



# The Borough of

# Montvale

The Official Newsletter of The Borough of Montvale

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Phone: 201-391-5700  
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12 Mercedes Drive  
 Montvale, NJ 07645

## Save The Date - Street Fair 6/10



Save the date for the Montvale Chamber of Commerce Street Fair scheduled for Sunday June 10th. For more information, please view page 10

## Property Tax Information

Property taxes are due February 1st, 2018. Because February 10th falls on the weekend, the Grace period has been extended to Monday, February 12th. After February 12th, interest will revert back to February 1. For your convenience, a dropbox is located curbside by main entrance of Library and you may also pay online through the borough website at [www.montvale.org](http://www.montvale.org)

## Montvale Police Department

Hello Montvale,

As a reminder, it is unlawful to throw or plow snow from your sidewalk or driveway into the roadway. Also, move your cars out of the roadway during snow events so the roads can be cleared.

Montvale PD has a permanent old/unused/unwanted prescription and medication drop box located just inside the entrance to the police department. Feel free to safely drop off all old medications for safe and responsible disposal.

Also, congratulations and welcome to our newest Patrol Officer, P.O. Andrew Boman. We had a rigorous application process that included a written test, a physical agility test, a Police Interview Board, a Borough Council Interview Board, a psychological examination and a thorough medical screening. Officer Boman performed admirably in the process. He is currently training at the Bergen County Police Academy and will join the patrol force in June.

Stay safe,

Chief Jeremy Abrams

## Mayor's Message



I would like to congratulate Councilwoman Rose Curry and Councilman Doug Arendacs on their reelection, and to Chief Jeff Gibbons and all the fire department volunteers. Our sincere thanks to former Chief Clint Miller on his 50 years of service to the town and once a Chief, you are always a Chief.

As we close 2017, I circled that year as one of the most important years for us as the town changed yet again since the 70's and 80's. When the parkway built exits 171 and 172, our town then didn't welcome the corporate park and strongly fought against it, 50 years later we find ourselves in a town that has a hybrid structure with offices, new developments, single family homes, and a strong retail market. When all said and done, we will have a total of about 3,500 residential units and about 400 striving businesses in town, we will have an additional tax revenue of \$4.5 million a year to be used for school projects, infrastructure, and enhanced services.

Taking part in the process was always my main goal. We have three new committees led by residents: Economic Development Retention Committee, TVaccess Programming Committee, and the Mayor's Advisory Committee helping us with downtown development and New Jersey Transit issues.

In 2018, we need to focus on enhancing our services, ensuring traffic stays calm after the constructions are completed, and focus on the cut through roads. I would like to dedicate at least four scheduled town hall meetings to open issues and informal gathering, continue with my monthly email newsletter with updated information and open office hours. Working with the Chamber of Commerce and our Economic Development Retention Committee, we will continue to visit our businesses on a more programed schedule and ensure they have what they need from us to succeed.

I will be meeting with all of our boards to give the message that we need to be not only business friendly but also resident friendly. We need to be part of the solution to their issues and not an obstacle. Starting this year, my office will be making weekly random survey calls to completed home and business inspections and use the data for feedback to our boards and heads of departments, training and retraining where needed for our staff, and our advisory committee will be developing a town wide survey to all residents and businesses so we can be better proactive to their issues and ensure that our town stays in the top 10 best towns to live in among the 515 towns that qualify to be rated. The Council Chambers, is currently in the process to be outfitted with tv screens and cameras for the public to view work projects, plans, maps during public meetings. Our TVaccess team will be having new programs and also be a vehicle to broadcast information to the public.

I am looking forward to 2018, I think we have a lot to look forward to and I appreciate everyone's help, support and the talents they offer. Wishing everyone a Healthy, Safe and Prosperous 2018.

Mayor Mike Ghassali

## February 2018 Trash & Recycling Calendar

Mon	Tue	Wed	Thu	Fri
29 East Zone Trash Pickup	30 Central Zone Trash Pickup	31 West Zone Trash Pickup	1 Recycling: Districts 3&4	2
5 East Zone Trash Pickup	6 Central Zone Trash Pickup	7 West Zone Trash Pickup	8 Recycling: Districts 1&2	9
12 East Zone Trash Pickup	13 Central Zone Trash Pickup	14 West Zone Trash Pickup	15 Recycling: Districts 3&4	16
19 East Zone Trash Pickup	20 Central Zone Trash Pickup	21 West Zone Trash Pickup	22 Recycling: Districts 1&2	23
26 East Zone Trash Pickup	27 Central Zone Trash Pickup	28 West Zone Trash Pickup	1 Recycling: Districts 3&4	2

### Contact Information

The Borough of Montvale  
12 Mercedes Drive  
Phone 201-391-5700  
Fax 201-391-9317

### Montvale Officials

#### Administration

**Maureen Iarossi-Alwan**  
Miarossi@MontvaleBoro.org  
Administrator / Municipal Clerk

#### Mayor & Council

**Mayor**  
Mike Ghassali (R)  
MGhassali@MontvaleBoro.org

**Council President**  
Rose Curry (R)  
RCurry@MontvaleBoro.org

#### Council

Timothy E. Lane (R)  
TLane@MontvaleBoro.org  
  
Dieter Koelling (R)  
DKoelling@MontvaleBoro.org  
  
Elizabeth Gloeggler (D)  
EGloeggler@MontvaleBoro.org  
  
Michael Weaver (I)  
MWeaver@MontvaleBoro.org  
  
Douglas Arendacs (R)  
DArendacs@MontvaleBoro.org

### Upcoming Meetings

#### Mayor & Council Meetings

February 13 - 7:30pm  
February 27 - 7:30pm

#### Planning Board Meeting

February 6 - 7:30pm  
February 20 - 7:30pm

#### Environmental Commission Meeting

February 12 - 7:45pm

#### Historic Preservation Meeting

February 1 - 8:00pm

#### Library Board Meeting

February 22 - 7:30pm

### Reminders

**Borough offices will be closed for holidays on the following dates:**  
- 2/19 - President's Day

# RECREATION

## Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Holiday Tree Lighting, the Egg Coloring and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email [MontvaleRecreation@montvaleboro.org](mailto:MontvaleRecreation@montvaleboro.org) for more information.

## Recreation Looking to Fill Supervisory Position

Recreation is looking to fill a supervisory position for our Spring Outdoor Adult Basketball League. Applicants must be responsible and have the ability to commit to one evening a week during this sport's session which runs March through June. A supervisor can participate in the basketball league but would additionally be responsible for collecting registrations, keeping an attendance log and managing the code of conduct within the league. All applicants must be able to pass a background check. Please contact Lisa Dent at 201-391-5700 ext. 251 for further details or to apply.

## Montvale Recreation Summer Camp Counselor Positions Available

The 2018 Recreation Camp counselor applications will be available beginning on February 1st and are due back to Montvale Borough Hall by **March 1st**. Please note the camp changes for 2018 in the below announcement. All applications must be filled out by the counselor themselves ONLY, any applications filled out by a parent will NOT be considered. Please also remember that your position as a CIT, assistant counselor or head counselor in previous years does not guarantee that you move up in position or have secured a position this year. All applicants must be interviewed during one these dates: March 8th 4:30-6:30PM, March 9th 6:00-8:00PM or March 10th 9:00-10:30AM. Applications will be available at Montvale Borough Hall, Pascack Hills High School Guidance Office and the Montvale Library. Counselors must be 14 years of age or older by July 2nd, 2018.

## Egg Coloring

The Special Events Committee will be hosting it's 2018 Egg Coloring on March 24th. We invite all boys and girls, Kindergarten through 4th grade, to come and dye eggs, participate in egg carrying contests, take pictures with our bunny and more! Look for further details in the March edition of our newsletter.

## Montvale Day in the Park 2018

The 2018 Day in the Park will take place on Saturday, June 16th with a rain date of Sunday, June 17th.

We look forward to seeing everyone come back for another family fun-filled afternoon!

# RECREATION PROGRAMS

## 2018 Montvale Recreation Summer Camp Changes

July 2nd – July 27th (No Camp on July 4th)

Monday – Friday

9:30AM – 2:30PM

Memorial Drive

Montvale Recreation will be extending summer camp hours beginning in 2018. Camp hours will now be 9:30AM-2:30PM. This will allow more time to expand the scope of our activities, entertainment and overall structure of camp. The following changes will be incorporated this summer to account for the ten extra hours per week:

- Additional space and classrooms at Memorial School for our use
- The installation of a large tent with picnic tables on the swim club field to provide shade for activities and lunch (non-rain days). Rain day lunch will take place in Memorial and the Community Center.
- The option of sending your camper with a lunch (which will be stored in an indoor, air-conditioned facility) OR hot lunches can be pre-ordered.
- Pre-ordered lunches will be prepared by Big Daddy's at the Snack Shack and served to campers at their designated lunch time. Parents will be able to choose which days their camper receives a hot lunch. The menu will include the following lunch options at \$5 a day:
  - Hamburger or Cheeseburger with French Fries and a drink
  - Chicken Fingers with French Fries and a drink
  - Hot Dog with French Fries and a drink
  - Pizza with a drink
- Off Site Trips (for an additional cost) for the 6th and 7th Graders w/ provided transportation
- Campers will be able to utilize the water inflatables for a longer period of time.
- Increased variation and quantity of camp entertainment as well as activities.

Camp Fees: The fee for summer camp has been increased this year only to account for the additional hours at camp. The hourly rate per camper has actually been decreased to offset the overall cost.

**Resident Fee for all 4 weeks of Camp: \$320 per child (Family Max- \$960)**

**Non-Resident Fee for all 4 weeks of Camp: \$380 per child (Family Max- \$1140)**

RESIDENT/NON-RESIDENT: \$30 Additional Fee after Registration Period. \$25 late charge for every 15 minutes a child is left under care after camp dismissal. Payment shall be made directly to the Camp Director or Asst. Director and turned over to the Borough of Montvale.

Camper Registration Time Period: March 1st through May 1st. After May 1st, you are not

## TALKIN' BASEBALL

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:15pm in the Recreation Center (entrance is behind the community center) There is no fee for this program.

## ADULT CO-ED SOCCER

Fieldstone Middle School- Field #1  
47 Spring Valley Road  
Sundays 5:00-7:00PM  
March 18th – May 13th  
Resident Fee: \$10 Non-Resident: \$15

This program is a great way to get back into the game of soccer! There will be co-ed pick-up style games played every Sunday evening. Participants must be 18 years or older. Registration is open and ongoing for this program, but it is only online ([Montvale.org/recreation](http://Montvale.org/recreation)) or at Borough Hall (during operating hours). You will not be able to register at any of the classes for this program. Please call 201-391-5700 ext. 251 with any questions.

## Monday Yoga

Montvale Community Center Atrium  
1 Memorial Drive  
Mondays 7:30-8:30PM  
January 22nd – March 19th  
Resident Fee: \$80 (Only \$10/class!) Non-Resident: \$100  
OPEN Registration: ONLINE: [www.montvale.org/recreation](http://www.montvale.org/recreation)

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

No Class: Presidents' Day February 19th format.

18+ Basketball will not meet on the following date: April 4th

## Friday Yoga

Montvale Community Center Atrium  
1 Memorial Drive  
Fridays 9:30-10:30AM  
January 26th – March 16th  
Resident Fee: \$80 (Only \$10/class!) Non-Resident: \$100  
OPEN Registration: ONLINE: [www.montvale.org/recreation](http://www.montvale.org/recreation)

Begin the weekend with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

# TENNIS COURT BADGES

Each year residents who wish to use the courts must register to receive their new access card.

Badges for the 2018 season, which runs from March 1st - December 31st, may be purchased at the Borough Hall (during normal business hours beginning) OR online: [www.montvale.org/recreation](http://www.montvale.org/recreation)

<b>Residents</b>		<b>Non-Residents</b>	
Adult	\$30.00	Adult	\$60.00
Child/*Student	\$10.00	Child/*Student	\$20.00
Household Maximum	\$50.00	Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE	Senior Citizens (62 & Over)	\$10.00

\*Students between the ages of 13 and 18 who are registering alone, must register as an adult

**There will be a \$10 fee for replacement badges**

The Recreation Department has updated the tennis court’s magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader.

## GIRLS VOLLEYBALL

Memorial School Gymnasium  
 Tuesdays 7:00–8:00PM  
 January 9th – March 6th (March 13th makeup if needed)  
 Resident Fee: \$80 Non-Resident Fee: \$100  
 OPEN Registration: ONLINE: [www.montvale.org/recreation](http://www.montvale.org/recreation)

This eight-week program will be offered to girls in grades 5 through 8 who will learn to improve their volleyball skills through the instruction of Chris Moran.

## ADULT VOLLEYBALL

Memorial School Gymnasium  
 Tuesdays 8:00-10:00PM  
 January 9th – May 22nd  
 Resident Fee: \$50 Non-Resident Fee: \$75  
 Open Registration: Online or In-Person at Any Class

This program is for men and women 18 years of age and older. Volleyballs are provided to play pickup style games each week for those who attend.

## SENIOR’S PICKLEBALL LEAGUE

Memorial Drive Tennis Courts  
 Fridays 2:00PM  
 This program will resume when the weather allows. Please contact the Seniors Club for current playing status.

Are you a part of the Montvale Seniors Club? Join today for just \$10 a year and take advantage of the many programs offered such as this pickleball league! Pickleball is played by teams of 2 or 4 and combines many elements of tennis, badminton and ping-pong.

## TAI CHI

Senior/Community Center Atrium: 1 Memorial Drive  
Fridays 12:15-1:00PM  
January 19th – March 9th (March 16th Makeup if needed)  
Resident Fee: \$80  
Non-Resident Fee: \$100 (space permitting)  
Residents Who Belong to the Montvale Seniors Club: \$40  
OPEN Registration: Online or In-Person at Any Class

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

## TAEKWON-DO (kids and/or adults)

Recreation Center: 1 Memorial Drive  
\*Wednesdays 5:30-7:30 PM\*  
January 17th – March 7th (March 14th makeup if needed)  
Fee: for this 8-session class is \$120 for residents; \$180 for non-residents (space permitting)  
Registration: ONLINE: [www.montvale.org/recreation](http://www.montvale.org/recreation)  
Instructor: Mario Liriano; 5th Degree Black belt.

TaeKwon-Do, the Korean Art of Self-Defense, is the scientific use of the body through physical and mental training for self-defense in unarmed combat. Program will be offered one day per week for all age groups (children to Adults). Classes will be divided up according to the students that register (K-4 grade/5-8 grade/HS/Adults).

## 30+ BASKETBALL

Memorial School Gymnasium  
Mondays 8:00PM-10:00PM  
September – May  
Resident Fee: \$75 Non-Resident (if space permits): \$95  
OPEN Registration: Attend a class to register at any point Sept - May

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball.

## 18+ COMPETITIVE BASKETBALL

Fieldstone School Gymnasium  
Wednesdays 8:00PM-10:00PM  
January 3rd - May 30th  
Resident Fee: \$50 Non-Resident: \$75  
OPEN Registration: Attend a class to register

Men or Women 18 years of age and older can participate in this competitive style pick-up game format.

18+ Basketball will not meet on the following date: April 4th



## Tri-Boro Food Pantry

**For this month, The Tri-Boro Food Pantry is looking for donations of:**

- Tissues
- Canned chicken or salmon
- Spray disinfectant/ cleaning products
- Sugar

While we are certainly grateful for ALL donations, we cannot distribute expired food items at the pantry.



## Montvale Senior Club

The Montvale Senior members are excited for the new year and remind you it is the perfect time to visit the Montvale Senior Club located at the Community Center at One Memorial Drive in Montvale. Our newly elected officers for 2018 were inducted at our January Business meeting on January 4, 2018. We welcome new president, Marie Dineen and her officers.

We are looking forward to our social meeting on Thursday, January 18th where we will be entertained by Bill Ervolino of the Record. On Thursday, February 15th we will enjoy our Valentine's day luncheon with music and dancing.

Our club is open to those 55 and over and a resident or past resident of Montvale. We welcome new members and our membership has been growing. Our Business meetings are held on the first Thursday of the month at 12 noon; our Social meetings are held on the third Thursday of the month at noon. Our center is located at One Memorial Drive and our annual dues are only \$10.00 per year. We offer opportunities to socialize with new friends and renew old acquaintances. In addition, our club boasts a wide array of activities, trips, elegant lunches, card games, canasta, mahjong, board games, book discussion club and bocce games and tournaments.

We have TAI CHI classes open to residents and non-residents taking place at the Senior Center on Friday's from 12:15 to 1:00pm. If interested contact the Montvale Recreation Dept.

Our bocce court was installed in 2017 and became very popular. It will resume in the spring. We have just introduced a game day on Tuesday and Wednesday for the winter months. See calendar for details. We conduct chair exercises which are very well received and offer a well-appointed exercise room. Our HUMC nurse is available for a "Health & Wellness" program. Our members receive a detailed monthly calendar describing all events and activities.

In November we are entertained with a Harvest Luncheon by our Montvale Police Department and our members look forward to this annual event. During the year we have lunches for Valentine's Day and Mother's Day and offer entertainment.

Two trip planners provide day trips and overnight excursions. We serve refreshments at our meetings for a nominal fee of \$2.00. A committee member attends a monthly meeting at the Bergen County Senior Citizens Coordinating Council, and reports back with any proposals or agendas that affect seniors of Bergen County. Moreover, we have interesting speakers and entertainment at many of our meetings. Come and attend a Business meeting on the first Thursday of the month; bring a friend if you like. We look forward to meeting you.

The Montvale Senior Club has announced a fabulous cruise to Bermuda on the Norwegian line for May 20 to May 27, 2018. This package includes all the entertainment, casino, pools, sporting activities and all the delicious meals, snacks, etc. Our ship will be the new Norwegian Escape which entered in service 2015 and has all the amenities and ambiance of a new ship. The price for an Inside Cabin is \$1,285 and Balcony cabin is \$1,459 based on double occupancy. There are a few cabins available; for additional details call Rosemarie Kelly at 201-391-8718.

## February Highlights at the Montvale Library

The Library now has two hotspots and an upgraded router to improve wi-fi access within the Library. The password for the wi-fi is montvale. If you don't see the hotspots listed on your device, please check with the reference librarian on duty. The regular wi-fi does appear automatically.

For additional information about these or any other Library programs and services, check the Library's web site at [montvalelibrarynj.org](http://montvalelibrarynj.org), call the Library at 201-391-5090, or stop by and visit us.

WWW.

# MONTVALE CHAMBER

.com

### CO-PRESIDENTS

**SCOTT L. FORMAN**  
CrossCountry Mortgage

**STEVEN FOX**  
Morgan Stanley

### 1<sup>ST</sup> VICE PRESIDENT

**TOM DAVEY**  
Davey's Locker

### VICE PRESIDENT

**TOM CHAPMAN**  
Tom A. Chapman DMD

### TREASURER

**DORIS SUTICH**  
Perfect Limo

### SECRETARY

**THOMAS HARTEL**  
John M. Hartel, Co.

### COUNSEL

**IRA KALTMAN, ESQ**  
Beattie Padavano, LLC

### Board Members

**LINDA MITCHELL**  
Massage & Whole Body Health

**R. LORRAINE HUTTER**  
Borough of Montvale

**AMY DEBELLIS**  
CrossCountry Mortgage

**PAUL JORDAN**  
Wegmans Market

**Dr. Kelly Blundy**  
Spine & Health



## The Montvale Chamber of Commerce

**Look for the Montvale Chamber of Commerce**

**"New" Web-Site, February 15<sup>th</sup>**

**[www.MontvaleChamber.com](http://www.MontvaleChamber.com)**



## 2018 Street Fair

Sunday June 10<sup>th</sup>

**Sponsorship opportunities available  
starting Feb 12<sup>th</sup> on a first come basis.**



facebook 

**Join the Chamber! [www.MontvaleChamber.com](http://www.MontvaleChamber.com)**