



The Borough of Montvale

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newsletter

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A look at the Community, including upcoming events, important notices, meetings, and more.



Touch A Truck

The Montvale Police Department presents "Touch a Truck" on August 16 from 3-6pm. See page 9 for more information.

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The Mayor's Corner

I hope you are having a good summer and planning time off with family and friends. The wet weather has made it challenging for outdoor activities, but we needed the rain to keep our reservoir full.

I have been meeting with local businesses and potential new businesses along with the Economic Development Committee and Chamber of Commerce members. I am delighted to see more medical businesses move to our town, and the main reasons they tell me are because of the proximity to other medical businesses, the ease of access for their patients, and the amenities we offer to both their employees and patients. This is in line with our plan that we put in motion in 2017, and seeing it come together is

extremely satisfying.

In a few months, we will start our Fall paving program and will be milling and paving more roads in town. The plan to build a second water tower is in progress and we are working closely with Veolia Water to move it forward.

Be safe and enjoy the rest of the summer. If you think I can be of any assistance, please don't hesitate to contact me directly at mghassali@montvaleboro.org.

Mayor Mike Ghassali
Boro Cell #: 201-248-0398



Mayor Mike Ghassali

Mayor

Mike Ghassali (R)
MGhassali@montvaleboro.org

Municipal Clerk

Fran Scordo
fscordo@montvaleboro.org

Administrator

Joseph Voytus
JVoytus@montvaleboro.org

Council President

Douglas Arendacs (R)
DArendacs@montvaleboro.org

Annmarie Russo-Vogelsang (R)
ARussovogelsang@montvaleboro.org

Council

Dieter Koelling (R)
DKoelling@montvaleboro.org

Timothy E. Lane (R)
TLane@montvaleboro.org

Chris Roche (R)
CRoche@montvaleboro.org

Theresa Cudequest (R)
TCudequest@montvaleboro.org

Montvale TV

Want to be a talent booker? Montvale television is reaching out to you...

We're looking for residents with unique jobs, careers, hobbies, or interests to be interviewed on "Montvale In Motion." If you know anyone in town who has an unusual, or compelling story to tell, takes part in an activity that helps the community, or in some other way would be of interest to our viewers, let us know. Just email your recommendation with a brief description of why you think the person would be a good interview, along with their contact information, to Carol Manhart cmahart@montvaleboro.org. We'll take it from there!

That's all there is to it. And we'll all be seeing more of our friends and neighbors on TV!

Montvale Police Department

The Montvale Police Department is looking forward to our "Touch-A-Truck" event to be held on Wednesday August 16, 2023 between the hours of 3pm – 6pm on Memorial Drive. Please mark your calendars to come out to meet some of our officers and first responders. There will be a dunk tank there for a chance for you to dunk your favorite first responder. You will have the opportunity to see up close different agencies and some equipment they use. There will be giveaways, refreshments (compliments of Wegman's) and this will be a fun family-oriented event. All are welcome to attend and we look forward to seeing you there. We also want to thank the Montvale Fire Department, Tri-Boro Volunteer Ambulance Corps, the Pascack Valley D.P.W., the Bergen County S.W.A.T. team, Downes Tree Service, DiBella Landscaping, Watch us Grow Landscaping, Brookside Towing, North Star Helicopter (weather permitting) and others attending. Follow the Montvale Police Department on Facebook for more information.

Enjoy the remainder of your summer and please be safe!
Chief Doug McDowell

Curbside Collection This Month

Mon	Tue	Wed	Thu	Fri	Sat
31 East Zone Trash Pickup	1 Central Zone Trash Pickup	2 West Zone Trash Pickup	3 East Zone Trash Pickup Recycling: Districts 1&2	4 Central Zone Trash Pickup Yard Waste	5 West Zone Trash Pickup
7 East Zone Trash Pickup	8 Central Zone Trash Pickup	9 West Zone Trash Pickup	10 East Zone Trash Pickup Recycling: Districts 3&4	11 Central Zone Trash Pickup Yard Waste	12 West Zone Trash Pickup
14 East Zone Trash Pickup	15 Central Zone Trash Pickup	16 West Zone Trash Pickup	17 East Zone Trash Pickup Recycling: Districts 1&2	18 Central Zone Trash Pickup Yard Waste	19 West Zone Trash Pickup
21 East Zone Trash Pickup	22 Central Zone Trash Pickup	23 West Zone Trash Pickup	24 East Zone Trash Pickup Recycling: Districts 3&4	25 Central Zone Trash Pickup Yard Waste	26 West Zone Trash Pickup
28 East Zone Trash Pickup	29 Central Zone Trash Pickup	30 West Zone Trash Pickup	31 East Zone Trash Pickup Recycling: Districts 1&2	1 Yard Waste	2
4	5 Central Zone Trash Pickup East Zone Trash Pickup	6 West Zone Trash Pickup	7 Recycling: Districts 3&4	8 Yard Waste	9

It's a Sign!

Have you been looking for new ways to advertise your local business around town? Well, it's a sign! The Borough of Montvale has just introduced a new sign sponsorship program for local businesses. For the relatively-modest cost of \$600, you can sponsor new "Welcome to Montvale" sign to be placed at one of the many highly-visible entrances to the Borough. This is a great opportunity to partner with the Borough, help beautify our community, and provide high-visibility advertising for your business. Additional details about the program, including the application form, are available on the Borough website, www.montvale.org, and can be requested directly from cmanhart@montvaleboro.org.



August 2023 Montvale Senior Club Activities

Monday

Chair Exercises – 11:00am-12:00pm (video tape)
Micki Keller -201-669-9935 Rani Moraine –
201-930-8950

Mahjong – 1:30pm-3:30pm Kitty Stern – 201-
802-0997

Tuesday

Bocce/ games – (co-ed) 10:00am-12:00pm John
Rotante -201-391-4194 Vinnie Alfano – 551-
427-8143

Canasta – 1:00pm-3:00pm Fran Ohayon – 201-
391-4272

Tai Chi – 1:30pm-2:15pm Lisa Dent -201-391-
5700-ext.251

Wednesday

Bocce (coed) – 10:00am-12:00pm John
Rotante 201-391-4194

Chair Exercises – 11:00am-12:00pm Micki
Keller 201-669-9935 Rani Mooriani 201-930-
8950

Mexican Train/ Cards – 1:30pm – 3:30 pm
Louise & George Boothby 201-476-1319

Friday

Bocce- (women) 10:00am – 12:00pm Pat
Casciano- 201-307-9685

Chair Exercises – 11:00am-12:00pm Rani
Mooriani- 201-930-8950

Bocce – (men) 1:00pm – 3:00pm John Rotante
201-391-4194

Cards/ Rummikub – “5 Crowns” 1:30pm –
3:00pm Dianne Carfora 201-314-0141

Monthly Activities

Book Club – Thursday, August 10 12:30pm The
book this month is: - “Lessons in Chemistry” by
Bonnie Garmus Ree Hopper-201-391-7386
Linda Queller – 201-505-4850

Gym Open – Monday – Wednesday – Friday
9:30-12:00pm Bob Daley 201-307-0393
Werner Hahnemann. 201-391-8399

Upcoming Trips/Events

September 13 – Resorts Casino Trip – Casino,
lunch, show, & \$25 play money– Dianne Carfora
201-314-0141

October 30 – Villa Roma Resort – food, activities
and show - \$62.00 pp Dianne Carfora 201-
314-0141

The following are overnight trips.

Rosemarie Kelly 201-391-8718

- 10/9-12; 3 night stay – Castles of NY trip
- 11/27-29; 2 night stay – Sight and Sound Christmas Show in Lancaster, PA .

Furry Friends Safety!

Although they may appear clean and healthy, animals can carry germs and bacteria, including domesticated animals as well.

In the event you are in a public area and an unfamiliar dog approaches:

- Stay still and remain calm.
- Do not panic, make loud noises, or run.
- Say “no” or “go home” in a firm, deep voice and stand with the side of your body facing the dog.
- Slowly raise your hands to your neck with your elbows in and wait for the dog to pass or slowly back away.
- Avoid direct eye contact with the dog.

It's best practice to avoid touching wild animals to prevent any illness or injury from occurring. According to the Center for Disease Control (CDC), the majority of rabies cases reported occur in wild animals such as bats, raccoons, skunks and foxes. Rabies is a preventable viral disease which spreads by the saliva of infected animals/mammals.

How can I tell if an animal has rabies?

Animals with rabies may act strangely. It's important to remember that not all animals with rabies will be aggressive or excessively drooling. Other animals may be timid, shy, tamed, or moving slowly. To reduce your risk of rabies, do not get close to any animal that you are unfamiliar with.

Signs and symptoms:

- General sickness
- Problem swallowing
- Excessive drool or saliva
- An animal that is overly aggressive
- An animal that bites at imaginary objects (sometimes called “fly biting”)
- An animal that appears tamer than you would expect.
- An animal that's having trouble moving or may even be paralyzed.



Montvale Library Virtual Programs – August 2023

Please check our website www.montvalelibrarynj.org for more updates. Don't forget to follow us on Facebook, and Instagram.

Friends of the Library

The Friends of the Montvale Library is looking for new members to help with a special fundraising/ community event that we plan to hold in the fall/ winter. We are looking for volunteers and donations from local businesses and families in the form of prizes to be raffled. Ideas and suggestions are welcome! Please visit the Friends website www.montvalelibrarynj.org/friends or email Bombace@montvale.bccls.org for more information.

Montvale Library - Adult Programs

Please visit www.montvalelibrarynj.org/calendar to register for any of the programs listed below unless noted otherwise.

There is still time to register for the Adult Summer Reading Program. Please check our website for more information or stop at the circulation desk. We have over 100 adults registered for the program and many tickets have already been submitted for prizes. We still have insulated lunch bags to give out so stop in, register, and check out our prizes!

August 10, 2023 at 7:00 p.m. in the Library Activity Room

Picasso & the Women, Reconsidered

On the 50th anniversary of Pablo Picasso's death, we will look at his art through the eight women in his life. Can the man be separated from his art? This program will take place in the Library Activity Room.

August 14, 2023 at 10:30 a.m. in the Library Activity Room

Indoor Chair Yoga

Join us for a half hour chair yoga class taught by certified yoga instructor Shelley Sontag. Increase strength and mobility using gentle, easy-to-follow movements. All skill levels are welcome. This event will take place in the Library Activity Room.

August 14, 2023 at 12:00 p.m. in the Library Activity Room

Monday Afternoon Book Club

The Monday Afternoon Book Club meets on the 2nd Monday of every month at 12:00pm. This month we will be reading *The Storied Life of A.J. Fikry*, by Gabrielle Zevin. This program will take place in the Library Activity Room.

August 24, 2023 at 6:00 p.m. in the Library Garden

Live Concert: Rock n' Roll with The Kootz

Kick off the end of summer with a live concert featuring The Kootz, and get some rock n' roll with fiber! This live program will take place in the newly renovated Library Garden. Please bring a folding chair.

English as a Second Language

Volunteer to teach English as a second language- Transform lives in your community!

Literacy Volunteers of Pascack Valley is offering an online Tutor Training Workshop on August 1st, 8th, 15th and 22th 7:30pm-9pm. This 4-night workshop will be via zoom and tutoring can be either online or in person at your library.

If you have any questions or would like to sign up for the workshop, please email: literacyvolunteerspv@gmail.com or submit a form at <https://www.literacyvolunteerspv.org/tutor-training-workshop-form.html>

Upcoming Book Groups

Interested in joining our Monday afternoon book club? We meet in the activity room on the 2nd Monday of every month. Please email Bombace@montvale.bccls.org for more information. On August 14, the group will discuss "The Storied Life of A.J. Fikry" by Gabrielle Zevin and on September 11th, "The Measure" by Nikki Erlick. Please contact the library to reserve a copy of the book.

The Montvale Cookbook Supper Club will not be meeting in July or August. They will resume meetings in September. If you have any questions or are considering joining in the fall, please contact Therese at therese.jones@montvale.bccls.org.

Children's Department

Summer Reading Update

Congratulations to all our summer readers: Super Sprouts, Power Plants, Bookivores, Raffle, and HS Readers who have rooted themselves into some great books! There is still time to fill in some steps on your Reading Logs and earn your prizes and raffle tickets. However, all good things come to an end, and August 4th, is the last day to come in and collect all hard-earned rewards.

August 2nd

Summer Reading Wrap-Up Tie Dye Activity

On August 2nd at 2:00 pm, we will be celebrating a summer of great reading and hard work with some tie-dye fun! Dig it and dig in as we gather, scrunch, and twist! Dress for mess and join us for this afternoon of colorful creations!

August 4th- Raffle Drawing

Come August 4th will have some lucky winners for our three Summer Raffles. Winners will be contacted as we will be drawing from the Raffle Garden this day. Keep an eye out for an announcement! We will notify winners so they may come in and collect the raffle prizes!

Museum Passes

Please check out our website <https://www.montvalelibrarynj.org/museum-passes> for updated information about how to obtain passes for the following museums:

Storm King, Guggenheim, Intrepid, and the American Museum of Natural History. Museum passes for the Intrepid and the American Museum of Natural History provided by the Friends of the Library.

eBooks and Other Online Materials

The Montvale Library subscribes to Kanopy, a streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14 digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org.

Ancestry is now available to Montvale Patrons at home! Please email movlcirc@bccls.org for login information to access this resource remotely. Please check our website and social media pages for updates as we are constantly providing new virtual services.

Montvale Recreation Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking adult or high school volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Christmas Tree Lighting, the Spring Fling and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

Day in the Park

This year's event will take place on Saturday, September 9th from 4:00 pm - 9:00 pm on Memorial Drive with a rain date of Sunday, September 10. Residents can look forward to live music by the Rummies, inflatables games and rides, game trailers, food trucks and of course fireworks to end the night! If there are any non-profit organizations or resident volunteers who would like to be involved in Day in the Park, please email MontvaleRecreation@montvaleboro.org.

Golf Lessons

Memorial Fields near the Tennis Courts
1 Memorial Drive
Dates to be determined
Resident: \$115 Non-Resident: \$135

Come tee it up with TGA Premier Golf- we bring the golf course to you! Beginner and intermediate players will have a blast building their golf skills, learning about the rules and etiquette of the game, and exploring how academic concepts like gravity, spin, and force apply to golf through fun games and activities. We provide all the equipment! For more information contact: Kevin Rooney krooney@playtga.com or (201) 375-7406.

Tennis Lessons

Memorial Drive Tennis Courts
1 Memorial Drive
Dates to be determined
Resident Fee: \$115 Non-Resident Fee: \$135

TGA brings you tennis lessons for all ages and skill levels! Join this 6-week program to learn how to play, sharpen your skills or learn new strategies of play! All classes are 1 hour in length on either Tuesdays or Saturdays and all equipment is provided. For more information contact Christine Kostianis ckostianis@playtga.com or (917) 304-3986.

Field Use

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Loranger, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will not be issued if the application is incomplete. All organizations must receive an approved permit from Lisa Loranger prior to any field use.

THE DEADLINE FOR FALL (AUGUST-DECEMBER) FIELD USE APPLICATIONS WAS JUNE 1.

Applications submitted after June 1 will be processed once all previously submitted permits are fully processed. MontvaleRecreation@montvaleboro.org

The Way

Montvale Community Center Atrium

1 Memorial Drive

Tuesdays and Thursdays- Dates to be determined

6:00-7:00pm Kindergarten – Grade 4

7:00-8:00pm Grades 5 – 8

8:00-9:00pm High School and Adults

Resident Fee: \$120 Non-Resident Fee: \$180

Registration: Go to montvalerecreation.org or attend the first class with cash/check payment

“The Way” – The Art of Life, is the art of Self-Defense and Wisdom Living. It is the training of the Body, Soul, and Spirit for self-defense in the unarmed combat and daily healthy growth. Grow, get fit and learn to be disciplined while using the following qualities: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control.

Instructor: Mario Liriano; 5th Degree Black Belt and over 46 years of Martial Arts experience. Mr. Liriano has been teaching this program for over 18 years in Montvale and has produced many Black Belts (including his two daughters).

Tuesday Yoga

Montvale Community Center Atrium

1 Memorial Drive

Tuesdays 7:00-8:00 pm

4-week sessions- Dates to be determined

Resident Fee: \$40 (Only \$10/class!) Non-Resident: \$50

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Talkin' Baseball

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:00 pm in the Senior/Community Center Library. There is no fee for this program.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

Pickleball Court Badges

Badges must be obtained to use the pickleball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2023 season will become available starting January 3 at Borough Hall, 12 DePiero Drive, Monday-Friday, 8:30am-4:30pm.

FEES

<u>Residents</u>			<u>Non-Residents</u>	
Adult (Ages 13+)	FREE		Adult (Ages 13+)	\$25.00
Child (Ages 12 and younger)	FREE		Child (Ages 12 and younger)	\$15.00
Senior Citizens (62+)	FREE		Senior Citizens (62+)	\$10.00
Replacement Badge (1 per year max)	\$5.00		Replacement Badge (1 per year max)	\$5.00

Badges must be worn in a visible location at all times while on the pickleball courts. Individuals using the pickleball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Park Monitor, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

Basketball Court Badges

Badges must be obtained to use the basketball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2023 season will be available at Borough Hall, 12 DePiero Drive, Monday-Friday, 8:30am-4:30pm starting January 3.

FEES

<u>Residents</u>			<u>Non-Residents</u>	
Adult (Ages 13+)	FREE		Adult (Ages 13+)	\$25.00
Child (Ages 12 and younger)	FREE		Child (Ages 12 and younger)	\$15.00
Senior Citizens (62+)	FREE		Senior Citizens (62+)	\$10.00
Replacement Badge (1 per year max)	\$5.00		Replacement Badge (1 per year max)	\$5.00

Badges must be worn in a visible location at all times while on the basketball courts. Individuals using the basketball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

Tennis Court Badges

Each year residents who wish to use the courts must register to receive their new access card.

Badges for the 2023 season, which runs from March 1 - December 31, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

There will be a \$10 fee for replacement badges

The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.

<u>Residents</u>			<u>Non-Residents</u>	
Adult	\$30.00		Adult	\$60.00
Child/Student (Ages 17 and younger)	\$10.00		Child/Student (Ages 17 and younger)	\$20.00
Household Maximum	\$50.00		Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE		Senior Citizens (62 & Over)	\$10.00



MONTVALE POLICE DEPARTMENT PRESENTS



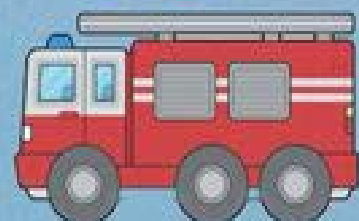
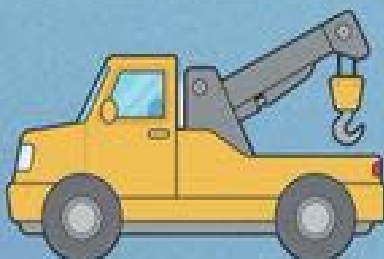
FREE!



TOUCH-A-TRUCK

WEDNESDAY, AUGUST 16th
MEMORIAL DRIVE, MONTVALE NJ

3PM-6PM



Montvale

Chamber of Commerce



NEWSLETTER

JOIN US

The Montvale Chamber is always looking for new members & fresh ideas!

Board Meetings 1st Wednesday of Every Month at 4pm at Borough Hall

Chamber Co-Presidents

Scott L. Forman, CrossCountry Mortgage
Steven Fox, Janney

Vice Presidents

Tom Davey, Davey's Locker
Tom Chapman, Tom A Chapman DMD

Secretary

Thomas Hartel, John M. Hartel Co.

Treasurer

George Varghese, Lifeline Urgent Care

Board Members

Linda Mitchell, Massage & Whole Body Health
Paul Jordan, Wegmans Market
R. Lorraine Hutter, Borough of Montvale
Ron Laurent, CrossCountry Mortgage
Amy Debellis, Sotheby's Real Estate
Doris Sutich, Perfect Limo

- ✓ **NETWORKING**
- ✓ **SUPPORT LOCAL BUSINESS**
- ✓ **GROW YOUR BUSINESS**
- ✓ **LIASON TO LOCAL GOVT**



Learn more about the Chamber on our website
WWW.MONTVALECHAMBER.COM