twitter and Spotify accounts as well as all of our databases such as Hoopla and Mangolanguages are available on our website: www.monvalelibrarynj.org.

Adult Programs

September 24, 2020

4:00 pm

Virtual Talk: Medicare Basics for Open Enrollment

Learn the Basics of Medicare and Open Enrollment. Topics covered will include Enrollment Timelines and Deadlines, Medicare Supplement, Med Advantage and Prescription Drug plans. Registration started August 21.

September 29, 2020

7:00 pm

Virtual Talk: Fall into Better Baking & Cooking Tips

Join your local ShopRite dietitian Jaclyn Padovano, RD, CDN for Fall-inspired recipes and tips for cooking and baking this season. Learn how your favorite Fall flavors can nourish and inspire your daily routine. Registration started August 28.

Tune in to a Virtual Book Group

Our virtual book groups are open to all. We will meet through Google Hangouts - participants who have Gmail accounts may connect through their computers or personal devices and all others may connect via telephone. Watch your email, our website, and our social media outlets for specific information on how to connect to each meeting. Questions can be answered by emailing Lorissa.lightman@montvale.bccls.org.

What's Cooking with Therese?

Cookbook Group will return in the fall as a virtual program. The first book will be '5 Ingredients' by Jamie Oliver. The date is Monday, September 21 at 6:30 pm and will be open to new members as the meeting will be supported by Zoom. Please visit <https://www.montvalelibrarynj.org/adultbooksclubs> for more information and email Therese.Jones@montvale.bccls.org with any questions or to register for this program.

Book Bundles

Do your kids need books and you're just not sure what to pick? Let us do the picking for you! Just give us some information to go on like: Reading level, age/ grade, topics they are into - ex. dinosaurs, princesses, the 'who was' series, trucks, bedtime stories, fairy tales etc., specific characters they like, fiction or non-fiction, picture books, chapter books, science fiction, mystery, realistic fic-tion. Send emails to childrensdepartment@montvale.bccls.org subject heading- Book Bundle. Include your name, phone number, library card #, how many books and information about what you'd like us to pick for you and leave the rest to us!

Crafts for Pick Up

Check out our Facebook and Instagram page to keep up with our weekly Crafts for Pick Up! Every week on Thursday we will post the weekend craft that can be picked on Fridays between 11am-4pm. Availability limited - please email childrensdepartment@montvale.bccls.org after new craft is posted to reserve one. about what you'd like us to pick for you and leave the rest to us!

eBooks and Other Online Materials

The Montvale Library now subscribes to Kanopy, a movie streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla: We may be closed, but you can still take out items! Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14-digit number above the barcode)! Have you read, watched, or listened to anything you loved on Hoopla? Email lorissa.lightman@montvale.bccls.org with your picks which will be shared in the next newsletter!

Libby: Borrow eBooks and audiobooks! Download the free app from your device's App store and register with your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org.

Please check our website and social media pages for updates as we are constantly providing new virtual services.

WWW.

MONTVALE CHAMBER

.com

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Chamber of Commerce Board Meetings:

1st Wednesday of the Month located at Montvale Borough Hall 4:00 pm



**Coming
Wednesday
Sept 30th**

Montvale Chamber's New Web-Site

Promotions Page for all members

Link to your web-site and location

Featured member section

Mobile & Tablet accessibility

and much more



**Join the Chamber: MontvaleChamber.com/join
www.facebook.com/Montvale-Chamber-of-Commerce**

Stay on top of chamber news and events: facebook.com/Montvale-Chamber-of-Commerce

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The Montvale Chamber of Commerce

Invites You to Join Our

Gift Card Match

The Montvale Chamber of Commerce would like to support our local businesses during these uncertain times by matching any gift card or certificate purchase you make to a small or mid-sized business in Montvale.

How it works

If you purchase a gift card or certificate from a business in Montvale or from a business belonging to a current Montvale Chamber member, we will also purchase a gift card or certificate of equal value and donate it to our first responders- Montvale PD, Montvale Fire and Tri-Boro Ambulance.

Submit a photo of your receipt and gift card to CManousos@formanteam.com

Rules

Gift cards or certificates must be from small or mid-sized businesses that are in Montvale or are businesses of current members of the Montvale Chamber.

Limit of \$500 per business. We will match up to \$5,000.

Effective June 8th to July 31st, 2020
(or until matched funds are met)



RAISE THE ECONOMIC CURVE
BUY NJ
SUPPORT MONTVALE BUSINESS

Montvale Recreation Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking adult or high school volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Christmas Tree Lighting, the Spring Fling and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

Shakespeare in the Park

Black Box PAC is bringing their talent to Montvale, performing two modernized Shakespeare plays! The Tempest will be performed on Thursday, September 17 at 7:00 pm and Measure for Measure will be performed on Thursday, September 24 at 7:00 pm. Seating for both shows will begin at 6:30 pm. Both shows will be performed in the park area of Memorial Drive. Admission is free; however, reservations will be required and are limited. Please register online to make your reservation: www.montvale.org/recreation. Please be sure to register for each show separately if you would like to attend both. Please bring a lawn chair or blanket for seating. Masks will be required and social distancing regulations must be observed at all times. This event is brought to you by the Montvale Special Events Committee.

Zoom Youth Theater

Thursdays
September – November (No class on 11/5 or 11/26)
4:00pm – 5:00pm
Performance at 7pm on Friday, November 20th

Students entering grades 5-8 will work on the art of performing in a teleconference. Using the Zoom platform, we will work on performing with minimal props and set pieces. Since performers will usually be in fixed, seated positions, young actors will focus on building believable characters and using vibrant voices, dynamic facial expressions and purposeful gestures. Parts will be assigned and students will work on a Zoom-friendly play. The class will culminate in a performance for families and friends.

Adult Co-Ed Soccer

Fieldstone Middle School- Field #1 & 2
47 Spring Valley Road
Sundays 5:00 pm - 7:00 pm
August 23 – October 25
Resident Fee: \$15 Non-Resident: \$20

This 10-week program is a great way to get back into the game of soccer! There will be co-ed pick-up style games played every Sunday evening. Participants must be 18 years or older. Registration is open and ongoing for this program, but it is only online (Montvale.org/recreation) or at Borough Hall (during operating hours). You will not be able to register at any of the classes for this program. Please call 201-391-5700 ext. 251 with any questions.

30+ Basketball

Memorial Drive Outdoor Basketball Courts
Mondays 8:00 -10:00 pm
September 14th – May 24th
Resident Fee: \$75 Non-Resident (if space permits): \$95
OPEN Registration: Attend a class to register at any point Sept - May

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball. One of the Memorial Drive basketball courts will be reserved for the recreational program each Monday from 8-10pm.

Tuesday Outdoor Yoga

Memorial Park Area (Specific Area of Memorial Drive TBA)
Tuesdays 7:00-8:00 pm
September 8 – October 27
Resident Fee: \$80 (Only \$10/class!) Non-Resident: \$100

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Friday Outdoor Yoga

Memorial Park Area (Specific Area of Memorial Drive TBA)
Fridays 9:30-10:30 am
September 11 – October 30
Resident Fee: \$80 Non-Resident: \$100

Begin the weekend with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Outdoor Taekwon-Do

Memorial Park Area (Specific Area of Memorial Drive TBA)
Wednesdays and Thursdays: 6:00-7:00 pm
September 9 – October 29
Fee: for this 16-session class is \$120 for residents; \$180 for non-residents (space permitting)
Registration: ONLINE: www.montvale.org/recreation
Instructor: Mario Liriano; 5th Degree Black belt.

TaeKwon-Do, the Korean Art of Self-Defense, is the scientific use of the body through physical and mental training for self-defense in unarmed combat. Program will be offered one day per week for all age groups (children to Adults). Classes may be divided up according to the students that register (K-4 grade/5-8 grade). All NJ Covid-19 regulations will be enforced during class.

Outdoor Tai Chi

Memorial Park Area (Specific Area of Memorial Drive TBA)
Fridays 12:15-1:00 pm
September 10 – October 29
Resident Fee: \$80
Non-Resident Fee: \$100 (space permitting)
Residents Who Belong to the Montvale Seniors Club: \$40

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi re-quires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia,

Pickleball

The pickleball courts located on Memorial Drive are open for play. Players must bring their own equipment and adhere to the below restricted play rules.

- Feeling Sick? DO NOT PLAY
 - Been in contact with someone who has COVID-19 symptoms? DO NOT PLAY.
 - Doubles Play is prohibited. Singles Play Only.
 - Playing time is still limited to 1 hour when others are waiting.
 - Keep six feet apart from other players. No physical contact.
 - Use every other court where practical.
 - Avoid using your hands to pick-up balls. Use your racquet/foot to pick-up balls and hit them to opponent.
 - Avoid touching your face after handling a ball, racquet or other equipment.
 - Bring different numbered/marked balls for each player to allow serving. Otherwise use rally scoring (no serving) if this is not possible.
 - Avoid handshakes and high fives.
 - Avoid gatherings. Arrive max of 10 minutes before play and vacate the court when game is complete.
 - Adhere to all CDC Covid-19 Guidelines and New Jersey Department of Health Guidelines.
- Please note: Water fountains will not be available. Please come prepared with your own water.

Tennis

The Memorial Drive and LaTrenta Field Complex tennis courts are open as of May 22, 2020. Players must adhere to the restricted play rules (found at the bottom of this page and displayed at the courts) until further notice. Once you pay for a badge online, please email MontvaleRecreation@montvaleboro.org to coordinate your badge retrieval.

Badge Registration

Resident Fees:

- Adult - \$30
- Child (17 and younger)- \$10
- Family Max - \$50
- Seniors 62 & up - Free

Non-Resident Fees:

- Adults- \$60
- Child (17 and younger)- \$20
- Family- \$100
- Non-Res Senior- \$10

Court Accessibility

A magnetic lock access system is used on the gates at both tennis court sites in town. This system has reduced the number of non-registered people using our courts.

Using The Access Badge

When entering: simply put your card in close proximity to the reader.

When leaving: Push the button on the door panel to open the gate.

Each family will be issued only one access card. These cards are not transferable and will be good for only one season. If you lose your card, a replacement card can be obtained by emailing MontvaleRecreation@montvaleboro.org an additional \$10 fee.

Tennis - Continued

Guests

During this time of restricted play, due to Covid-19, guest passes are not available.

CourtLights

Unless interrupted temporarily due to power outage, the following schedule will remain in effect for the season:

Memorial Courts:

April 1 – April 30 Dusk to 9pm

May 1 – Aug. 31 Dusk to 10pm

Sept. 1 – Oct. 31 Dusk to 9pm

Chestnut Ridge Courts:

April 1- April 30 Dusk to 9pm

May 1 – Aug. 31 Dusk to 10pm

Sept. 1 – Oct. 31 Dusk to 9pm

Rules and Regulations

Each player should review the list of rules and regulations outlined in this pamphlet.

1. Access cards are non-transferable. A charge of \$10 will be made to replace a lost access card.
2. Only players are permitted inside the courts.
3. Playing time is limited to one hour when other players are waiting.
4. Children 12 years and will be limited to ½ hour playing time after 6:00pm on weekdays, weekends and holidays if players are waiting.
5. Players must wear tennis shoes.
6. Playing with more than 3 balls on a court is prohibited.
7. No professional lessons permitted without the authorization of the Recreation Department.
8. Courts will be monitored by Recreation Department personnel and members of the Montvale Police Department.

Restricted Play Rules During Covid-19 Pandemic:

1. Feeling Sick? DO NOT PLAY
2. Been in contact with someone who has COVID-19 symptoms? DO NOT PLAY.
3. Doubles Play is prohibited. Singles Play Only.
4. Playing time is still limited to 1 hour when others are waiting.
5. Keep six feet apart from other players. No physical contact.
6. Use every other court where practical.
7. Avoid using your hands to pick-up balls. Use your racquet/foot to pick-up balls and hit them to the opponent.
8. Avoid touching your face after handling a ball, racquet or other equipment.
9. Bring different numbered/marked balls for each player to allow serving. Otherwise use rally scoring (no serving) if this is not possible.
10. Avoid handshakes and high fives.
11. Avoid gatherings. Arrive max of 10 minutes before play and vacate the court when the game is complete.

Please note: Water fountains will not be available. Please come prepared with your own water.

ORDINANCE NO. 76-696

1. Members who violate these rules are subject to the suspension of membership.
2. It is unlawful for any person to use the Borough Tennis Courts without first registering with the Recreation Department. The Municipal Court has jurisdiction to impose fines for violations of this ordinance.

Golf Lessons

Memorial Fields near the Tennis Courts
1 Memorial Drive
Mondays
September 14 – October 19
Resident: \$105 Non-Resident: \$125

Come tee it up with TGA Premier Golf- we bring the golf course to you! Beginner and intermediate players will have a blast building their golf skills, learning about the rules and etiquette of the game, and exploring how academic concepts like gravity, spin, and force apply to golf through fun games and activities. We provide all the equipment! For more information contact: Kevin Rooney krooney@playtga.com or (201) 375-7406.

Golf Schedule

SESSION	START DATE	START TIME	CLASSES
Ages 12-14	9/14/2020	4:45 PM	6 Classes
Ages 5-7	9/14/2020	5:45 PM	6 Classes
Ages 8-11	9/14/2020	6:45 PM	6 Classes