



The Borough of Montvale

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delivery of the
newsletter

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A look at the Community, including upcoming events, important notices, meetings, and more.



Montvale Board of Health Rabies Vaccination Clinic

The clinic will take place on Saturday November 19, 2022 at the DPW Garage - 1 Memorial Drive.
Dogs 10:00am - 11:00am (Must be on non-retractable leash). Cats 11:00am - 11:30am (Must be in carriers).
Vaccine is valid for 3-years with proof of previous vaccination.

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Holiday Schedule

Veteran's Day - 11/11
- Offices Closed
Thanksgiving - 11/24 & 11/25
- Offices Closed
Curbside Collection Changes
- See calendar on page 2

The Mayor's Corner

As we are nearing winter, we are preparing for the upcoming snow season. Our salt inventory, the snow equipment and contractors are all in check and in ready mode for the snow and ice. The road paving program will come to an end in November and we will start to prepare for the 2023 road paving program during the budget season. The 2023 budget planning has already started for us and we are challenged, like everyone else, with inflation and the cost of services and goods that we need to make the town run to meet your expectations.

The council members and myself have been working diligently to ensure we have control of building rights to large parcels in town. We have been acquiring properties and will continue to acquire more properties and make them assets for the town as, we see it in the best interest for our town. We are also preparing for the 2025 expected affordable housing additional obligation by the courts. We joined 15 other towns to ask the governor to reinstate COAH to oversee the process rather than a judge making

his/her decision based on a recommendation from a third party. I have been involved in this process for the last 12 years as a Councilman and as a Mayor, I have never seen such a chaotic process that is statewide, and regardless of who is in the office at the state level, both Republican and Democrat Officials, the process sets towns like us for failure by overbuilding and impacting the infrastructure negatively. By the year 2025, we will have 365 affordable residential units in Montvale, that's almost 10% of all of our housing units being affordable units, more than any other town has built in our region.

I wish you and your families a happy and healthy Thanksgiving. Please don't hesitate to contact me if I can be of any assistance.

Mayor Mike Ghassali



Mayor Mike Ghassali

Montvale Officials

Mayor

Mike Ghassali (R)
MGhassali@MontvaleBoro.org

Administrator / Municipal Clerk

Maureen Iarossi-Alwan
Miarossi@MontvaleBoro.org

Council President

Annmarie Russo-Vogelsang (R)
ARussovogelsang@MontvaleBoro.org

Council

Chris Roche (R)
CRoche@MontvaleBoro.org

Dieter Koelling (R)
DKoelling@MontvaleBoro.org

Douglas Arendacs (R)
DArendacs@MontvaleBoro.org

Timothy E. Lane (R)
TLane@MontvaleBoro.org

Theresa Cudequest (R)
TCudequest@MontvaleBoro.org

Montvale Police Department

We had a great time at the October 4th Coffee with A Cop, hosted by the Montvale Starbucks. Thank you to all who stopped by to chat, and a huge thank you to the management and staff at Starbucks for hosting us. Our Junior Police Academy participants will be graduating on November 22nd after 8 weeks of training. The curriculum included physical training, a presentation by the Bergen County Bomb Squad, and a trip to MetLife Stadium. Congratulations graduates!



After 36 years as a Montvale Police Officer, including the last four years as Chief of Police, this will be my final newsletter. I will be retiring, effective December 31, 2022. It has been an honor and a privilege to serve the Borough. I leave, confident that we have one of the finest Police Departments in the State, and the Officers of the Montvale Police Department will continue to provide the level of service and professionalism that this town expects and deserves. Have a great Thanksgiving and Holiday Season.

Fire Department

Members Wanted

The Montvale Fire Department is made up of 35 volunteer firefighters that provide fire protection to the Borough of Montvale 24 hours a day, seven days a week, 52 weeks a year, we are starting a membership drive and are looking for new members to join us. No experience is necessary and free training is provided. If you are a resident of Montvale and 16 to 18 years old you can become a junior firefighter. If you are 18 years old or over, you can become a regular fire fighter.

If you would like to help your fellow neighbors, stop down at the fire house on the first, second, or fourth Thursday of the month at 8 PM or call the fire house at (201)391-4240 and leave a message and somebody will get in touch with you.

Service Awards

The Montvale Fire Department would like to congratulate the following members for their dedicated service to the Montvale Fire Department and the residents of the Borough of Montvale.

Charles Lydon 25 Years
 Geoffrey Gibbons 40 Years
 Clint Miller 55 Years

Fund Drive

The Montvale Fire Department has started its annual fund drive. This supports the associations scholarships, Santa's visit to Montvale, and other community events. If you would like to make a tax-deductible donation, please mail to: Montvale Fire Dept., 35 W. Grand Ave. Montvale NJ, 07645.

Curbside Collection This Month

Mon	Tue	Wed	Thu	Fri
31	1	2	3	4
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Leaf Pickup
7	8	9	10	11
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Leaf Pickup
14	15	16	17	18
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Leaf Pickup
21	22	23	24	25
East Zone Trash Pickup	Central Zone Trash Pickup	Recycling: Districts 1&2 West Zone Trash Pickup		Leaf Pickup
28	29	30	1	2
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Leaf Pickup

Senior Club - November

MONDAY

- Healthy Bones, 10:00am-11:15am, HARP
- Chair Exercises, 11:00am-12:00pm (video tape), Micki Keller/Rani Mooriani
- Mahjong, 1:30pm-3:30pm, Kitty Stern

TUESDAY

- Bocce, 10:00am-12:00pm, John Rotante/Vinnie Alfano
- Canasta, 1:00pm-3:00pm, Fran Ohayon
- Tai Chi, 1:30pm-2:15pm, Lisa Dent

WEDNESDAY

- Healthy Bones, 10:00am-11:30am, HARP
- Bocce, 10:00am-12:00pm (co-ed), Jane Green
- Chair Exercises, 11:00am-12:00pm, Micki Keller/Rani Mooriani
- Mexican Train/Cards, 1:30pm-4:00pm, Louise & George Boothby

THURSDAY

- Pickleball, 8:00am-10:00pm, Kurt Birkenmaier
- Savory Seniors Potluck Lunch cancelled this month due to conflict with Thanksgiving. New schedule will follow.

FRIDAY

- Cards - 'Five Crowns', 1:30pm-3:30pm, Diane Carfora/Pat Casciano
- Bocce, (women) 10:00am-12:00pm, Diane Carfora/Jane Green
- Chair Exercises, 11:00am-12:00pm, Rani Mooriani
- Bocce, (men), 1:00pm-3:00pm, John Rotante/Vinnie Alfano

MONTHLY ACTIVITIES

- Senior Club Business Meeting, Thursday, November 3, 12:00pm-2:00pm.
- Book Club, Thursday, November 10, 12:30pm
Book - "It Ends With Us" by Colleen Hoover; Ree Hopper /Linda Queller
- Bingo, Friday, November 11, 5:00pm-7:00pm (\$8.00), Micki Keller/Jodi Miller
- Senior Social Meeting, Thursday, November 17, 12:00pm-2:00pm, Thanksgiving Party Luncheon
- Gym Open, Mon/Wed/Fri, 8:00am-12:00pm, Joel Stern
- Our nurse will be visiting us on the first Monday and the first Thursday for blood pressure readings.

UPCOMING TRIPS

- Pennsylvania overnight trip - Amish Holiday Tour; November 9-10;
- Mount Airy Casino; December 6; show, food and gambling. Dianne Carfora
- New Year's Eve Party - Details to follow

CONTACTS	
George/Louise Boothby (201) 476-1319	Vinnie Alfano (551) 427-8143
Kurt Birkenmaier (201) 574-3020	Lucille Bothwich (845) 649-2964
Pat Casciano (201) 307-9685	Dianne Carfora (201) 314-0141
Lisa Dent (201) 391-5700 x251	Gail Clark (201) 391-7200
HARP (551) 996-2038	Joe Fasio (201) 444-3120
Bill/Banoo Irani (201) 930-8787	Ree Hopper (201) 391-7386
Rosemarie Kelly (201) 391-8718	Micki Keller (201) 573-1179
Fran Ohayon (201) 391-4272	Rani Mooriani (201) 930-8950
Linda Queller (201) 505-485	John Rotante (201) 391-4193
Joel/Kitty Stern (201) 802-0997	Milli Stellatos (201) 385-5090
	Jane Green (201) 248-4240

Montvale Public Library

Montvale Library Virtual Programs - November 2022

Please check our website www.monvalelibrarynj.org for more updates. Don't forget to follow us on Facebook, and Instagram.

Friends of the Library

The Friends of the Library would like to thank all the volunteers and staff that helped make our Big Books Sale a great success. Thank you to everyone who donated and purchased books. We are not taking book donations at this time but we are still adding books to our ongoing book sale shelf. We will have a mini holiday books sale in December- please check our website for more information.

The Friends of the Montvale Library will hold their next meeting on Thursday, December 1st at 7:30 p.m. Please visit the Friends website www.montvalelibrarynj.org/friends or email Bombace@montvale.bccls.org for more information.

Montvale Public Library

Adult Programs

Please visit www.montvalelibrarynj.org/calendar to register for any of the programs listed below unless noted otherwise.

November 3, 2022 - 7:00 p.m.

VIRTUAL PROGRAM

Navigating Medicare

If you are already on Medicare, Medicare Advantage, or nearing age 65 don't miss this informative presentation! Harriet Einschlag, a counselor with NJ SHIP (State Health Insurance Assistance Program) through the Bergen County Division of Senior Services, will discuss Medicare, Medigap, Prescription Plans, and Advantage Plans. This is a virtual program.

November 10, 2022 - 6:00 p.m.

Montvale Council Chambers

Screening & Discussion of To Be of Service

In honor of Veteran's Day, join us for a screening of To Be of Service. This is a documentary about war veterans with PTSD who are paired with service dogs to help regain their lives. Afterwards, stay for a virtual discussion with Josh Aronson, the documentary's director. Sponsored by the Friends of the Library. This event will take place in the Montvale Council Chambers.

November 15, 2022 - 1:00 - 3:30 p.m.

Children's Activity Room

Tuesday Movie Matinee: Elvis

A look at the life of legendary singer Elvis Presley. Co-starring Tom Hanks. PG-13. 2 hrs, 39 mins.

November 17, 2022 - 7:00 p.m.

Virtual Program

Eating Healthy Through the Holidays

The holidays are upon us, which means we crave all our favorite traditional foods that accompany celebrations. This workshop will offer easy and practical tips for staying healthy through the holidays without sacrificing your favorite foods and drinks! This is a virtual program.

November 28, December 5, 12, 19 2022 - 7:00 - 7:30 p.m.

Virtual Program

Virtual Guided Meditation Series

Join us for four relaxing virtual guided meditation sessions led by certified instructor Amy Rutledge. No experience necessary. Register for as many sessions as you want! This is a virtual program.

November 29, 2022 - 1:00 - 2:30 p.m.

Children's Activity Room

Saturday Movie Matinee: Shop Around the Corner

Two gift store employees who can't stand each other unknowingly become anonymous pen pals & fall in love. Rated PG. 1 hr, 39 mins.

November 29, 2022 - 7:00 p.m.

Montvale Council Chambers & Virtual

Improving Sleep as we Age

The best way to remember when we learn something new is to sleep on it. This program will cover the relationship between sleep and memory and how it might benefit you. Techniques on how to get a better night's sleep will also be discussed.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

Montvale Public Library

Upcoming Book Groups

November 14, 2022 - 12:00PM

“The Girl with the Louding Voice” by Abi Dar

The Montvale Cookbook Supper Club will meet on Monday, November 14th, 2022 6:30pm “New Native Kitchen” by Freddie Bitsoie. To register or for further information please contact Therese Jones at therese.jones@montvale.bccls.org.

Children’s Department

November 7, and Dec.5 @ 4:00 VIRTUAL Art class with Artist Peri

Grab your pencils. Crayons, or markers, and sign on to Peri’s art class. With a storybook and paper, Peri provides students with step-by-step instructions for drawing a work of art that is truly amazing. Registration is required and is for grades 1 and older.

Nov. 3, 10, 17 @ 10:30 Bozza Yoga Littles- Toddlers & Grown-up

Bozza Yoga Littles will be here leading several interactive yoga classes focused on your little one’s hand-eye coordination, motor skills, and yoga poses and movement. Registration is required for each class. Ages 18 months- 4 years.

Nov. 4, Dec. 2 @ 10:30 Babies in the ‘Brary for 0-18 months

No age is too young to come to the library. Join us for Babies in the ‘Brary where we will be Singing songs, rhymes, and fingerplays, all building blocks for early literacy. Babies ages 0-18th months and a grown-up are invited to join us for all this and more!

Nov. 15th @ 4:00 VIRTUAL Challenge Island STEM program

We are taking a new STEAM adventure! Challenge Island is back to lead us in a virtual program, where students will embark on an educational and entertaining STEAM-tastic journey with a trained instructor. This program comes complete with a challenge, material kits, problem solving, critical thinking, and a lot of fun! Join us on this exciting journey on Nov. 15th kids grades 3 and above.

Bedtime Stories with Ms. Mary

Don’t forget to check out Ms. Mary’s Bedtime story recording on Facebook each Thursday night at 7:00 pm. Tune in to see what wonderful story she will choose!

Honor System Paperbacks

Did you know that we still have honor system paperback books? They are located in the left rear of the library. We offer a variety of romance, mystery, and fiction titles. No library card needed- no due date either. Just stop at the circulation desk to tell them how many you are taking and bring them back when you are done!

Museum Passes

Please check out our website <https://www.montvalelibrarynj.org/museum-passes> for updated information about how to obtain passes for the following museums:

Storm King, Guggenheim, Intrepid, and the American Museum of Natural History. Museum passes for the Intrepid and the American Museum of Natural History provided by the Friends of the Library.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

Montvale Public Library

eBooks and Other Online Materials

The Montvale Library subscribes to Kanopy, a streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14 digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org.

Ancestry is now available to Montvale Patrons at home! Please email movlcirc@bccls.org for login information to access this resource remotely. Please check our website and social media pages for updates as we are constantly providing new virtual services.

Montvale Recreation Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking adult or high school volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Christmas Tree Lighting, the Spring Fling and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

30+ Basketball

Memorial School Gymnasium
Mondays 8:00 -10:00 pm
September 19 - May 22
Resident Fee: \$75 Non-Resident (if space permits): \$95
OPEN Registration: Attend a class to register by cash or check at any point Sept - May

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball.

Tuesday Yoga

Montvale Community Center Atrium
1 Memorial Drive
Tuesdays 7:00-8:00 pm
4-week sessions
Resident Fee: \$40 (Only \$10/class!) Non-Resident: \$50

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

The Way

Montvale Community Center Atrium

1 Memorial Drive

Mondays and Tuesdays

6:00-7:00pm

Beginning September 26

Resident Fee: \$120 Non-Resident Fee: \$180

Registration: Go to montvalerecreation.org or attend the first class with cash/check payment

“The Way” – The Art of Life, is the art of Self-Defense and Wisdom Living. It is the training of the Body, Soul, and Spirit for self-defense in the unarmed combat and daily healthy growth. Grow, get fit and learn to be disciplined while using the following qualities: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control.

This program will be offered two days per week for children in Kindergarten and older. The class will be offered Mondays and Tuesdays from 6:00 to 7:00pm. Classes begin Monday, September 26 and run for 8 weeks (16 classes total). The program will be held of the Montvale Community Center at 1 Memorial Drive (outside the community center, if necessary).

Instructor: Mario Liriano; 5th Degree Black Belt and over 45 years of Martial Arts experience. Mr. Liriano has been teaching this program for over 17 years in Montvale and has produced many Black Belts (including his two daughters).

Tai Chi

Senior/Community Center Atrium: 1 Memorial Drive

Tuesdays 1:30 pm - 2:15 pm

November 1 - January 3

Resident Fee: \$80

Non-Resident Fee: \$100 (space permitting)

Residents Who Belong to the Montvale Seniors Club: \$40

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

Talkin' Baseball

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:00 pm in the Senior/Community Center Library. There is no fee for this program.

Field Use

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Loranger, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will not be issued if the application is incomplete. All organizations must receive an approved permit from Lisa Loranger prior to any field use.

THE DEADLINE FOR SPRING (MARCH-JULY) FIELD USE APPLICATIONS IS FEBRUARY 1

MontvaleRecreation@montvaleboro.org

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

Tennis Court Badges

Each year residents who wish to use the courts must register to receive their new access card.

Badges for the 2022 season, which runs from March 1 - December 31, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

There will be a \$10 fee for replacement badges

The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.



<u>Residents</u>		<u>Non-Residents</u>	
Adult	\$30.00	Adult	\$60.00
Child/Student (Ages 17 and younger)	\$10.00	Child/Student (Ages 17 and younger)	\$20.00
Household Maximum	\$50.00	Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE	Senior Citizens (62 & Over)	\$10.00

Pickleball Court Badges

Badges must be obtained to use the pickleball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2022 season will become available starting January 1 at Borough Hall, 12 Mercedes Drive, Monday-Friday, 8:30am-4:30pm.

FEES

<u>Residents</u>		<u>Non-Residents</u>	
Adult (Ages 13+)	FREE	Adult (Ages 13+)	\$25.00
Child (Ages 12 and younger)	FREE	Child (Ages 12 and younger)	\$15.00
Senior Citizens (62+)	FREE	Senior Citizens (62+)	\$10.00
Replacement Badge (1 per year max)	\$5.00	Replacement Badge (1 per year max)	\$5.00

Badges must be worn in a visible location at all times while on the pickleball courts. Individuals using the pickleball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Park Monitor, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

Basketball Court Badges

Badges must be obtained to use the basketball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2022 season will be available at Borough Hall, 12 Mercedes Drive, Monday-Friday, 8:30am-4:30pm starting January 17.

FEES

<u>Residents</u>			<u>Non-Residents</u>	
Adult (Ages 13+)	FREE		Adult (Ages 13+)	\$25.00
Child (Ages 12 and younger)	FREE		Child (Ages 12 and younger)	\$15.00
Senior Citizens (62+)	FREE		Senior Citizens (62+)	\$10.00
Replacement Badge (1 per year max)	\$5.00		Replacement Badge (1 per year max)	\$5.00

Badges must be worn in a visible location at all times while on the basketball courts. Individuals using the basketball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

Basketball Court Badges

Memorial Tennis Courts

1 Memorial Drive

Tuesdays September 13 – October 18

Saturdays September 17 – October 22

Resident Fee: \$115 Non-Resident Fee: \$135

TGA brings you tennis lessons for all ages and skill levels! Join this 6-week program to learn how to play, sharpen your skills or learn new strategies of play! All classes are 1 hour in length on either Tuesdays or Saturdays and all equipment is provided. TGA of Bergen County follows all recommended guidelines and protocols put forth by the CDC, local, and state officials for running safe youth sports programs. For more information contact Christine Kostianis ckostianis@playtga.com or (917) 304-3986.

Tennis Schedule

SESSION	START DATE	START TIME	CLASSES
Tue: Gr. K-2	September 13	4:30 PM	6 Classes
Tue: Gr. 3-5	September 13	5:30 PM	6 Classes
Sat: Gr. K-3	September 17	12:00 PM	6 Classes
Sat: Gr. 4-8	September 17	1:00 PM	6 Classes
Sat: Adults	September 17	2:00 PM	6 Classes



MONTVALE BOARD OF HEALTH RABIES

VACCINATION CLINIC

**2023 LICENSES WILL BE ISSUED
STARTING JANUARY**

SATURDAY, NOVEMBER 19, 2022

DPW GARAGE 1 MEMORIAL DR. MONTVALE

**DOGS MUST BE ON NON RETRACTABLE LEASHES
10:00AM TO 11:00AM**

**CATS MUST BE IN CARRIERS
11:00AM TO 11:30AM**

**VACCINE IS VALID FOR 3 YEARS ONLY WITH
PROOF OF PREVIOUS VACCINATION.**

NEWSLETTER

Montvale



Chamber of Commerce

THANK YOU TO OUR SPONSORS!

For a Successful 2022 Street Fair

**Board Meetings 1st Wednesday
of Every Month at 4pm at Borough Hall**

Chamber Co-Presidents

Scott L. Forman, CrossCountry Mortgage
Steven Fox, Janney

Vice Presidents

Tom Davey, Davey's Locker
Tom Chapman, Tom A Chapman DMD

Secretary

Thomas Hartel, John M. Hartel Co.

Treasurer

Doris Sutich, Perfect Limo

Board Members

Linda Mitchell, Massage & Whole Body Health
Paul Jordan, Wegmans Market
R. Lorraine Hutter, Borough of Montvale
Ron Laurent, CrossCountry Mortgage
Amy Debellis, Sotheby's Real Estate



Wegmans

SHARP

KPMG

**Valley
Health
System**

**THE
DISTRICT**
NORTH MARKET™



**MONTVALE NJ GROUP
CROSSCOUNTRY MORTGAGE™**



THOMAS CHAPMAN, DMD
Dentistry



Benjamin Moore®

SHC THE SPINE & HEALTH CENTER OF NEW JERSEY

**Perfect Limo
Service, Inc.**

Janney

ima®

WESTPHAL
Waste Recycle Solutions



**Memorial Sloan Kettering
Cancer Center™**

DAVEY'S

**thrive
at Montvale**

For Updates & More Events!

Join the Chamber on Our Website!

WWW.MONTVALECHAMBER.COM