

PRESIDENT John Rotante
201-391-4194-home
201-819-0553-cell

MONTVALE SENIOR CALENDAR
APRIL 2023

ATTENDANCE:
DIANNE CARFORA 201-314-0141

GYM OPEN: MON-WED-FRI
8:30AM-12:00NOON

KITCHEN:
Vince Alfano -551-427-8143
Eric Lehmann, Vic Sutera

April 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apr 3 <div>10:00am 11:15am Healthy Bones</div> <div>11:00am 12:00pm Chair Exercise</div> <div>1:30pm 3:30pm Mah Jongg</div>	4 <div>10:00am 12:00pm Bocce co-ed</div> <div>1:00pm 3:00pm Canasta</div> <div>1:30pm 2:15pm Tai-Chi</div>	5 <div>10:00am 12:00pm bocce co-ed</div> <div>11:00am 12:00pm chair exercise</div> <div>1:30pm 3:30pm Mexican Train</div>	6 <div>8:00am 10:00am Pickleball</div> <div>12:00pm 2:00pm Business Mtg.</div> <div>12:00pm 1:30pm Nurse</div>	7 <div>11:00am 12:00pm Chair Exer</div>
10 <div>10:00am 11:15am Healthy Bones</div> <div>11:00am 12:00pm Chair Exercise</div> <div>1:30pm 3:30pm Mah Jongg</div>	11 <div>10:00am 12:00pm Bocce co-ed</div> <div>1:00pm 3:00pm Canasta</div> <div>1:30pm 2:15pm Tai-Chi</div>	12 <div>10:00am 12:00pm bocce co-ed</div> <div>11:00am 12:00pm chair exercise</div> <div>1:30pm 3:30pm Mexican Train</div>	13 <div>8:00am 10:00am Pickleball</div> <div>12:30pm 1:30pm Book Club OA World of Curiosities by Louise Penny</div>	14 <div>11:00am 12:00pm Chair Exer</div> <div>1:30pm 3:30pm Ladies Games</div> <div>5:00pm 7:30pm Bingo</div>
17 <div>10:00am 11:15am Healthy Bones</div> <div>11:00am 12:00pm Chair Exercise</div> <div>1:30pm 3:30pm Mah Jongg</div>	18 <div>10:00am 12:00pm Bocce co-ed</div> <div>1:00pm 3:00pm Canasta</div> <div>1:30pm 2:15pm Tai-Chi</div>	19 <div>10:00am 12:00pm bocce co-ed</div> <div>11:00am 12:00pm chair exercise</div> <div>1:30pm 3:30pm Mexican Train</div>	20 <div>8:00am 10:00am Pickleball</div> <div>12:00pm 2:00pm Senior Social Luncheon</div>	21 <div>10:00am 11:30am ladies bocce</div> <div>11:00am 12:00pm Chair Exer</div> <div>1:30pm 3:30pm Ladies Games</div>
24 <div>10:00am 11:15am Healthy Bones</div> <div>11:00am 12:00pm Chair Exercise</div> <div>1:30pm 3:30pm Mah Jongg</div>	25 <div>10:00am 12:00pm Bocce co-ed</div> <div>1:00pm 3:00pm Canasta</div> <div>1:30pm 2:15pm Tai-Chi</div>	26 <div>10:00am 12:00pm bocce co-ed</div> <div>11:00am 12:00pm chair exercise</div> <div>1:30pm 3:30pm Mexican Train</div>	27 <div>8:00am 10:00am Pickleball</div> <div>11:30am 1:30pm Savory Seniors</div>	28 <div>11:00am 12:00pm Chair Exer</div> <div>1:30pm 3:30pm Ladies Games</div>

MAHJONG: KITTY STERN 201-802-0997
CANASTA: FRAN OHAYON 201-391-4272
BOCCE/Game Day: JOHN ROTANTE 201-391-4194
Pizza & Bingo: Jodi Miller 551-427-4581 & Micki Keller 201-669-9935
Chair Exercise:-Rani Moorjani 201-930-8950 Micki Keller 201-669-9935

TRANSPORTATION
MONTVALE VAN 201-391-5700 X225

BOOK CLUB: REE HOPPER 201-391-7386
Linda Queller 201-505-4850
MEX TRAIN/CARDS-GEORGE&LOUISE BOOTHY 201-476-1319
Ladies Bocce/Cards Dianne 201-314-0141
DAY TRIPS: Dianne Carfora 201-314-0141 /Jane Green
Overnight Trips Rosemarie Kelly 201-391-8718