



The Borough of Montvale

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A look at the Community, including upcoming events, important notices, meetings, and more.



Clean-up Day 2022

The annual Montvale Clean-up Day will take place on Saturday April 23, 2022.

See Pages 3-4 for additional information

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It's finally Spring, and spring time cleanup of our backyards and garages are going to make our waste collection company and recycling center very busy. With a relatively light winter snow season this past year, and because of the number of streets we paved in the last 10 years, our streets held up nicely compared to previous years. Kinderkamack Road will be milled and paved this year as soon as PSEG is done with their work.

The Magnolia Bridge replacement is in progress and the traffic light on Woodland and Grand is functional. There was confusion on whether or not the traffic light will be permanent; as of now the county will keep it temporary and if the town wants it to be permanent, then we would have to ask for it.

I am happy to inform you that our town was designated "Tree City USA" status. Many thanks to Robert Hanrahan and the Montvale Environmental Commission for working hard to get us this designation.

The Mayor's Corner

For well over a year the Montvale Environmental Commission has been investing efforts to see our community recognized as a "Tree City USA".



The Tree City USA program provides communities with a four-step framework to maintain and grow tree coverage. Cleaner air, higher property values, healthier residents, are just some of the benefits trees bring to us. By investing in the environment and earning the Tree City USA recognition, Montvale residents will enjoy them firsthand. This prestigious recognition also provides an avenue to show residents, visitors, and the entire country our commitment to the mission of maintaining and improving the environment.

Please come out and join our celebration of this accomplishment on Saturday, April 23 at 9:00AM at the Red Shed on Memorial Dr. for our scheduled Montvale Clean-Up Day, where we will also be recognizing our proclaimed Montvale Arbor Day (April 29th), and National Earth Day (April 22). We will also be giving out free trees for you to take home and plant.

Enjoy the warm weather, and as always, please don't hesitate to contact me if I can be of any assistance.

Mayor Mike Ghassali

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 DePiero Drive

Montvale Police Department

With April comes Spring, and Distracted Driver Awareness Month. Distracted driving is a dangerous epidemic on America's roadways. In 2018 alone, 2,841 people were killed in distracted driving crashes. Driver inattention has remained the most frequently cited cause of fatal and incapacitating crashes in NJ, over seven times higher than the total crashes cited for unsafe speed over the past five years (2015-2019). Unsafe speed was the contributing circumstance in 5.4 percent of all crashes in 2019, a decrease from 6 percent in 2018. Driver inattention was a contributing circumstance in nearly 49 percent of crashes in 2019, down from 50 percent in 2018.



Distracted driving is any activity that diverts a person's attention away from the primary task of driving. All distractions endanger driver, passenger, and bystander safety. These distractions include:

- Texting
- Using a cell phone or smartphone
- Eating and drinking
- Talking to passengers
- Grooming
- Reading, including maps
- Using a navigation system
- Watching a video
- Adjusting a radio, CD player, or MP3 player

The other issue we are continuing to deal with throughout the State, and particularly within Bergen County, is an alarming rise in vehicle thefts. Thefts of vehicles for the first quarter of 2022 are up nearly 300%. That is not a typographical error-300%. Many of these thefts result from owners leaving their key fob in their vehicle, or leaving the vehicle running in the driveway or in front of a store while they run inside.

PLEASE LOCK YOUR VEHICLE AND TAKE FOBS/KEYS AND VALUABLES OUT.

Tri Boro Family Care Fund

The Tri Boro Family Care fund was established in May 1994 by Ann Kilmartin to help residents of the three towns of Park Ridge, Montvale and Woodcliff Lake. The fund is used for every day help with rent, oil, utilities, medical bills and more. Over the last 27 years, thousands of dollars have been donated and distributed to members of our communities.

Your help is especially needed now in the current environment. If you can donate, please send your donation to: Tri Boro Family Care
46 Hillcrest Ave
Montvale, NJ. 07645

Your contribution is tax deductible and a card will be sent with your donation listed for tax purposes.

Montvale Officials

Mayor

Mike Ghassali (R)
MGhassali@MontvaleBoro.org

Council President

Timothy E. Lane (R)
TLane@MontvaleBoro.org

Administrator / Municipal Clerk

Maureen Iarossi-Alwan
Miarossi@MontvaleBoro.org

Council

Chris Roche (R)
C Roche@MontvaleBoro.org

Dieter Koelling (R)
DKoelling@MontvaleBoro.org

Douglas Arendacs (R)
DArendacs@MontvaleBoro.org

Annmarie Russo-Vogelsang (R)
ARussovogelsang@MontvaleBoro.org

Theresa Cudequest (R)
TCudequest@MontvaleBoro.org

Curbside Collection

| Mon | Tue | Wed | Thu | Fri |
|------------------------|---------------------------|------------------------|--------------------------|-------------------|
| 28 | 29 | 30 | 31 | 1 |
| East Zone Trash Pickup | Central Zone Trash Pickup | West Zone Trash Pickup | Recycling: Districts 1&2 | Yard Waste Pickup |
| 4 | 5 | 6 | 7 | 8 |
| East Zone Trash Pickup | Central Zone Trash Pickup | West Zone Trash Pickup | Recycling: Districts 3&4 | Yard Waste Pickup |
| 11 | 12 | 13 | 14 | 15 |
| East Zone Trash Pickup | Central Zone Trash Pickup | West Zone Trash Pickup | Recycling: Districts 1&2 | Yard Waste Pickup |
| 18 | 19 | 20 | 21 | 22 |
| East Zone Trash Pickup | Central Zone Trash Pickup | West Zone Trash Pickup | Recycling: Districts 3&4 | Yard Waste Pickup |
| 25 | 26 | 27 | 28 | 29 |
| East Zone Trash Pickup | Central Zone Trash Pickup | West Zone Trash Pickup | Recycling: Districts 1&2 | Yard Waste Pickup |

Clean-up Day

Event: The Annual Montvale Clean-Up Day

When: the morning of Saturday, April 23rd (9:00 a.m. to 12:00 p.m.)

Location: Meeting at the red shed (across from the Firehouse) on Memorial Drive

Clean Up, Celebrate, and Get a FREE Tree! Please join the Montvale Environmental Commission at the Annual Montvale Clean-Up Day on the morning of **Saturday April 23rd**. Once again this year the Environmental Commission will be giving away shirts to the early arrivers and as a special treat for our environment, free trees will be given to residents to take home and plant! That's right, the first 100 residents to sign-in and register for Clean-Up Day will receive at least one small "deer resistant" shade or evergreen tree in recognition of Montvale's Arbor Day (April 29th) and Nationwide Earth Day (April 22nd)!

Montvale's Arbor Day will be celebrated this year by encouraging all residents to plant at least one tree in town. If a resident does not have an appropriate property location to plant a tree, they can designate the tree to be planted on Borough property, where the Environmental Commission is organizing the planting of additional trees. Here are just a few reasons to support Arbor Day and plant a tree:

- Trees reduce erosion which helps to prevent water drainage problems
- Trees lower our heating and cooling costs by providing shade in summer months and by blocking cold winds thereby reducing the strain on heating units during the winter months
- Trees clean our air and produce oxygen
- Trees are used to produce countless wood products

Of special note, please join the Borough in also celebrating the honor of being named as a Tree City USA!

Please come out and join in on Saturday, April 23rd at 9:00 a.m. All participants will receive gloves and garbage bags and be directed to a location in town to help cleanup. The event runs until 12:00 PM when all of the garbage is returned to the DPW building across the street from the Red Shed.

For details see montvale.org, call the Borough of Montvale at 201-391-5700 or scan QR code.



Robert Hanrahan, Montvale Environmental Commission Chair



Montvale 2022 Clean-up Event

Borough of Montvale NJ

Saturday, April 23, 2022

at 9:00 AM to noon

In Honor of Arbor Day and Earth Day

Participants get a small FREE TREE!

Meet at Red Shed (across from Firehouse) on Memorial Drive

Additional Information call 201-391-5700 ext 257 or email

Bob Hanrahan at ghanrahan@montvaleboro.org



ALL residents of all ages are invited to



Gloves & trash bags are provided by BC Clean Communities

Borough of Montvale Thanks the following organizations for their continued participation: Montvale Environmental Commission, Montvale Boy Scout Troop 334, Montvale Cub Scout Pack 336, Montvale Girl Scouts, Montvale Senior Club, and ALL THE RESIDENTS & groups that donate their time.



WATCH "HOW TO PLANT YOUR TREE" VIDEO HERE:

(Hold Harmless forms must be signed and submitted by all participants and parents of minors)

Please Pick Up After Your Pet

It doesn't take much to remember that we have pets in our community. In fact, if you don't watch your step, you're liable to step in one such reminder! Besides being unsightly and smelly, animal waste can be hazardous to the health of our children who play in the community and other pets. One of the most common forms of disease transmission between dogs is through fecal matter. When walking your dog in our community, remember that it should be leashed. Also, it is important to remember to immediately clean up after your pet. Take along a baggie with you to pick up waste with and then dispose of it properly. By taking a few simple steps to clean up after your pet, you can contribute not only to the beautification of our community, but also towards the elimination of one of the most irritating nuisances in our community. Thank you for your cooperation!

Property Maintenance/Code Enforcement

As we hopefully move into warmer weather and put this winter behind us, now comes the time for all the cleanup work. From the property maintenance perspective, all property owners will need to look at their property for damage. Heavy ice and snow can pull gutters away from the house as well as break branches off from trees. The freeze/thaw cycle which damages municipal roads does the same to driveways, although to a lesser degree. Ice dams that occur along roof edges can cause damage to interior drywall and finishes. Pool gates and fences can be damaged by falling branches and result in loss of protection for the pool enclosure. Concrete sidewalks can heave from frost creating a tripping hazard. Most of these items are considered general repair and maintenance and do not require building permits but do need to be addressed under our property maintenance code. Please check with the building department office if you are unsure as to the permit requirements. Finally, thanks to all who tried their best to maintain passable sidewalks. I know it was difficult given the volume of snow and ice. But your cooperation and efforts were very much appreciated. Hopefully, we can look forward now to a beautiful spring and put this winter behind us.

Montvale Public Library

Montvale Library Virtual Programs – March 2022

Please check our website www.montvalelibrarynj.org for more updates. Don't forget to follow us on Facebook, and Instagram.

Friends of the Library

The Friends of the Montvale Library will meet on Thursday, April 7th at 7:30. Please go to the Friends website www.montvalelibrarynj.org/friends for more info. New members are always welcome.

The Friends would like to thank everyone for their continued support of the library and our ongoing books sale. We are now accepting one bag or box worth of donated books per patron. The Friends will be displaying a small collection of antique books that are for sale during the month of April in the display case in honor of National Cherish an Antique Day. If you are interested in purchasing any of these books, please contact Bombace@montvale.bccls.org. Books will also be featured on the Friends of the Library page on our library website.

Adult Programs

April 4, 11, 18, 25 2022

7:00 - 7:30 p.m.

Learn to Play Guitar with Giulia

Learn how to play guitar! Join Giulia in this four-week adult class. You must provide your own electric or acoustic guitar. This program is virtual.

April 5, 2022

1:00 - 3:00 p.m.

Children's Activity Room

Tuesday Matinee Movie: In the Heights

A New York City bodega owner saves his pennies as he envisions a better life. Based on the hit Broadway musical. This program will take place in the Children's Activity Room. Rated PG-13. No registration required.

Montvale Public Library

Adult Programs

April 7, 2022

7:00 - 8:00 p.m.

Montvale Council Chambers

Live Concert: Reimagining the American Songbook with Jazz Guitarist Abe Ovadia

Join us for this live concert with jazz guitarist Abe Ovadia, and enjoy his modern twist on jazz classics. This program will take place in the Montvale Council Chambers.

April 12, 2022

1:00 - 3:00 p.m.

Children's Activity Room

Tuesday Movie Matinee: Respect

The remarkable true story of music icon Aretha Franklin's musical career, from singing in her father's church choir to international superstardom. This program will take place in the Children's Activity Room. Rated PG-13. No registration required.

April 14, 2022

7:00 - 8:00 p.m.

Virtual Program

A Talk with Author John Lescroart

Join New York Times bestselling author John Lescroart for a discussion of his career, his works and his newest novel, The Missing Piece. This is a virtual program.

April 19, 2022

1:00 - 3:00 p.m.

Children's Activity Room

Tuesday Movie Matinee: The Courier

A British businessman turned spy joins forces with a Russian spy to attempt to defuse the Cuban Missile Crisis. This program will take place in the Children's Activity Room. Rated PG-13. No registration required.

April 21, 28, May 5, 12

1:00 - 1:40 p.m.

Virtual Program

Strength Training for Seniors

Join us for Strength Training for Seniors, a virtual program that increases flexibility, strength & endurance using easy-to-follow movements. Register for as many sessions as you want. Taught by Leena Kalle, certified senior strength training instructor. This is a virtual program.

April 21, 2022

7:00 - 8:00 p.m.

Hybrid Program

Planning & Planting a Herb Garden

Learn how to design an herb garden with master gardener Caren White. Topics covered include proper fertilization, using the correct soil, and choosing the best herbs. This hybrid event will take place in the Montvale Council Chambers and will also be streamed online.

April 26, 2022

1:00 - 3:00 p.m.

Children's Activity Room

Tuesday Movie Matinee: Roadrunner

A documentary about the career of Anthony Bourdain, chef, writer and TV host. This program will take place in the Children's Activity Room. Rated R. No registration required.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 DePiero Drive

Montvale Public Library

Literacy Volunteers of Pascack Valley

To sign up or learn more, please email literacyvolunteerspv@gmail.com or call Lorissa Lightman at the Montvale Library at 201-391-5090.

Upcoming Virtual Book Groups

April 4, 2022

10:30 a.m.

Monday Morning Virtual Book Group: *LIBERTIE* by Kaitlyn Greenidge

April 11, 2022

12:00 p.m.

Monday Afternoon Book Group: *THE PERSONAL LIBRARIAN* by Marie Benedict.

Group meets in person with a Zoom option.

The Montvale Cookbook Supper Club will be reading "Magnolia Table Volume 1 or 2 by Joanna Gaines on Monday, April 25 at 6:30pm. This will be a book discussion of the number one cookbooks of 2018 and 2020. The Montvale Cookbook Supper Club will meet on Monday, March 21 at 6:30pm to discuss *Taste: My life though food* by Stanley Tucci. Actor, cookbook writer and gourmand, Tucci celebrates his Italian heritage and love of food. This will be a hybrid program in person and Zoom. Please email Therese.Jones@montvale.bccls.org if you have questions or if you would like to attend virtually.

Children's Department

Babies in the 'Brary! (April-June)

Bring your baby to the library on the first Friday of the month! On April 1, May 6th, and June 3rd at 10:30 am for a lap-sit program! Created for our youngest patrons (ages 0-12 months) and their grownups, this fun, engaging program will focus on activities that enhance early literacy skills (precursors to reading!) Together we will sing songs, learn fingerplays, read books, and more! Space is limited and we ask only one grown-up to attend per child. Registration is required for each class and will open 1 week prior to the scheduled class.

Read to Ms. Mary

Ms. Mary loves to read her bedtime stories, but she is a great listener too! Emerging readers K-2nd can come and read to Ms. Mary on Wed. April 6th from 4-5:00. Each session is 10 minutes and registration is required.

Bring in Spring: Stories and More

Join us as we celebrate the beginning of spring with stories, fingerplays, and rhymes! This one-time program is geared for children under 5 and a grown-up. For your convenience we are offering this event at two times: Tuesday, April 12 @ 10:30 am or Thursday, April 14th at 1:30 pm.

Space is limited and we ask that you choose one day and time with no more than one adult accompanying a child.

First Chapter Fun!

Love reading but not sure what book to choose? Want to find a new author or genre to sink your teeth into? Join us for First Chapter Fun and let us do the work for you! On April 20th at 4:00 pm we will reveal a new book and give you a sneak peek by reading the first chapter aloud! All you have to do is sit back and listen!

I Heart Words Program

April 28th is National Poem in Your Pocket Day! Come join Ms. Mary in person on April 28th at 7 pm and explore fun with words and poems through activities and games to explore the poet hiding inside of you!

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 DePiero Drive

Montvale Public Library

Honor System Paperbacks

Did you know that we still have honor system paperback books? They are located in the left rear of the library. We offer a variety of romance, mystery, and fiction titles. No library card needed- no due date either. Just stop at the circulation desk to tell them how many you are taking and bring them back when you are done!

eBooks and Other Online Materials

The Montvale Library now subscribes to Kanopy, a movie streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14 digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org.

Ancestry is now available to Montvale Patrons at home! Please email movlcirc@bccls.org for login information to access this resource remotely. Please check our website and social media pages for updates as we are constantly providing new virtual services.

Montvale Senior Club

MONDAY

Healthy Bones, 10:00am-11:15am, HARP
Chair Exercises, 11:00am-12:00pm (video tape), Micki Keller/Rani Mooriani
Mahjong, 1:30pm-3:30pm, Kitty Stern

TUESDAY

*Cornhole/Games, 10:00am-12:00pm, John Rotante/Vinnie Alfano
Canasta, 1:00pm-3:00pm, Fran Ohayon
Tai Chi, 1:30pm-2:15pm, Lisa Dent
iPhone, April 12, 10:00am-12:00pm, Bill Irani

WEDNESDAY

Healthy Bones, 10:00am-11:30am, HARP
Chair Exercises, 11:00am-12:00pm, Micki Keller/Rani Mooriani
Mexican Train/Cards, 1:30pm-4:00pm, Louise & George Boothby

THURSDAY

Pickleball, 8:00am-10:00pm, Kurt Birkenmaier/Joe Fasio (beginning 4/7/22)
iPhone, April 14, 10:00am-12:00pm, Bill Irani
Healthy Potluck Lunch, April 28, 11:30am-1:00pm, Louise Boothby/Banoo Irani

FRIDAY

Cards - 'Five Crowns', 11:00am-1:00pm, Diane Carfora/Pat Casciano
*Bocce/Cornhole/Games, 10:00am-12:00pm, John Rotante/Vinnie Alfano
Chair Exercises, 11:00am-12:00pm, Rani Mooriani
Meditation with Creative Visualization, 1:30pm-2:30pm, Milli Stellatos
Bocce to resume when weather becomes warmer.
NO MEETINGS ON GOOD FRIDAY, April 15

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 DePiero Drive

Montvale Senior Club

MONTHLY ACTIVITIES

Senior Club Business Meeting, Thursday, April 7, 12:00pm-2:00pm.

- Book Club, Thursday, April 14, 12:30pm
Book- "The Paris Library" by Janet Skeslien; Ree Hopper /Linda Queller
- Bingo, Friday, April 8, 5:00pm-7:00pm (\$8.00), Micki Keller/Jodi Miller
- Senior Social Meeting, Thursday, April 21, 12:00pm-2:00pm, SPRING FLING PIZZA PARTY, Entertainer will be Bobby Valle.
- Gym Open, Mon/Wed/Fri, 8:00am-12:00pm, Joel Stern
- Our nurse will be visiting us on the first Monday and the first Thursday for blood pressure readings.

NEWPORT, RI TRIP – May 24-26, \$100 deposit due 3/17. Balance due 4/7. Contact Rosemarie Kelly.

| CONTACTS | |
|--------------------------------------|---------------------------------|
| George/Louise Boothby (201) 476-1319 | Vinnie Alfano (551) 427-8143 |
| Kurt Birkenmaier (201) 574-3020 | Lucille Bothwich (845) 649-2964 |
| Pat Casciano (201) 307-9685 | Dianne Carfora (201) 314-0141 |
| Lisa Dent (201) 391-5700 x251 | Gail Clark (201) 391-7200 |
| HARP (551) 996-2038 | Joe Fasio (201) 444-3120 |
| Bill/Banoo Irani (201) 930-8787 | Ree Hopper (201) 391-7386 |
| Rosemarie Kelly (201) 391-8718 | Micki Keller (201) 573-1179 |
| Fran Ohayon (201) 391-4272 | Rani Mooriani (201) 930-8950 |
| Linda Queller (201) 505-485 | John Rotante (201) 391-4193 |
| Joel/Kitty Stern (201) 802-0997 | Milli Stellatos (201) 385-5090 |

Montvale Recreation Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking adult or high school volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Christmas Tree Lighting, the Spring Fling and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

Summer Camp

Summer Camp for children entering grades 1-5 in September of 2022, will run June 27 through July 22, 2022 (Closed on Monday, July 4 for the holiday). Camp hours will be 9:30 am to 2:30 pm on Memorial Drive. In-person and online registration will begin on March 1. Paper registration packets can be picked up and dropped off at Borough Hall between 8:30 am and 4:30 pm, Monday - Friday. For further camp information, please visit the MontvaleRecreation.org. As of March 24, the following groups have reached capacity and are being waitlisted: Grade 1 Boys, Grade 2 Boys and Girls, Grade 3 Girls, Grade 4 Girls, Grade 5 Boys.

Adventure Camp

Adventure camp is for children entering grades 6 and 7 in the September 2021-2022 school year. As part of this camp, campers will spend time off site learning and discovering. Each week campers will venture on trips to explore and above all, have fun! Please note that this camp begins 30 minutes earlier than Rec Camp. Campers must arrive by 9:00 am and will be released at 2:30 pm. Earlier drop off will allow for campers to safely load onto the busses and have more time on their many trips during camp. Adventure Camp has reached capacity for all groups at this time.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 DePiero Drive

Adult Volleyball

Memorial School Gymnasium
Tuesdays 8:00-10:00 pm
February 15 – May 31
Resident Fee: \$210 Non-Resident Fee: \$230
Open Registration: Online or In-Person at Any Class

Pick-up style play open to all skill levels. Volleyballs are provided for all those who attend. Up to 2 games at a time.

Tuesday Yoga

Montvale Community Center Atrium- 1 Memorial Drive
1 Memorial Drive
Tuesdays 7:00-8:00 pm
4-week sessions
Resident Fee: \$40 (Only \$10/class!) Non-Resident: \$50

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

The Way

Montvale Community Center Atrium- 1 Memorial Drive
1 Memorial Drive
Mondays and Tuesdays
6:00-7:00pm
Beginning February 28
Resident Fee: \$120 Non-Resident Fee: \$180
Registration: Go to montvalerecreation.org or attend the first class with cash/check payment

"The Way" – The Art of Life, is the art of Self-Defense and Wisdom Living. It is the training of the Body, Soul, and Spirit for self-defense in the unarmed combat and daily healthy growth. Grow, get fit and learn to be disciplined while using the following qualities: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control.

This program will be offered two days per week for children in Kindergarten and older. The class will be offered Mondays and Tuesdays from 6:00 to 7:00pm. Classes begin Monday, February 28 and run for 8 weeks (16 classes total). The program will be held at the Montvale Community Center at 1 Memorial Drive (outside the community center, if necessary).

Instructor: Mario Liriano; 5th Degree Black Belt and over 40 years of Martial Arts experience. Mr. Liriano has been teaching this program for over 16 years in Montvale and has produced many Black Belts (including his two daughters).

Talkin' Baseball

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:00 pm in the Senior/Community Center Library. There is no fee for this program.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 DePiero Drive

TAI CHI

Senior/Community Center Atrium: 1 Memorial Drive
Tuesdays 1:30pm - 2:15pm
February 8 – March 29
Resident Fee: \$80
Non-Resident Fee: \$100 (space permitting)
Residents Who Belong to the Montvale Seniors Club: \$40

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

Basketball Court Badges

Badges must be obtained to use the basketball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2022 season will be available at Borough Hall, 12 Mercedes Drive, Monday-Friday, 8:30am-4:30pm starting January 17.

| <u>Residents</u> | | <u>Non-Residents</u> | |
|------------------------------------|--------|------------------------------------|---------|
| Adult (Ages 13+) | FREE | Adult (Ages 13+) | \$25.00 |
| Child (Ages 12 and younger) | FREE | Child (Ages 12 and younger) | \$15.00 |
| Senior Citizens (62+) | FREE | Senior Citizens (62+) | \$10.00 |
| Replacement Badge (1 per year max) | \$5.00 | Replacement Badge (1 per year max) | \$5.00 |

Badges must be worn in a visible location at all times while on the basketball courts. Individuals using the basketball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

Field Use

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Dent, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will not be issued if the application is incomplete. All organizations must receive an approved permit from Lisa Dent prior to any field use.

THE DEADLINE FOR FALL (AUGUST-DECEMBER) FIELD USE APPLICATIONS IS JUNE 1

MontvaleRecreation@montvaleboro.org



Tennis Court Badges

Each year residents who wish to use the courts must register to receive their new access card. Badges for the 2022 season, which runs from March 1 - December 31, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

| <u>Residents</u> | | | <u>Non-Residents</u> | |
|-------------------------------------|---------|--|-------------------------------------|----------|
| Adult | \$30.00 | | Adult | \$60.00 |
| Child/Student (Ages 17 and younger) | \$10.00 | | Child/Student (Ages 17 and younger) | \$20.00 |
| Household Maximum | \$50.00 | | Household Maximum | \$100.00 |
| Senior Citizens (62 & Over) | FREE | | Senior Citizens (62 & Over) | \$10.00 |

There will be a \$10 fee for replacement badges. The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.

Pickleball Court Badges

Badges must be obtained to use the pickleball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2022 season will become available starting January 1 at Borough Hall, 12 Mercedes Drive, Monday-Friday, 8:30am-4:30pm.

FEES

| <u>Residents</u> | | | <u>Non-Residents</u> | |
|------------------------------------|--------|--|------------------------------------|---------|
| Adult (Ages 13+) | FREE | | Adult (Ages 13+) | \$25.00 |
| Child (Ages 12 and younger) | FREE | | Child (Ages 12 and younger) | \$15.00 |
| Senior Citizens (62+) | FREE | | Senior Citizens (62+) | \$10.00 |
| Replacement Badge (1 per year max) | \$5.00 | | Replacement Badge (1 per year max) | \$5.00 |

Badges must be worn in a visible location at all times while on the pickleball courts. Individuals using the pickleball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Park Monitor, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.



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Chamber of Commerce Board Meetings:

1st Wednesday of the Month located at Montvale Borough Hall 4:00 pm

11th Annual Montvale Street Fair



**2022
Street Fair
Sponsorships**

**Applications
Available
March 25 -
April 29th**

Sunday June 12th



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