

MyMontvale

THE OFFICIAL NEWSLETTER OF THE BOROUGH OF MONTVALE

MyMontvale is produced monthly by
Pascack Valley Community Life.
www.northjersey.com/pascackvalley

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SPRING IS IN THE AIR!



PHOTO/THINKSTOCK

With warm temperatures right around the corner, Police Chief Jeremy Abrams urges residents to use caution while driving. Give ample room to the other users of the roadways and beware children at play.

The Recreation Department's spring schedule will soon be in full swing, highlighted by tennis lessons taught by Bill Bess of Tennis Dynamics. Residents should mark their calendars appropriately for this year's Day in the Park, scheduled for Saturday, June 18, and be

mindful of summer camp registration, which takes place Wednesday, May 4, and Friday, May 6, at Memorial School. Camp activities will include bowling at Montvale Lanes, swimming at the Montvale Swim Club, guest entertainers and arts and crafts.

Seniors are encouraged to check out the goings-on at the Montvale Senior Club, which will include a day trip to Botanical Gardens planned for April.

MONTVALE PUBLIC LIBRARY

MARCH SPOTLIGHT

FROM THE ADULT DEPARTMENT:

WHAT: "Googling!"

WHEN: Afternoon and evening classes March 28-31.

INFO: Register now by phone or inperson.

FROM THE CHILDREN'S DEPARTMENT:

WHAT: "Chemistry in the Kitchen"

WHEN: Thursday, March 24 at 4 p.m.

INFO: For first graders and older. Register in person; there is a \$2 non-refundable materials fee due at registration.

LOOKING AHEAD TO APRIL

ADULT DEPARTMENT:

"Ancestry.com Basics" - afternoon and evening classes April 25-April 28.

FOR INFORMATION ON LIBRARY SERVICES AND PROGRAMS

Visit the Montvale Library's website at montvale.bccls.org, email the Library at movlcirc@bccls.org, or telephone the Library at 201-391-5090. Stop by and visit us, too!

MAYOR'S MESSAGE MARCH

With winter almost behind us and all the snow melting and temperatures changing, expect potholes to begin showing up, especially after rain. When water seeps into cracks on the road's surface and is combined with the vibration of traffic it causes the asphalt to fail. The most common cause is the freeze/thaw cycle. The ice/snow melts during the day, filling cracks with water. At night the water freezes and expands, popping out the asphalt. The PVDPW is working diligently to fill as many potholes as they can. Please do your part and report potholes you see on your roads.

As part of our communication strategy, we will have a Town Hall meeting on March 31 at 7 p.m. at our Borough Hall to present updates to the public on key projects in town, detail the state of the Borough both financially and operationally and address all questions and issues. We will have our professionals on hand to address specific issues such as road improvements, taxes, our master plan and upcoming activities. Related to the communication strategy, we will update our website to be more intuitive and functional with a much easier accessibility to timely information.

I have been spending much of my time dealing with our corporate office buildings and their future in our town. Proactively, we introduced a new ordinance to create an Economic Growth and Retention Commission that will be actively seeking new tenants globally and working closely with current corporate tenants to ensure closed loop communication.

Why all the obvious focus on corporate tenants? The mega suburban office building of the 80s is not viable anymore. Companies are



Mike Ghassali
Mayor

restructuring their workplaces, reengineering and shrinking their real estate footprints. They no longer require the large space typically found in suburban office campuses. Landlords who were once capable of supporting a single tenant building now find themselves converting these buildings to multi-tenant use. Our challenge: increased real estate vacancy in Montvale and aggressive developers seeking to build high-density housing. These are the facts we are dealing with and we have to face the reality our landscape is changing. My promise is that the public will be informed and informed early enough to have a say in how our town will look in the next 5-10 years.

We also started a Mayor's Wellness Program. The credit goes to Councilwoman Leah LeMonica for introducing this program, and I am gladly supporting it. Once the weather warms up, we will set up a day in the week to walk around town with anyone who wants to walk with us. This gives us a chance to talk one on one with the residents and get to know everyone, all while walking and doing a good low-impact exercise. More to come on this. I look forward to this program.

These first three months in office have been very exciting and interesting. Meeting many residents and addressing their issues seems to increase my passion and feeling that I am making a difference. I sincerely appreciate all the well wishes and support; many residents offered to volunteer to work for the town and I will be reaching out to them in the next few weeks. Feel free to call me anytime at 201-927-8000, stop by the office on Tuesdays from 5 to 7 p.m. or, if you prefer during the day, call me and we can schedule a time.

MONTVALE POLICE DEPARTMENT

Hello Montvale:

As we head into April, the joggers, bicyclists and walkers will be out in full force again on our streets and sidewalks. Use caution while driving. Give ample room to the other users of the roadways. Beware of children at play as the weather warms.

Also as a reminder, home and business burglar alarms must be registered with the police department. You can download a registration form on the borough website, www.montvale.org, or pick one up at the police station. You can also download Vacant Home Registration and Firearms Permit forms and connect to the Orange and Rockland Street Light repair via a link on



the website.

We have had more thefts from autos of unlocked cars in driveways. LOCK your cars when not in them and do not leave the starter fobs in the car.

Credit card fraud victims have been popping up all over the area. It is impossible to prevent all credit card information theft, but there are steps you can take to minimize the risk or limit the damage.

- Delete cookies and auto-fill data when you visit web pages.
- Only use your card on trusted websites.
- Use reliable, updated anti-virus and anti-spam software. Do not use websites that your software tries to reject.
- Regularly monitor your credit card statement for any unauthorized payments. Many unauthorized payments may be for small amounts of money – it may be an attempt to see if a payment gets through or the thief may hope you don't notice. Some payments may be to a service that the thieves hope you will be uncomfortable confronting, like a massage parlor or pornography website. Other payments may go to what appears to be a religious or medical charity the thieves hope you will not want to contest. In every case of an unauthorized payment contact your bank and credit card company to stop the payment.

Stay safe,
Chief Jeremy Abrams

LOCAL ASSISTANCE

There is a need for the following items:

- Canned fruit
- Cereal
- Toothpaste and toothbrushes

If anyone would like to donate their time for two hours per month at the Pascack Food Center, please call Kathie at 201-307-0534.

Many thanks for your continued generosity!

Kathie Bowen
Public Assistance Director

MONTVALE RECREATION DEPARTMENT

ADULT PROGRAMS:

30+ BASKETBALL

This program is for men and women 30 years of age and older and held on Monday evenings from 8 to 10 p.m. in the Memorial School gymnasium. The pick-up game style program began in September and will continue through May 2016. Fee: \$75 for residents; \$95 for non-residents if space permits.

HATHA YOGA

Yoga will increase flexibility, physical strength and energy. Yoga will also improve concentration, emotional stability and the ability to relieve stress through relaxation. Two one-day/week classes will be offered in the Recreation Center. The first class will meet Monday evenings from 7:30 to 8:30 p.m., beginning March 21. The second class will meet Friday mornings from 9:30 to 10:30 a.m., beginning April 1. Registration will take place on the first session of each class. Residents and non-residents 18 years of age or older are invited to participate. High School students may participate if registered by an adult. A mat or towel should be brought to each class. Fee: \$80 for residents; \$100 for non-residents for this eight-week class. Instructor: Debra Broadman.

TENNIS LESSONS

Looking to improve your tennis game? This program will be offered through the Montvale Recreation Department but taught by Bill Bess of Tennis Dynamics. Lessons will be taught for the beginner and the intermediate player. Instruction will be limited to a maximum of eight participants per group. Classes will be offered for kindergarten-adults. Two separate days of lessons will be offered independently of one another. The cost for the six-week program (one day/week) is \$80/person for residents and \$120/person for non-residents. Lessons will be given at the Memorial Drive tennis courts. Please note the courts will be reserved for lessons during the length of the program. Monday classes will begin on May 2. Saturday classes will begin May 7. Loaner rackets will be provided for those people who do not own their own racket but are interested in playing.

To register, please read TENNIS REGISTRATION below.

Monday's lessons

K-2nd grade, 4-5 p.m.
Grades 3-5, 5-6 p.m.
Grades 6-8, 6-7 p.m.
H.S. and adult, 7-8 p.m.

Saturday's lessons

K-2nd gr. & grades 3-5, 2-3 p.m.
K-2nd gr. & H.S. and adult beginner, 3-4 p.m.
Gr. 6-8 & H.S. and adult intermediate, 4-5 p.m.

TENNIS REGISTRATION

Register for your tennis pass (information below) and lessons (space permitting) at Borough Hall during normal business hours (8:30 a.m. to 4:30 p.m.) Please remember space is limited for each of the sections of lessons.

TENNIS REGISTRATION

A magnetic locking system is installed on the court gates of both the Memorial Drive and Chestnut Ridge tennis courts. This system has proven to be an effective way to reduce the number of non-regis-

tered people using our courts. Each year residents who wish to use the courts must register to receive their new access card.

Membership registration for the 2016 season, which runs from March 1 through Dec. 31, may be purchased at the Borough Hall during normal business hours beginning in March. The 2016 tennis fee schedule is:

CATEGORY	RESIDENT	NON-RESIDENT
Adult	\$30	\$60
*Student (14-18)	\$10	\$20
Family	\$50	\$100
Senior Citizen	FREE	FREE
*Students registering alone must register as an adult.		

ROUND ROBIN TENNIS

The courts are reserved for this program on Thursday evenings from 6 to 9 p.m. on Memorial Drive. All registered men and women are eligible to participate. There is NO FEE for this program. The program runs from mid May through the end of August. You may register for the round robin when you register for tennis passes and/or lessons. If the program is not running, the courts are open to all registered participants.

ADULT VOLLEYBALL

This program is for men and women 18 years of age and older. Adult volleyball will be held in the Memorial School Gymnasium "B" from 8 to 10 p.m. The program began in January and will be held on Tuesday evenings through May. Fee: \$50 fee for residents and \$75 for non-residents.

KID'S CORNER:

SEWING FOR FUN

Sewing is a fun-filled and exciting art that helps foster the creativity of young girls while teaching them to follow instructions and concentrate on a task. Sewing reinforces hand eye coordination, and develops fine motor and problem solving skills. Best of all, by designing and sewing their own creations, the girls will increase their confidence and self-esteem. Using the latest computerized sewing machines with three speed controls to accommodate the age and skill level of your future designers, the girls will discover the fun of sewing. The program culminates with a fashion show, where the girls can model their creations for parents and friends. The program will be held on Tuesdays beginning March 22. All classes are held at the Recreation Center. Fee for the eight-week class is \$80 for residents and \$100 for non-residents. There will be an additional \$30 for materials (paid separately) to the instructor. The instructor for this class is Mrs. Manrique.

TAEKWON-DO

TaeKwon-Do, the Korean art of self-defense, is the scientific use of the body through physical and mental training for self-defense in unarmed combat. Program will be offered two days/week for children in grades K-8. The K-4 grade class will be offered Tuesdays and Thursdays from 6 to 7 p.m. Classes begin Tuesday, March 22. The 5-8 grade class will be offered Tuesdays and Thursdays from 7 to 8 p.m. Classes

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2016 Community Dinner and Raffle

Friday April 1, 2016 at 6:30 PM

Fieldstone Middle School

Hosted by Montvale Boy Scout Troop 334



Come out and **JOIN YOUR COMMUNITY** for a fun filled evening of food, friends, music, a tricky tray raffle, and more! Dinner includes a full Pasta and Meatball entree including salad and fresh garlic bread. After dinner enjoy a dessert and coffee table, followed by the raffle. Prizes include Sports Tickets, a Sightseeing Flight over NYC for 3, and much more.

Tickets at the Door:

Adults: \$8.00, Seniors: \$7.00, Children: (under 12) \$6.00

Pre-Event Tickets: \$6.00 for All Ages

For Tickets or Information:

Phone:
201-802-0252

E-mail:
troop334mail@gmail.com

PO Box 641
Montvale, NJ 07645



Proceeds benefit Boy Scout Troop 334 – Sponsored by American Legion Post 153

MONTVALE SENIOR CLUB

Spring is in the air and members of the Montvale Senior Club are looking forward to our upcoming trips and activities. We invite all Montvale residents and prior residents to join us if you are 55 and over. As you know, we have a beautiful new facility located at One Memorial Drive in Montvale. Our business meeting is held on the first Thursday of the month and our social meeting is at noon on the third Thursday of the month. Our annual dues are only \$10 and we donate \$2 at meetings for our refreshments.

A day trip to the Botanical Gardens is planned for April and details will be available from Marie Dineen at 201-391-1831.

Our Senior Center is open Monday through Friday for exercise, card games, crafts and just socializing. As you know, we offer trips, chair exercises, elegant luncheons, entertainment, line dancing, pizza and bingo evenings, as well as interesting speakers with relevant topics aimed at seniors.

We have a beautiful facility where seniors can enjoy each other's company, make new friends and renew old acquaintances. A monthly calendar is prepared and available at the center listing all our activities. Stop in and pick one up. You can reach our president at Montvaleseniors@montvaleboro.org. Please plan on joining us at our next business meeting.



PHOTO/THINKSTOCK

RECREATION DEPARTMENT

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begin Tuesday, March 22. The program will be held in the Recreation Center. Fee for this 16-session class is \$120 for residents; \$180 for non-residents (space permitting). Registration held the first day of class. Instructor: Mario Liriano; 5th Degree Black belt.

UPCOMING RECREATION EVENTS

Day in the Park - June 18

If you are involved in a **non-profit organization**, and would be interested in having a table for your organization at Montvale's Day in the Park (where you can sell items or give information on your group), email us at montvalerecreation@ymail.com. Please include the following items in your email:

- Name of non-profit organization
- Your name and affiliation with the organization
- What you would like to sell (items must be approved by the Recreation Department so organizations do not sell the same items)
- Contact information (email and cell phone number)

SUMMER CAMP

Participation in this program is open to any Montvale resident who will be entering Grades 1-7 in September. Camp activities include bowling at the Montvale Lanes, swimming at the Montvale Swim Club, guest entertainers, arts and crafts and daily "special events." Registration for this program will be held on Wednesday, May 4, and Friday, May 6, from 3:15 to 4 p.m. at the Community entrance of Memorial School. Following those dates, you may register at the Borough Hall until June 15 during normal business hours. Although we do our best to keep camp open, in the event of severe inclement weather there is the possibility that we may have to close Camp.

DATES: June 27 through July 22

PLACE: Memorial School Complex

TIME: 9:30 AM - 12:30 PM (Mon. - Fri.)

RESIDENT FEE: \$200 per child (family max \$650)

NON-RESIDENT FEE: \$250 per child (family max \$800)

SUMMER CAMP COUNSELOR POSITIONS AVAILABLE

During the month of April, the Recreation Department will be looking to fill counselor positions for its Summer Recreation Camp. Counselors must be 14 years of age or older by June 24. Students must also be available to work the dates of June 24 through July 22, from 9 a.m. to 12:45 p.m.

Applications for these paid positions will be available at Borough Hall and the Pascack Hills H.S. Guidance Office on April 1. Interviews for these positions will be held on April 14 from 4:30 to 6:30 p.m., April 15 from 6 to 8 p.m., and April 16 from 9 to 10:30 a.m. at the Recreation Center.

The parks on Memorial Drive will be closed from 9:30 a.m. to 1 p.m. during summer camp season.

FIELD USE

Applications and Hold Harmless forms must be completed and returned to the Borough Hall Building Department, c/o Jeff Fette, with liability insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will be given according to availability.

CONGRESSMAN GARRETT'S OFFICE

Every second Thursday of the month, there will be a representative from the Hon. Scott Garrett's office at Borough Hall to address any concerns or questions you may have. Ani Sarajian will be here from 1 to 2:30 p.m. in Conference Room 1.

WWW.

MONTVALE CHAMBER

.com

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NJ Lenders Corp

STEVEN FOX
Morgan Stanley

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Fish Window Cleaning

R. Lorraine Hutter
Borough of Montvale

Get Ready for the Montvale Street Fair

🌸 **HOLD THE DATE** 🌸

Sunday June 5th - Montvale's Annual Street Fair

🌸 **Now Accepting Sponsorships for 2016 Street Fair** 🌸

"Be a Part of an Amazing Community Event that attracts People from all over the Region"

Over 20,000 people attended last year's Street Fair.

Sponsorships range from \$500 - \$10,000a *sponsorship for every level!*

For more information visit our web-site at www.MontvaleChamber.com

Over 20,000 people
attended last year's Street Fair



Business Breakfast Networking

April 13th 7:30 – 9:00

Davey's Restaurant

Kinderkamack Rd. Montvale



For more information visit our web-site at www.MontvaleChamber.com

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MONTVALE IN APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Local Mtg. Household Trash Recyclable Pickup Yard Waste Pickup	4 East	5 Central Planning Board Mtg. 7:30 p.m.	6 West	7 Districts 1, 2 Historic Preservation Mtg. 7:30 p.m. Yard Waste Pickup	8	9
10	11 East	12 Central Mayor & Council Mtg. 7:30 p.m.	13 West	14 Districts 3, 4 Yard Waste Pickup	15	16
17	18 East Environ. Committee Mtg. 7:45 p.m.	19 Central Planning Board Mtg. 7:30 p.m.	20 West	21 Districts 1, 2 Yard Waste Pickup	22	23
24	25 East	26 Central Mayor & Council Mtg. 7:30 p.m.	27 West	28 Districts 3, 4 Yard Waste Pickup	29	30

MONTVALE OFFICIALS

ADMINISTRATION

ADMINISTRATOR/MUNICIPAL CLERK

Maureen Iarossi-Alwan - miarossi@montvaleboro.org

MAYOR AND COUNCIL

MAYOR

Mike Ghassali (I) - mghassali@montvaleboro.org

COUNCIL PRESIDENT

Timothy E. Lane (R) - tlane@montvaleboro.org

COUNCIL

Rose Curry (R) - rcurry@montvaleboro.org

Dieter Koelling (R) - dkoelling@montvaleboro.org

Leah J. LaMonica (R) - llamonica@montvaleboro.org

Salvatore J. Talarico (R) - stalarico@montvaleboro.org

Michael Weaver (I) - mweaver@montvaleboro.org

CONTACT INFORMATION

MONTVALE BOROUGH HALL

12 Mercedes Drive, Montvale, NJ 07645

Phone: 201-391-5700

Visit www.montvale.org

MONTVALE BOARD OF HEALTH

REMEMBER TO LICENSE YOUR PETS

The Montvale Board of Health, in conjunction with Tyco Animal Control, would like to remind pet owners that all dogs and cats within the borough are required to obtain a license each year. Animal license forms can be found on the Montvale website, www.montvale.org or at Borough Hall.

License applications may be mailed or you can come in person to Borough Hall during normal business hours. Please bring rabies certificate with you at time of registration. In order to obtain a license your pet's rabies vaccine must be valid to Nov. 1, 2016. A neutered/spayed animal license is \$18, non-neutered/spayed \$21. Pet owners 55 years and old pay \$10.

Pet owners are reminded that an unlicensed animal is illegal in the Borough and could cause consequences to owners. A \$250 fine per Board of Health ordinance is possible.

Joyce Cohen

President

Montvale Board of Health

STIGMA-FREE ZONE

Montvale is proud to be a stigma-free zone promoting mental health awareness in our community.

Stigma is one of the main reasons adults and children do not seek treatment for mental disorders.

Let's eliminate the stigma in our community.

Leah LaMonica

Councilmember

Montvale 2016 Cleanup Day!

Saturday, April 23, 2016

9:00 AM to 12:00 PM

**ALL RESIDENTS YOUNG AND OLD ARE INVITED
TO HELP THE COMMUNITY GET READY FOR SPRING**



*Bergen County Clean
Communities Program*

We will start with **FREE Coffee/Juice and Bagels** before you set off with a group to clean a specific area in town. We will provide gloves and garbage bags. We invite **ALL RESIDENTS OF MONTVALE** to meet us at the Red Shed on Memorial Drive (near the ball fields) at 9:00 am and return to the shed with garbage bags around 12:00 pm

COME HAVE FUN WITH US!

This Event is being held with support from the following organizations:

- Montvale Environmental Commission
- Montvale Boy Scout Troop 334
- Montvale Cub Scout Troop 336
- Montvale Girl Scouts

For more information please contact Bob Hanrahan at:

PO Box 641 Montvale NJ
Phone: 201-286-4250

E-mail:
troop334chair@gmail.com

