# The Borough of Montvale

#### Sign up for monthly email delivery of the newsletter

A look at the Community, including upcoming events, important notices, meetings, and more.

Montvale.org/Subscribe



#### 9/11 Ceremony

Join Mayor Ghassali & The Borough Council for memorial service & candle lighting on Monday 9/11 at 7pm

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I hope you had an enjoyable summer and getting ready for the fall and winter activities. I have been actively involved with the Mayor's Wellness Campaign, and met many of you during these events. I will also be starting the Walk with the Mayor program again on Saturday mornings starting on September 23rd at 9AM. Meeting location will be at borough hall front door

and will walk along the Wegman's path. I hope you find the time to join me on these walks.

We have been actively working with Veolia water company on a location for a new water tank installation. It will likely take approximately two years to have the water tank approved and installed, which should resolve many of the water pressure issues for both the west and east side of town.

I am also excited to share with you that we are close to finishing the process to acquire the DePerio property on Craig Road and making it a town asset for future use for our residents to enjoy. As we get closer to making the decision on the use, I will let you know immediately. My preference (and it is shared by all the council members), is to keep it as a farm and to involve the community with a community garden on site and a working farm at the same time.

### The Mayor's Corner

Finally, I would like to bring to your attention a warehouse project that is being proposed in the Village of Chestnut Ridge, directly on the border of Montvale, north of Spring Valley Road and immediately adjacent to the Alexa townhouses in Montvale. I have been in direct contact with the mayor of Chestnut Ridge Village, and I will



Mayor Mike Ghassali be

testifying during their next planning board meeting with opposition to this plan based on traffic and narrow roadways constraints, and the negative impact a warehouse operation would bring to not only New Jersey residential units but also to New York's upcoming residential units directly across from the proposed warehouse structure. The developer has been arguing that the truck traffic will operate northbound toward the Thruway and that trucks will not travel southbound on Spring Valley Road (a county road). I don't believe there is any way that this is accurate.

Of course, the Borough of Montvale has no jurisdiction outside of its borders, but we do maintain a courteous and a neighborly relationship with Chestnut Ridge Village and have several mutual aid agreements with the Village. Mayor Rosario Presti and I met and spoke several times about this project and other ongoing projects. We worked together in the past on other local issues pertaining to our towns, and we continue to keep the line of communication open. I will keep you posted as this application progresses.

Mayor Mike Ghassali

### **Montvale Police Department**

The annual 9/11 ceremony will take place at 7:00PM in front of the Montvale Firehouse. We hope you can join us. I hope everyone had a great Summer-even if it seemed too short. The first day of Pascack Hills High School will be August 31st, and the first day of Memorial and Fieldstone School's will be September 5th, so please drive carefully.

Chief Doug McDowell

# **Attention All Registered Voters**

As a result of having new digital voting machines, it is beneficial to have all districts in one location, therefore district 4 will be moved from borough hall to the senior community center starting with the upcoming general election on November 7th, 2023.

All districts will now vote at the senior community center.

#### It's a Sign!

Have you been looking for new ways to advertise your local business around town? Well, it's a sign! The Borough of Montvale has just introduced a new sign sponsorship program for local businesses. For the relatively-modest cost of \$600, you can sponsor new "Welcome to Montvale" sign to be placed at one of the many highly-visible entrances to the Borough. This is a great opportunity to partner with the Borough, help beautify our community, and provide high-visibility advertising for your business. Additional details about the program, including the application form, are available on the Borough website, www.montvale.org, and can be requested directly from cmanhart@montvaleboro.org.



# **Curbside Collection This Month**

Mon	Tue	Wed	Thu	Fri
28	29	30	31	1
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	East Zone Trash Pickup	Yard Waste
			Recycling: Districts 1&2	
4	5	6	7	8
	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Yard Waste
	East Zone Trash Pickup			
11	12	13	14	15
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Yard Waste
18	19	20	21	22
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Yard Waste
25	26	27	28	29
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Yard Waste

# **Memorial Day Parade**

 $\star \times \star$ 

MONTVALE

# REMEMBER HONOR

# 9/11 MEMORIAL SERVICE CANDLE LIGHTING

# MONDAY SEPTEMBER 11, 2023 7PM - MEMORIAL DRIVE





# JOIN US FOR

# DAY IN THE PARK

# 9 SEPTEMBER

STARTS AT 4:00PM FIREWORKS AT DUSK

FREE ENTRY LIVE MUSIC: THE RUMMIES

# ACTIVITIES

RIDES, GAME TRAILERS, FOOD TRUCKS, AND BOCCE TOURNAMENT

RAIN DATE: 10 SEPTEMBER

INTERESTED IN VOLUNTEERING? EMAIL MONTVALERECREATION@MONTVALEBORO.ORG

# **September 2023 Montvale Senior Club Activities**

#### Monday

- Healthy Bones 10:00am-11:15am HARP 551-996-2038
- Chair Exercises 11:00am-12:00pm (video tape) Micki Keller -201-669-9935 Rani Moraine 201-930-8950
- Mahjong 1:30pm-3:30pm Kitty Stern 201-802-0997

#### Tuesday

- Bocce/ games (co-ed) 10:00am-12:00pm John Rotante -201-391-4194 Vinnie Alfano 551-427-8143
- Canasta 1:00pm-3:00pm Fran Ohayon 201-391-4272
- Tai Chi 1:30pm-2:15pm Lisa Dent -201-391-5700-ext.251

#### Wednesday

- Bocce (coed) 10:00am-12:00pm John Rotante 201-391-4194
- Chair Exercises 11:00am-12:00pm Micki Keller 201-669-9935 Rani Mooriani 201-930-8950
- Mexican Train/ Cards 1:30pm 3:30 pm Louise & George Boothby 201-476-1319

#### Thursday

- Pickleball 8:00am 10:00am Kurt Birkenmaier 201-574-3020
- Savory Seniors September 28 11:30am 2:00pm

#### Friday

- Bocce- (women) 10:00am 12:00pm Pat Casciano- 201-307-9685
- Chair Exercises 11:00am-12:00pm Rani Mooriani- 201-930-8950
- Bocce (men) 1:00pm 3:00pm John Rotante 201-391-4194
- Games/Cards/ Rummikub "5 Crowns" 1:30pm 3:00pm Dianne Carfora 201-314-0141

#### **Upcoming Trips**

- September 13 Resorts Casino Trip Casino, lunch, show, & \$25 play money Dianne Carfora 201-314-0141
- October 30 Villa Roma Resort food, activities and show \$62.00 pp Dianne Carfora 2 01-314-0141

Still openings to sign up ... Checks due at the September meeting. Make checks out to Montvale Senior Club Over-night trips - Rosemarie Kelly 201-391-8718

- 10/9-12 3 night stay Castles of NY trip
- 11/27-29 2 night stay Sight and Sound Christmas Show in Lancaster, Pa.

#### **Monthly Activities**

- Senior Club Business Meeting Sept. 7 12:00pm 2:00pm
- Book Club Thursday, Sept. 14 12:30pm The book this month is: "Lessons in Chemistry" by Bonnie Garmus Ree Hopper-201-391-7386 Linda Queller – 201-505-4850
- Bingo / Pizza Sept. 8 5:00pm 7:00pm (\$8.00) Micki Keller 201-669-9935 Jodi Miller 551-427-4581
- Senior Club Social Thursday, Sept. 21 11:30am-3:30pm Seniors Barbeque Good Eats!!
- Gym Open Monday Wednesday Friday 8:00am-12:00pm Bob Daley 201-307-0393 Werner Hahnemann. 201-391-8399
- Our nurse will be visiting us on the first Monday and the first Thursday for blood pressure readings.

# **Montvale Fire Department**



Scan here for details and registration:

🛞 Mike's Poker Tables



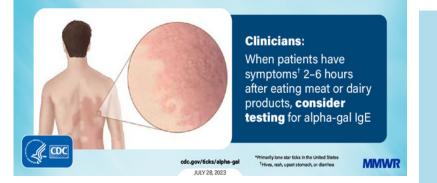
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# **Board of Health**

# Alpha-Gal Syndrome (AGS)



# Have you Alpha-gal syndrome is an allergy to heard? red meat associated with tick bites\*



The Centers for Disease Control and Prevention (CDC) has released two publications describing the geographic distribution of Alpha-gal Syndrome (AGS), an emerging and potentially life-threatening allergic condition.

#### Alpha-gal can be found in meat (such as pork, beef, rabbit, lamb, and venison) and products made from mammals (including gelatin, cow's milk, and milk products).

The CDC also reports that between 2010-2022, there were more than 110,000 suspected cases of AGS. However, because the diagnosis requires a positive diagnostic test and a clinical exam, as many as 450,000 people might be affected by AGS in the United States.

Reactions may vary from person to person, ranging from mild, severe, and life-threatening.

Symptoms can include but are not limited to:

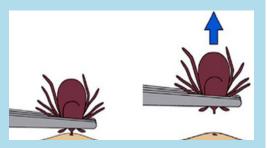
- Hives or itchy rash.
- Nausea or vomiting.
- Heartburn or indigestion.
  - Diarrhea.
- Cough, shortness of breath, or difficulty breathing. • Drop in blood pressure.
  - Swelling of the lips, throat, tongue, or eyelids.
    - Dizziness or faintness.
    - Severe stomach pain.

\*If you think you have been exposed to AGS, it's strongly recommended to discuss this with your primary care provider. Please seek immediate emergency care if you are having a severe allergic reaction.

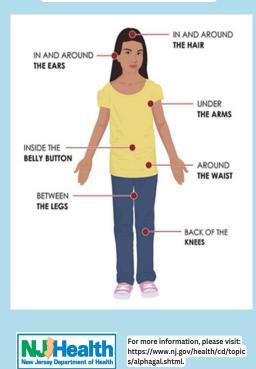




#### How to Properly Remove a Tick:



#### Where to Check for Ticks:



#### **Bergen County Meals on Wheels**

Servicing approximately 31 towns, Bergen County Meals on Wheels delivers nutritious meals directly to the homes of individuals and families who are unable to prepare their own meals and/or cannot shop for food. To determine your eligibility to participate in the program, please request to fill out an application by calling 201-336-7420.

# Montvale Library Virtual Programs – September 2023

Please check our website www.monvalelibrarynj.org for more updates. Don't forget to follow us on Facebook, and Instagram.

# **Friends of the Library**

The Friends of the Montvale Library will have their next meeting on Thursday, Sept. 7th at 7:30pm in the activity room. We are looking for new members to help with a special fundraising/ community event that we plan to hold sometime during winter. We are looking for volunteers and donations from local businesses and families in the form of prizes to be raffled. Ideas and suggestions are welcome! Please visit the Friends website www.montvalelibrarynj.org/friends or email Bombace@montvale.bccls.org for more information.

### **Montvale Library - Adult Programs**

Please visit www.montvalelibrarynj.org/calendar to register for any of the programs listed below unless noted otherwise.

September 11, 2023 at 12:00 p.m. Library Activity Room Monday Afternoon Book Club The Monday Afternoon Book Club meets on the 2nd Monday of every month at 12:00pm. This month we will be reading The Measure, by Nikki Erlick. This program will take place in the Library Activity Room.

September 15, 2023 at 11:30 a.m. Library Activity Room Cancer 101: An Open Conversation

Join us for this informative presentation. Attendees will learn about the primary causes of cancer, cancer stages, most common types of cancer, treatment, and cancer prevention. Presented by CrossRoads4Hope. This program will take place in the Library Activity Room.

September 18, 2023 at 7:00 p.m. Montvale Council Chambers Policing in the 1980's in Times Square Twenty-six-year decorated Port Authority Policeman Mitch Rosen takes us back to policing in the 1980's, before computers, cell phones, and high-tech equipment. Mr. Rosen will share his on-the-job experiences

before computers, cell phones, and high-tech equipment. Mr. Rosen will share his on-the-job experiences patrolling New York City. This program will take place in the Montvale Council Chambers.

September 25, 2023 at 7:00 p.m.

Library Activity Room

Cruising: Making Waves & Sense

Join us for a detailed breakdown of what goes into a successful cruise vacation, from start to finish. Talking points include embarkation/disembarkation, documentation, the virtual safety/muster drill, passenger health, onboard dining, transportation, and duty-free shopping. This program will take place in the Library Activity Room.

### **English as a Second Language**

Volunteer to teach English as a second language- Transform lives in your community!

Literacy Volunteers of Pascack Valley is offering an online Tutor Training Workshop on August 1st, 8th, 15th and 22th 7:30pm-9pm. This 4-night workshop will be via zoom and tutoring can be either online or in person at your library.

If you have any questions or would like to sign up for the workshop, please email: literacyvolunteerspv@ gmail.com or submit a form at https://www.literacyvolunteerspv.org/tutor-training-workshop-form.html

If you have any questions or would like to become a student or a tutor, please inquire with the ESL manager, therese.jones@montvale.bccls.org or email: literacyvolunteerspv@gmail.com or submit a form at https/www.literacy volunteers.org/tutor-training-workshop-form.html.

### **Upcoming Book Groups**

Interested in joining our Monday afternoon book club? We meet in the activity room on the 2nd Monday of every month. They will be meeting on Monday, September 11th and discussing The Measure by Nikki Erlick. This program will take place in the Library Activity Room. Books are available at the circulation desk. Please email Bombace@montvale.bccls.org if you would like to attend or pick up a book.

Montvale Cookbook Supper Club will meet on Monday, September 18th, 2023 at 6:30pm. They will be reading and cooking from The Fresh Eggs Daily Cookbook, by Lisa Steele. Please register via our website calendar if you plan to attend. If you have any questions, please email Therese.Jones@montvale.bccls.org. This program will take place in the Library Activity Room.

# **Children's Department**

Be a Smart Cookie and Get a Library Card

September is a Get-A-Library-card month! In celebration of this, children who come into the library for their first library card will earn a special treat!

#### Musical Munchkins- Sept. 19th @ 10:30

Musical Munchkins is back to lead your little ones in song, fun, and with friends! Join us! Registration is required and space is limited.

#### Yoga Littles Storytime- Sept. 14 & 28 @ 11:00 am

Join us with Bozza Yoga Littles and enjoy creative yoga poses, movements, and storytime fun! Come, meet friends, and improve hand-eye coordination and motor skills through yoga! This class is for children aged 18 mths- 4 years. Registration is required for each class.

#### Sensory Storytime - September 21st @ 10:30

Ms. Camille from Endless Imagination will be here to inspire creativity and imagination through stories and unique sensory bins! Each sensory bin is filled with thematic materials and supports language, motor skills, and fun! Join us on September 21st @ 10:30 am. This is for children ages 2-4 with a grown-up. Space is limited and registration is required.

#### **Museum Passes**

Please check out our website https://www.montvalelibrarynj.org/museum-passes for updated information about how to obtain passes for the following museums:

Storm King, Guggenheim, Intrepid, and the American Museum of Natural History. Museum passes for the Intrepid and the American Museum of Natural History provided by the Friends of the Library.

#### **eBooks and Other Online Materials**

The Montvale Library subscribes to Kanopy, a streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to https://www.hoopladigital.com/ or download the free Hoopla app and log in with your library card number (the 14 digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org.

Ancestry is now available to Montvale Patrons at home! Please email movlcirc@bccls.org for login information to access this resource remotely. Please check our website and social media pages for updates as we are constantly providing new virtual services.

# Montvale Recreation Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking adult or high school volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Christmas Tree Lighting, the Spring Fling and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@ montvaleboro.org for more information.

#### **Day in the Park**

This year's event will take place on Saturday, September 9th from 4:00 pm - 9:00 pm on Memorial Drive with a rain date of Sunday, September 10. Residents can look forward to live music by the Rummies, inflatables games and rides, game trailers, food trucks and of course fireworks to end the night! If there are any non-profit organizations or resident volunteers who would like to be involved in Day in the Park, please email MontvaleRecreation@montvaleboro.org.

#### **Adult Co-Ed Soccer**

Fieldstone Middle School- Field #2 47 Spring Valley Road Sundays 5:00 pm - 7:00 pm August 27 – October 29 Resident Fee: \$15 Non-Resident: \$20

This 10-week program is a great way to get back into the game of soccer! There will be co-ed pick-up style games played every Sunday evening. Participants must be 18 years or older. Registration is open and ongoing for this program, but it is only online (Montvale.org/recreation) or at Borough Hall (during operating hours). You will not be able to register at any of the classes for this program. Please call 201-391-5700 ext. 251 with any questions.

#### **30+ Basketball**

Memorial School Gymnasium Mondays 8:00 -10:00 pm September 18 – June 17 Resident Fee: \$75 Non-Resident (if space permits): \$95 OPEN Registration: Attend a class to register by cash or check at any point Sept - May

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball.

### **Golf Lessons**

Memorial Fields near the Tennis Courts 1 Memorial Drive Beginning September 11 Resident: \$115 Non-Resident: \$135

Come tee it up with TGA Premier Golf- we bring the golf course to you! Beginner and intermediate players will have a blast building their golf skills, learning about the rules and etiquette of the game, and exploring how academic concepts like gravity, spin, and force apply to golf through fun games and activities. We provide all the equipment! For more information contact: Kevin Rooney krooney@playtga.com or (201) 375-7406.

#### **Golf Schedule**

SESSION	START DATE	START TIME	CLASSES
Grades K-2	September 11	4:00 PM	6 Classes
Grades 3-6	September 11	5:00 PM	6 Classes

#### **Tennis Lessons**

Memorial Drive Tennis Courts 1 Memorial Drive Beginning September 12 Resident Fee: \$115 Non-Resident Fee: \$135

TGA brings you tennis lessons for all ages and skill levels! Join this 6-week program to learn how to play, sharpen your skills or learn new strategies of play! All classes are 1 hour in length on either Tuesdays or Saturdays and all equipment is provided. For more information contact Christine Kostianis ckostianis@ playtga.com or (917) 304-3986.

#### **Tennis Schedule**

SESSION	START DATE	START TIME	CLASSES
Tue: Gr. K-2	September 12	4:30 PM	6 Classes
Tue: Gr. 3-5	September 12	5:30 PM	6 Classes
Sat: Gr. K-3	September 16	12:00 PM	6 Classes
Sat: Gr. 4-8	September 16	1:00 PM	6 Classes
Sat: Adults	September 16	2:00 PM	6 Classes

### **Talkin' Baseball**

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:00 pm in the Senior/Community Center Library. There is no fee for this program.

www.Montvale.org



201-391-5700

Newsletter Layout by Flanagan Productions | Content by The Borough of Montvale

**12 Mercedes Drive** 

The Borough of Montvale

# **The Way**

Montvale Community Center Atrium 1 Memorial Drive Tuesdays and Thursdays- Beginning September 26 6:00-7:00pm Kindergarten - Grade 4 7:00-8:00pm Grades 5 - 8 8:00-9:00pm High School and Adults Resident Fee: \$120 Non-Resident Fee: \$180 Registration: Go to montvalerecreation.org or attend the first class with cash/check payment

"The Way" – The Art of Life, is the art of Self-Defense and Wisdom Living. It is the training of the Body, Soul, and Spirit for self-defense in the unarmed combat and daily healthy growth. Grow, get fit and learn to be disciplined while using the following qualities: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control.

Instructor: Mario Liriano; 5th Degree Black Belt and over 46 years of Martial Arts experience. Mr. Liriano has been teaching this program for over 18 years in Montvale and has produced many Black Belts (including his two daughters).

# **Tuesday Yoga**

Montvale Community Center Atrium 1 Memorial Drive Tuesdays 7:00-8:00 pm 4-week sessions- Dates to be determined Resident Fee: \$40 (Only \$10/class!) Non-Resident: \$50

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

# **Field Use**

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Loranger, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will not be issued if the application is incomplete. All organizations must receive an approved permit from Lisa Loranger prior to any field use.

THE DEADLINE FOR FALL (AUGUST-DECEMBER) FIELD USE APPLICATIONS WAS JUNE 1.

Applications submitted after June 1 will be processed once all previously submitted permits are fully processed.

MontvaleRecreation@montvaleboro.org

**Contact:** 

201-391-5700

www.Montvale.org

The Borough of Montvale **12 Mercedes Drive** 

# Pickelball Court Badges

Badges must be obtained to use the pickleball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2023 season will become available starting January 3 at Borough Hall,12 DePiero Drive, Monday-Friday, 8:30am-4:30pm.

FEES				
<u>Residents</u>			Non-Residents	
Adult (Ages 13+)	FREE		Adult (Ages 13+)	\$25.00
Child (Ages 12 and younger)	FREE		Child (Ages 12 and younger)	\$15.00
Senior Citizens (62+)	FREE		Senior Citizens (62+)	\$10.00
Replacement Badge (1 per year max)	\$5.00		Replacement Badge (1 per year max)	\$5.00

Badges must be worn in a visible location at all times while on the pickleball courts. Individuals using the pickleball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Park Monitor, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

### **Basketball Court Badges**

Badges must be obtained to use the basketball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2023 season will be available at Borough Hall, 12 DePiero Drive, Monday-Friday, 8:30am-4:30pm starting January 3.

FEES				
<u>Residents</u>		Non-Residents		
Adult (Ages 13+)	FREE	Adult (Ages 13+)	\$25.00	
Child (Ages 12 and younger)	FREE	Child (Ages 12 and younger)	\$15.00	
Senior Citizens (62+)	FREE	Senior Citizens (62+)	\$10.00	
Replacement Badge (1 per year max)	\$5.00	Replacement Badge (1 per year max)	\$5.00	

Badges must be worn in a visible location at all times while on the basketball courts. Individuals using the basketball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Municipal Employee, etc.) to verify au-thorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

### **Tennis Court Badges**

Each year residents who wish to use the courts must register to receive their new access card.

Badges for the 2023 season, which runs from March 1 - December 31, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

There will be a \$10 fee for replacement badges

The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.

Residents		Non-Residents	
Adult	\$30.00	Adult	\$60.00
Child/Student (Ages 17 and younger)	\$10.00	Child/Student (Ages 17 and younger)	\$20.00
Household Maximum	\$50.00	Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE	Senior Citizens (62 & Over)	\$10.00





# **Chamber of Commerce**

# Join

NEWSLETTER

#### Board Meetings 1<sup>st</sup> Wednesday of Every Month at 4pm at Borough Hall

#### **Chamber Co-Presidents**

Scott L. Forman, CrossCountry Mortgage Steven Fox, Janney

#### **Vice Presidents**

Tom Davey, Davey's Locker Tom Chapman, Tom A Chapman DMD

#### Secretary

Thomas Hartel, John M. Hartel Co.

#### Treasurer

George Varghese, Lifeline Urgent Care

#### **Board Members**

Linda Mitchell, Massage & Whole Body Health Paul Jordan, Wegmans Market R. Lorraine Hutter, Borough of Montvale Ron Laurent, CrossCountry Mortgage Amy Debellis, Sotheby's Real Estate Doris Sutich, Perfect Limo



The Montvale Chamber is always looking for <u>New Members</u> & Fresh Ideas!

✓ NETWORKING

- ✓ SUPPORT LOCAL BUSINESS
- ✓ GROW YOUR BUSINESS
- ✓ LIASON TO LOCAL GOVT





Learn more about the Chamber on our website WWW.MONTVALECHAMBER.COM