



April 2016

MyMontvale

THE OFFICIAL NEWSLETTER OF THE BOROUGH OF MONTVALE

MyMontvale is produced monthly by
Pascack Valley Community Life.
www.northjersey.com/pascackvalley

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MONTVALE PUBLIC LIBRARY

APRIL SPOTLIGHT

FROM THE ADULT DEPARTMENT:

WHAT: "Ancestry.com Basics"

WHEN: Afternoon and evening classes April 25 through April 28.

INFO: Register now by phone or inperson.



FROM THE CHILDREN'S DEPARTMENT:

WHAT: "Chemistry in the Kitchen"

WHEN: Thursday, April 28 at 4 p.m.

INFO: For first graders and older. Register in person; there is a \$2 non-refundable materials fee due at registration.

LOOKING AHEAD TO MAY

CHILDREN'S DEPARTMENT:

"Art Club with Artist Peri" - Thursday, May 19 at 4:30 p.m. for 2nd grade and up. Register in person only beginning May 5.

FOR INFORMATION ON LIBRARY SERVICES AND PROGRAMS

Visit the Montvale Library's website at montvale.bccls.org, email the Library at movlcirc@bccls.org, or telephone the Library at 201-391-5090. Stop by and visit us, too!

MONTVALE RECREATION DEPARTMENT ADULT PROGRAMS:

HATHA YOGA

Two one-day/week classes will be offered in the Recreation Center. The first class will meet Monday evenings from 7:30 to 8:30 p.m., beginning March 21. The second class will meet Friday mornings from 9:30 to 10:30 a.m., beginning April 1. Registration will take place on the first session of each class. Residents and non-residents 18 years of age or older are invited to participate. High School students may participate if registered by an adult. A mat or towel should be brought to each class. Fee: \$80 for residents; \$100 for non-residents for this eight-week class. Instructor: Debra Broadman.

TENNIS LESSONS

Looking to improve your tennis game? This program will be offered through the Montvale Recreation Department but taught by Bill Bess of Tennis Dynamics. Lessons will be taught for the beginner and the intermediate player. Instruction will be limited to a maximum of eight participants per group. Classes will be offered for kindergarteners-adults. Two separate days of lessons will be offered independently of one another. The cost for the six-week program (one day/week) is \$80/person for residents and \$120/person for non-residents. Lessons will be given at the Memorial Drive tennis courts. Please note the courts will be reserved for lessons during the length of the program. Monday classes will begin on May 2. Saturday classes will begin May 7. Loaner rackets will be provided for those people who do not own their own racket but are interested in playing.



To register, please read TENNIS REGISTRATION below.

Monday's lessons

K-2nd grade, 4-5 p.m.
Grades 3-5, 5-6 p.m.
Grades 6-8, 6-7 p.m.
H.S. and adult, 7-8 p.m.

Saturday's lessons

K-2nd gr. & grades 3-5, 2-3 p.m.
K-2nd gr. & H.S. and adult beginner, 3-4 p.m.
Gr. 6-8 & H.S. and adult intermediate, 4-5 p.m.

TENNIS REGISTRATION

Register for your tennis pass (information below) and lessons

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SITE UPDATE!

Please visit the Montvale website: www.montvale.org. It has a new look with user-friendly options.

Rose Curry
Councilmember

MAYOR'S WELLNESS WALK

Saturday, April 30, at 9 a.m.
Register at The Atrium in Park Ridge.
Refreshments served. Varied walk options available.

CONGRESSMAN GARRETT'S OFFICE

Every second Thursday of the month, there will be a representative from the Hon. Scott Garrett's office at Borough Hall to address any concerns or questions you may have. Ani Sarajian will be here from 1 to 2:30 p.m. in Conference Room 1.



Award-Winning Care

HackensackUMC at Pascack Valley is Joint Commission Certified in Orthopedic Joint Replacement Hip and Knee and in Stroke.

To learn more, please call 877.848.WELL (9355) or visit www.HackensackUMCPV.com.

 HackensackUMC
at Pascack Valley





MAYOR'S MESSAGE MARCH

The governing body has been busy with budget meetings, Council on Affordable Housing (COAH) reviews, zoning and general ordinance amendments in addition to current routine matters to run the borough. On behalf of all the residents and taxpayers, I thank all our Council members for their dedication, time and effort and for taking on real and meaningful issues. The planning board has been just as busy with major applications that in other municipalities may take months. Our board, however, recognizes the urgency that businesses have due to funding and lease requirements and the board jumps to action smoothly and professionally. The same goes to all the other boards, staff and volunteers; we should all be proud of their passion and dedication to our town.

While we are on the boards and volunteers, regrettably, two members of our Environmental Commission resigned last month, former Chairman Wolfgang Vogt and Vice Chairman Paul Cohen. Both gentlemen served our borough honorably and contributed to the look and character of many buildings within the borough. Mr. Vogt served for 25 years and Mr. Cohen served for 15 years. On behalf of all of us, thank you Mr. Vogt and Mr. Cohen for the service, time and effort you gave our Montvale.

Our budget season is now complete, and we will have to fix our



Mike Ghassali
Mayor

borough hall's leaking roof and replace the 30-year-old cooling and heating system this year at a cost of about \$500,000. We were served multiple corporate tax appeals and have to pay for major capital items which will bring our municipal tax increase to be 1.78 percent, \$51 per average household.

We always make ordinance amendments to address changes within the borough and introduce new ordinances as necessary not to enlarge the local government reach but to protect and ensure the character and look of our town. Last month we introduced several ordinances that will protect the character of our town, and will continue to look at how we maintain our small town character.

As part of my communication plan, we will have one town hall meeting every quarter to bring everyone together and update you on the activities while receiving your valued feedback and input. I hope you find my email blasts informative and useful and I welcome any feedback and ideas for the betterment of our town.

Please continue to report potholes and roads issues to us, you are our eyes and ears, and don't hesitate to contact me anytime. I am always available and respond to all calls and emails personally, and available at the Mayor's open office hours every Tuesday from 5 to 7 p.m.

MONTVALE POLICE DEPARTMENT

Hello Montvale:

The recent terrorist attacks in Paris and Belgium again raise concerns about the readiness of local police and first responders' abilities to effectively function in the face of such a threat. The Montvale Police Department, as well as the rest of the Bergen County law enforcement agencies, train and have been equipped to respond to these situations if they ever occur here. Emergency Medical Services have also trained for "worst-case scenarios" and are ready to perform when needed.

I regularly receive compliments and letters of appreciation for the work that our police officers do, from professionalism in their day-to-day routine to the actions taken in extraordinary situations. Our officers are dedicated professionals who are proud to serve the Borough of Montvale.

There are others who also serve the public and who volunteer their time and effort to the Borough – local volunteers. National Volunteer Week was April 10-16. Remember your local volunteers. Support or even join one of the volunteer groups or agencies such as the Tri-Boro Volunteer Ambulance Corps, the Montvale Fire Department, the Recreation Committee or one of the other almost limitless causes that are always in need of volunteers. They selflessly come out to help others, and in the case of the Fire Department and Tri-Boro Volunteer Ambulance Corps, at any and all hours of the day and night, 365 days a year. We at the police department greatly appreciate the time and effort of our volunteer emergency responder agencies and commend them for all of their great work.

The Montvale Police Department is now a permanent drop-off site for unused and expired medications and drugs as part of Project Medicine Drop. You can bring your old or unused medications/prescriptions/over-the-counter drugs and drop them into the box located off the front desk area of the Police Department – no questions asked. This is the safe way to dispose of these items, and not hurt the environment. Please do not place syringes or other "sharps" into the drop-off box.

For emergency information follow us on Twitter (MontvalePolice@MontvalePD), Facebook (montvalepd) and the Borough of Montvale website.

Stay safe,
Chief Jeremy Abrams

MONTVALE BOARD OF HEALTH

THE ZIKA VIRUS

There have been no reports of the Zika virus being spread by mosquitoes in the continental United States. However, as of March 2016, 100 cases have been reported in travelers, including two in New Jersey. Local transmission has been identified in at least 14 countries in the Americas, including Puerto Rico. There are neither commercially available tests for Zika virus nor any specific antiviral treatment. Citizens who have traveled to Zika areas in the two weeks prior to onset of illness are suspect. Symptoms include fever, rash, joint pain or conjunctivitis. The fetuses of pregnant women are in most danger.

The Zika virus can best be combated by prevention. Protection against mosquito bites by those traveling in Zika-prone areas is the first line of defense. EPA-approved insecticide, use of air conditioning and covering of body parts when outdoors is vital in these areas. Travelers with known symptoms should be monitored carefully.

Joyce Cohen
President, Montvale Board of Health

Source: New Jersey Department of Health World Health Organization



RECREATION DEPARTMENT

continued from page 1

(space permitting) at Borough Hall during normal business hours (8:30 a.m. to 4:30 p.m.) Please remember space is limited for each of the sections of lessons.

TENNIS REGISTRATION

A magnetic locking system is installed on the court gates of both the Memorial Drive and Chestnut Ridge tennis courts. This system has proven to be an effective way to reduce the number of non-registered people using our courts. Each year residents who wish to use the courts must register to receive their new access card.

Membership registration for the 2016 season, which runs from March 1 through Dec. 31, may be purchased at the Borough Hall during normal business hours beginning in March. The 2016 tennis fee schedule is:

CATEGORY	RESIDENT	NON-RESIDENT
Adult	\$30	\$60
*Student (14-18)	\$10	\$20
Family	\$50	\$100
Senior Citizen	FREE	FREE

*Students registering alone must register as an adult.

ROUND ROBIN TENNIS

The courts are reserved for this program on Thursday evenings from 6 to 9 p.m. on Memorial Drive. All registered men and women are eligible to participate. There is NO FEE for this program. The program runs from mid May through the end of August. You may register for the round robin when you register for tennis passes and/or lessons. If the program is not running, the courts are open to all registered participants.

KID'S CORNER:

SEWING FOR FUN

Sewing is a fun-filled and exciting art that helps foster the creativity of young girls while teaching them to follow instructions and concentrate on a task. Sewing reinforces hand eye coordination, and develops fine motor and problem solving skills. Best of all, by designing and sewing their own creations, the girls will increase their confidence and self-esteem. Using the latest computerized sewing machines with three speed controls to accommodate the age and skill level of your future designers, the girls will discover the fun of sewing. The program culminates with a fashion show, where the girls can model their creations for parents and friends. The program, held on Tuesdays, began March 22. All classes are held at the Recreation Center. Fee for the eight-week class is \$80 for residents and \$100 for non-residents. There will be an additional \$30 for materials (paid separately) to the instructor. The instructor for this class is Mrs. Manrique.

TAEKWON-DO

TaeKwon-Do, the Korean art of self-defense, is the scientific use of the body through physical and mental training for self-defense in unarmed combat. Program will be offered two days/week for children in grades K-8. The K-4 grade class will be offered Tuesdays and Thursdays from 6 to 7 p.m. Classes begin Tuesday, March 22. The 5-8 grade

class will be offered Tuesdays and Thursdays from 7 to 8 p.m. Classes begin Tuesday, March 22. The program will be held in the Recreation Center. Fee for this 16-session class is \$120 for residents; \$180 for non-residents (space permitting). Registration held the first day of class. Instructor: Mario Liriano; 5th Degree Black belt.

UPCOMING RECREATION EVENTS

Day in the Park – June 18

If you are involved in a **non-profit organization**, and would be interested in having a table for your organization at Montvale's Day in the Park (where you can sell items or give information on your group), email us at montvalerecreation@gmail.com. Please include the following items in your email:

- Name of non-profit organization
- Your name and affiliation with the organization
- What you would like to sell (items must be approved by the Recreation Department so organizations do not sell the same items)
- Contact information (email and cell phone number)

SUMMER CAMP

Participation in this program is open to any Montvale resident who will be entering Grades 1-7 in September. Camp activities include bowling at the Montvale Lanes, swimming at the Montvale Swim Club, guest entertainers, arts and crafts and daily "special events." Registration for this program will be held on Wednesday, May 4, and Friday, May 6, from 3:15 to 4 p.m. at the Community entrance of Memorial School. Following those dates, you may register at the Borough Hall until June 15 during normal business hours. Although we do our best to keep camp open, in the event of severe inclement weather there is the possibility that we may have to close Camp.

DATES: June 27 through July 22

PLACE: Memorial School Complex

TIME: 9:30 AM - 12:30 PM (Mon. - Fri.)

RESIDENT FEE: \$200 per child (family max \$650)

NON-RESIDENT FEE: \$250 per child (family max \$800)

SUMMER CAMP COUNSELOR POSITIONS AVAILABLE

During the month of April, the Recreation Department will be looking to fill counselor positions for its Summer Recreation Camp. Counselors must be 14 years of age or older by June 24. Students must also be available to work the dates of June 24 through July 22, from 9 a.m. to 12:45 p.m.

Applications for these paid positions will be available at Borough Hall and the Pascack Hills H.S. Guidance Office on April 1. Interviews for these positions will be held on April 14 from 4:30 to 6:30 p.m., April 15 from 6 to 8 p.m., and April 16 from 9 to 10:30 a.m. at the Recreation Center.

The parks on Memorial Drive will be closed from 9:30 a.m. to 1 p.m. during summer camp season.

FIELD USE

Applications and Hold Harmless forms must be completed and returned to the Borough Hall Building Department, c/o Jeff Fette, with liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will be given according to availability.

Montvale 2016 Cleanup Day!

Saturday, April 23, 2016

9:00 AM to 12:00 PM

**ALL RESIDENTS YOUNG AND OLD ARE INVITED
TO HELP THE COMMUNITY GET READY FOR SPRING**



*Bergen County Clean
Communities Program*

We will start with **FREE Coffee/Juice and Bagels** before you set off with a group to clean a specific area in town. We will provide gloves and garbage bags. We invite **ALL RESIDENTS OF MONTVALE** to meet us at the Red Shed on Memorial Drive (near the ball fields) at 9:00 am and return to the shed with garbage bags around 12:00 pm

COME HAVE FUN WITH US!

This Event is being held with support from the following organizations:

- Montvale Environmental Commission
- Montvale Boy Scout Troop 334
- Montvale Cub Scout Troop 336
- Montvale Girl Scouts

For more information please contact Bob Hanrahan at:

PO Box 641 Montvale NJ
Phone: 201-286-4250

E-mail:
troop334chair@gmail.com





FINGER LAKES *New York*

"...wine and dine in scenery divine!"

3 DAYS - 2 NIGHTS

JUNE 23 - 25, 2016

(Thursday-Saturday)

\$399 per person
double occupancy
 Add \$129 for single occupancy

\$100 Deposit due with reservation by April 1, 2016

Final payment due by May 1, 2016

Make checks payable to: White Star Tours

PACKAGE INCLUDES:

- * 2 Nights lodging
- * 2 Breakfasts
- * 2 Dinners, including Belhurst Castle
- * Corning Museum of Glass
- * Willard Memorial Chapel
- * Sonnenberg Gardens and Mansion
- * Wegman's Marketplace
- * Finger Lakes Winery tour and tasting
- * Scenic Lake Cruise
- * National Soaring Museum
- * Finger Lakes Gaming & Racetrack
- * Souvenir gift
- * Luggage handling
- * All taxes and meal gratuities
- * Motorcoach transportation

*7:00 a.m. Departure from:
 Montvale Senior Center
 1 Memorial Dr.
 Montvale, NJ*

Cancellation insurance available upon request

FOR INFORMATION AND RESERVATIONS CONTACT:

MONTVALE SENIORS
Rosemarie Kelly
56 Erie Ave.
Montvale, NJ 07645
(201) 391-8718



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Montvale Street Fair 2016 - Sunday June 5th



The Montvale Chamber of Commerce

Street Fair

Sunday June 5th - Montvale's Annual Street Fair

"Be a Part of an Amazing Community Event that attracts People from all over the Region"

Sponsorships range from \$500 - \$10,000a sponsorship for every level!

For more information visit our web-site at www.MontvaleChamber.com

Over 20,000 people attended last year's Street Fair

Like Us On
facebook



Spring Membership Drive: Join the Chamber!
www.MontvaleChamber.com

MONTVALE IN MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Taxes are due.	2 East Board of Health Mtg. 7:45 p.m.	3 Central Planning Board Mtg. 7:30 p.m.	4 West	5 Districts 1, 2 Yard Waste Pickup	6	7
8	9 East	10 Central Mayor & Council Mtg. 7:30 p.m.	11 West	12 Districts 3, 4 Yard Waste Pickup	13	14
15	16 East Environ. Committee Mtg. 7:45 p.m.	17 Central Planning Board Mtg. 7:30 p.m.	18 West	19 Districts 1, 2 Yard Waste Pickup	20	21
22	23 East	24 Central	25 West	26 Districts 3, 4 Yard Waste Pickup	27	28
29	30 Memorial Day Admin. Offices Closed	31 East Central Mayor & Council Mtg. 7:30 p.m.				Local Mtg. Household Trash Recyclable Pickup Yard Waste Pickup

MONTVALE OFFICIALS

ADMINISTRATION

ADMINISTRATOR/MUNICIPAL CLERK

Maureen Iarossi-Alwan - miarossi@montvaleboro.org

MAYOR AND COUNCIL

MAYOR

Mike Ghassali (I) - mghassali@montvaleboro.org

COUNCIL PRESIDENT

Timothy E. Lane (R) - tlane@montvaleboro.org

COUNCIL

Rose Curry (R) - rcurry@montvaleboro.org

Dieter Koelling (R) - dkoelling@montvaleboro.org

Leah J. LaMonica (R) - llamonica@montvaleboro.org

Salvatore J. Talarico (R) - stalarico@montvaleboro.org

Michael Weaver (I) - mweaver@montvaleboro.org

CONTACT INFORMATION

MONTVALE BOROUGH HALL

12 Mercedes Drive, Montvale, NJ 07645

Phone: 201-391-5700

Visit www.montvale.org

MONTVALE SENIOR CLUB

Spring has finally arrived and members of the Montvale Senior Club are busy with trips, classes, speakers, crafts and many other exciting activities. Our members and neighbors from other towns just attended a day trip to the New York Botanical Gardens and a sumptuous lunch at Emilia's Restaurant on Arthur Avenue. It was a big hit and we are looking forward to more exciting day trips.

Note your calendar for June 23-25 for a three-day trip to the Finger Lakes region in New York. The package is only \$399 per person for double occupancy. The trip includes lodging, meals, many tours (including a museum), a racetrack, a scenic lake cruise and many other highlights. Call Rosemarie Kelly at 201-391-8718 for additional details and tickets.

As you know we have three elegant luncheons each year and we just enjoyed our St. Patrick's Day luncheon at Seasons in River Vale. It was a tremendous success.

The Montvale Senior Club has a beautiful facility located at One Memorial Drive. We have chair exercises, a book discussion club, a fitness room and many areas for cards, crafts, music, etc. Come down and see what we have to offer. Our dues are only \$10 per year and we contribute \$2 each meeting for our refreshments. We are kept abreast of all laws and topics relating to seniors. We offer entertainment at our meetings and it's a wonderful opportunity to meet new friends, catch up with old friends and learn something new. Won't you come down to our Business meeting on the first Thursday of the month at noon? Our social meetings are held on the third Thursday of the month also at noon. We look forward to meeting you.

You can reach our president Steve Ohayon at Montvaleseniors@montvaleboro.org.



Award-Winning Care

HackensackUMC at Pascack Valley is now certified in Orthopedic Hip and Knee Joint Replacement and in Stroke by the Joint Commission, and has been designated as a Primary Stroke Center by the New Jersey Department of Health. And since we're part of the Hackensack University Medical Center system, your family also has easy access to the nation's best doctors and specialists.

*To learn more, please call 877.848.WELL (9355)
or visit www.hackensackumcpv.com.*

