



The Borough of Montvale

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newsletter

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A look at the Community, including upcoming events, important notices, meetings, and more.



Join us for our 19 annual tree lighting on Friday December 6 on Memorial Drive beginning at 7pm. Visit Montvale.org/tree for more information

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The Borough of Montvale will be closed on 12/25/2019 in observance of Christmas Day.

Curbside collection will take place on Thursday 12/26/19.

The Mayor's Corner

We had a fairly quiet November weather in the region as compared to last year, and we continue to be ready with equipment, supplies and personnel for what Mother Nature is going to bring our way this winter.

The work on the Magnolia Avenue bridge will commence in 2020 as planned, and meetings with residents around the bridge continue to ensure minimum inconvenience. The bridge needs to be replaced. Detours and additional school busing, and longer travel times will no doubt be frustrating, but it's for public safety and fixing a key traffic line, and updating our infrastructure. The bridge will be closed for about a year.

This month I had several meetings with companies that are looking to move to our town. I met with the Japanese Counsellor to discuss future opportunities for Japanese companies. I am hoping that in the next few months we can announce more businesses that choose to move to our town.

Please check out the various winter events in Montvale listed here in the

newsletter. Winter means snow is coming. High School students who would like to participate in the 3rd Annual Snow Angel Volunteer Program and earn community service hours, can contact Nevene Gayed at ngayed@montvaleboro.org. Snow Angels assist Montvale Senior residents and those with disabilities who need an extra hand in clearing snow from driveways or pathways. If interested, please visit our website, Montvaleboro.org, to complete the registration form along with the waiver and email to Nevene Gayed, ngayed@montvaleboro.org or drop off at Borough Hall.

Wishing everyone an amazing time with friends and family during the holidays, and as always, I am available should you need to discuss any matter.

Merry Christmas and Happy Hanukkah!

Mayor Mike Ghassali



Mayor Michael Ghassali

Montvale Police Department

This time of year we usually see an increase in residential burglaries. Please remember to leave lights on in and around your home when you are out. Lights with timers that come on at varying times are especially helpful, as are motion activated lights for the exterior of your home. If you are going away on vacation, please advise the Police Department so we may add your residence to our vacant home list. Wishing you and your family a happy and healthy Holiday season.



Chief Joseph Sanfilippo

Montvale Officials

Mayor

Mike Ghassali (R)
MGhassali@MontvaleBoro.org

Council President

Elizabeth Gloeggler (D)
EGloeggler@MontvaleBoro.org

Administrator / Municipal Clerk

Maureen Iarossi-Alwan
Miarossi@MontvaleBoro.org

Council

Douglas Arendacs (R)
DArendacs@MontvaleBoro.org

Rose Curry (R)
RCurry@MontvaleBoro.org

Dieter Koelling (R)
DKoelling@MontvaleBoro.org

Timothy E. Lane (R)
TLane@MontvaleBoro.org

Annmarie Russo-Vogelsang (R)
ARussovogelsang@MontvaleBoro.org

Meetings This Month

Mayor & Council

11/10 - 7:30 pm
11/30 - 7:30 pm

Planning Board

12/03 - 7:30 pm
12/17 - 7:30 pm

Environmental Commission

No Meeting

Board of Health

12/02 - 7:45

Library Board

12/12 - 7:30 pm

Historic Preservation

12/05 - 8:00pm

Trash & Recycling This Month

Mon	Tue	Wed	Thu	Fri
2 East Zone Trash Pickup	3 Central Zone Trash Pickup	4 West Zone Trash Pickup	5 Recycling: Districts 3&4	6
9 East Zone Trash Pickup	10 Central Zone Trash Pickup	11 West Zone Trash Pickup	12 Recycling: Districts 1&2	13
16 East Zone Trash Pickup	17 Central Zone Trash Pickup	18 West Zone Trash Pickup	19 Recycling: Districts 3&4	20
23 East Zone Trash Pickup	24 Central Zone Trash Pickup	25	26 Recycling: Districts 1&2 West Zone Trash Pickup	27
30 East Zone Trash Pickup	31 Central Zone Trash Pickup	1	2	3

From the Property Maintenance Office

Winter is upon us once again and it is very important that all property owners are aware that they are responsible for clearing sidewalks in front of their property within 12 hours of daylight after the snow has fallen thereon.

Hopefully, our winter will not be as snowy as last year's and we get a little bit of a break. But an early snowfall underscores the reason why we do not want leaves piled in the streets. An early snowfall along with piles of leaves make road clearing extremely difficult for the snow removal crews.

Kindly take the time now to clean up any leaves that may have accumulated in the street so you will be prepared for when the next storm approaches. By doing so, you will have one less item to think about and more time to devote to your more festive holiday events.

Happy holidays to all and best wishes for a healthy and prosperous new year.

FIRE DEPARTMENT NEWS



SANTA ARRIVES IN MONTVALE

Santa will arrive in Montvale on Christmas Eve and everyone is invited. Santa will arrive in the center of town via a fire truck down Kinderkamack Road to the park in town center at 6 p.m. delivering gifts to all good little boys and girls. Hope to see you there!

ANNUAL FUND DRIVE

The Fund Drive is still underway. If you have made a donation, we thank you. If you wish to contribute, please mail your donation to: The Montvale Fire Department, 35 West Grand Avenue, Montvale, NJ 07645. Thank you for your support.

HOLIDAY DECORATIONS

Make sure all holiday decorations are fireproof and all lights and wiring is UL Approved. If you have a cut tree in your home, keep it fully watered at all times. To maintain its freshness, do not place it close to a heating source.

FIRE SAFETY

Fire hydrants are not always visible when snow is piled high. It is extremely important that hydrants remain accessible throughout the year. Keep the hydrant on your property clear of snow and ice. In the event of an emergency, we will all be thankful you did.

**THE OFFICERS AND MEMBERS OF THE MONTVALE FIRE DEPARTMENT EXTEND BEST WISHES
FOR A SAFE AND HEALTHY HOLIDAY SEASON**

Winter Holiday Safety

Winter holidays are a time for families and friends to get together. But that also means a greater risk for fire. Following a few simple tips will ensure a happy and fire-safe holiday season.



HOLIDAY DECORATING

- Be careful with holiday decorations. Choose decorations that are flame resistant or flame retardant.
- Keep lit candles away from decorations and other things that can burn.
- Some lights are only for indoor or outdoor use, but not both.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Use clips, not nails, to hang lights so the cords do not get damaged.
- Keep decorations away from windows and doors.



HOLIDAY ENTERTAINING

- Test your smoke alarms and tell guests about your home fire escape plan.
- Keep children and pets away from lit candles.
- Keep matches and lighters up high in a locked cabinet.
- Stay in the kitchen when cooking on the stovetop.
- Ask smokers to smoke outside. Remind smokers to keep their smoking materials with them so young children do not touch them.
- Provide large, deep ashtrays for smokers. Wet cigarette butts with water before discarding.



Before Heading Out or to Bed

Blow out lit candles when you leave the room or go to bed. **Turn off** all light strings and decorations before leaving home or going to bed.

FACTS

- ❗ More than **one-third** of home decoration fires are started by candles.
- ❗ More than **two of every five** decoration fires happen because decorations are placed too close to a heat source.



**NATIONAL FIRE
PROTECTION ASSOCIATION**
The leading information and knowledge resource
on fire, electrical and related hazards

Fire Prevention Bureau Marshall, John Kurz
201-391-5700 x 256

nfpa.org/education ©NFPA 2019



Montvale Senior Club

Merry Christmas and Happy Hanukkah. As we approach the new year of 2020, we wish peace and happiness to all our members. We, the staff would like to express our appreciation for your participation in making our club so successful.

GAME DAY: Tuesday and Wednesday at 10:00 am - 12:00 pm. Bocce, and table games, contact John Rotante, Coordinator 201-391-4194. Billiards every Tuesday, 10:00 am - 12:00 pm, contact Bill Maki 201-930-0463. Please note all activities are for members only.

PICKLE BALL starting in January. Indoors on Wednesday evenings 8:00 pm - 10:00 pm at Fieldstone School. Cost is \$50.00 for (5) five months. Contact John Rotante for further information.

MAHJONG, every Wednesday at 7:00 pm-9:30 pm; Kitty Stern, Coordinator 201-802-0997.

CANASTA, every Thursday at 10:00 am -2:00 pm; Fran Ohayon, Coordinator 201-391-4272.

CHAIR EXERCISES & HEALTHY BONES, contact Marie Dineen 201-391-1831 for weekly schedules.

BOOK DISCUSSIONS, Ree Hooper 201-391-7386; Kathy Hatfield 201-391-0420. Meetings every second Thursday at 12:30 pm.

PIZZA BINGO, Coordinators Micki Keller 201-573-1179 and Jody Miller 201-573-0246. Every second Friday at 5:30 pm-8:30 pm. Tickets can be purchased at the Senior Center/Business meetings, \$7.00. No tickets will be sold at the door. Two (2) slices of Pizza, soft drink, dessert and coffee.

NEW YEAR'S EVE CELEBRATION at the Senior Center, Dec. 31, 6:00 pm -12:00 am. Buffet dinner, dessert, soft drinks, \$20.00 each. Contact John Rotante 201-391-4194. Admissions will not be sold at the door. A signup sheet is also available at our business meeting, Dec. 5. Come join us for a night of music, dancing, and entertainment.

TRIPS

The Christmas Show at the Westchester Theatre is currently sold out, waiting lists are available. Contact Marie Dineen, 201-391-1831.

Trips to Atlantic City, Sight and Sound and a Broadway Show are being scheduled for the new year of 2020.

Our business meetings are every FIRST THURSDAY of every month, and our social meetings are every THIRD THURSDAY of every month. Please feel free to call our President, Marie Dineen, 201-391-1831 for further information. A monthly calendar is available at the Senior Center, Memorial Drive, Montvale.

Milli Stellatos, Corresponding Secretary

201-385-5090

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Library Programs

December 10, 2019

Outragehiss Pets (4 and up- 3 yr olds with caregiver)

3:45 pm

Learn about exotic animals from all over the world. During the presentation, kids and adults can meet these amazing creatures, learn what they eat, where they come from, and touch them when permitted. Registration started on November 25.

December 11, 2019

7:00 pm

Parent/Child Winter art Workshop (Grades 1st and up, with parent or grandparent)

Paint a winter masterpiece using acrylic paint on real canvas to give as a gift or to keep as a priceless memory. Space limited to 12 families- 1 canvas per family.

Registration started on November 25.

December 12, 2019

3:45 pm

Celebrate National Hot Cocoa Day (ages 3 and up)

Stop by the library for some winter books, a craft and a cup of hot cocoa!

December 14, 2019

12:00 pm

Stem for Girls

4th – 8th grade

Please check our website for a description.

December 27, 2019

10:30 am

Legos and Eggos (1st gr. and)

Join our lego breakfast club. Work on lego sets or create from your own imagination. Watch a Lego movie and snack on some waffles.

Registrations starts December 9.

WINTER STORY HOUR (8 weeks long)

Starts the week of January 6.

Registration for Montvale residents starts on December 9.

Registration for non-Montvale residents starts on December 23.

Schedule is as follows:

0-23 month olds: Fridays at 10:30 am

2 yr olds: Tuesday or Thursday at 10:30 am

3 yr olds: Mondays at 10:30 pm, Thursdays at 1:30 pm

CO-PRESIDENTS

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CrossCountry Mortgage

STEVEN FOX
Morgan Stanley

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TOM DAVEY
Davey's Locker

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Massage & Whole Body Health

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Wegmans Market

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**Meyerson, Fox
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Perfect Limo

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Borough of Montvale

AMY DEBELLIS
Sotheby's Real Estate

RON LAURENT
CrossCountry Mortgage

TONI-ANN MARABELLO
Meyerson, Fox Mancinelli & Conte

Chamber of Commerce Board Meetings:

1st Wednesday of the Month located at Montvale Borough Hall 4:00 pm

The Montvale Chamber of Commerce
Wishes All A Happy Holiday and The Very Best New Year!



Watch for our:

- * Annual January Kick-Off Event and
- * 2020 Street Fair Sponsor Registration



Thank you to
The Montvale Chamber Members
and
The Montvale Economic
Development Committee
for Hosting
Montvale's First Job Fair!



Join the Chamber: [MontvaleChamber.com/join](https://www.MontvaleChamber.com/join)
www.facebook.com/Montvale-Chamber-of-Commerce

Stay on top of chamber news and events: facebook.com/Montvale-Chamber-of-Commerce

facebook.com/Montvale-Chamber-of-Commerce

Tri-Boro Food Pantry

We are asking for donations of pasta, canned soup or vegetables, cold cereal, toilet paper, tissues, paper towels, shampoo, soap, deodorant, toothpaste, detergent and soap.

The Tri Boro Food Pantry is located in the back of the Pascack Reformed Church, 65 Pascack Road, Park Ridge. We are open Tuesday and Thursday from 9:00 am to 11:00 am. We have drop off locations at the Montvale Library, Park Ridge Library, Park Ridge Boro Hall. Additionally, donations can be brought to worship at Montvale Free Church, St Paul's Church, Our Lady of Mercy Church, First Congregational Church Park Ridge, Christ Lutheran Church, Our Lady Mother of the Church and Temple Beth Shalom.

With continued gratitude for your support, Janelle

Montvale Recreation Department

Announcements

Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking adult or high school volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Christmas Tree Lighting, the Spring Fling and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

19th Annual Christmas Tree Lighting

The Montvale Special Events Committee will be hosting it's 19th Annual Christmas Tree Lighting Ceremony on Memorial Drive. The event will take place on Friday, December 6 at 7:00 pm. We would like to invite the Borough's residents to revel in the holiday spirit with a free hot cocoa bar (with yummy toppings) and candy canes all while keeping warm in a heated tent. All children are welcome to participate in our Gingerbread House Contest as well! Please bring your decorated gingerbread house (limited in size to 9" x 9" x 9") to the tent where it will be displayed and then judged after the tree is lit!

Montvale's 3rd Annual Holiday House Decorating Contest

Turn your house into a winter wonderland of lights, decorations and holiday spirit! This is a free contest meant to be a fun way to celebrate the holiday season! There are 3 categories that houses can place in: Best Use of Lights, Best Theme and Best Neighborhood! Best Neighborhood will be awarded to the street with the most participating, registered houses. Register between November 22 and December 6 for your chance to claim bragging rights as Montvale's best decorated house! Judges will be looking at registered homes between December 9 and 13 between the hours of 6 pm and 8 pm so please make sure your lights are on and decorations are out during these dates and times! Go to Montvale.org/Recreation, click the register tab and House Decorating to sign up! Please note that houses must be fully decorated by the home owner and not a company.

Girls Volleyball

Memorial School Gymnasium
Tuesdays 7:00–8:00 pm
January 7 – March 3
Resident Fee: \$80 Non-Resident Fee: \$100
OPEN Registration: ONLINE: www.montvale.org/recreation

This eight-week program will be offered to girls in grades 5 through 8 who will learn to improve their volleyball skills through the instruction of Chris Moran.

Adult Volleyball

Memorial School Gymnasium
Tuesdays 8:00-10:00 pm
January 7 – May 19
Resident Fee: \$50 Non-Resident Fee: \$75
Open Registration: Online or In-Person at Any Class

This program is for men and women 18 years of age and older. Volleyballs are provided to play pickup style games each week for those who attend.

Talkin' Baseball

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:00 pm in the Senior/Community Center Library. There is no fee for this program.

TAEKWON-DO (kids and/or adults)

Senior/Community Center Atrium: 1 Memorial Drive
Wednesdays and Thursdays: 6:00-7:00 pm
September 25 – December 4
No TaeKwon-do class on the following due to school closures/events: Oct. 9, Nov. 6, 7, 27 and 28
Fee: for this 16-session class is \$120 for residents; \$180 for non-residents (space permitting)
Registration: ONLINE: www.montvale.org/recreation
Instructor: Mario Liriano; 5th Degree Black belt.

TaeKwon-Do, the Korean Art of Self-Defense, is the scientific use of the body through physical and mental training for self-defense in unarmed combat. Program will be offered one day per week for all age groups (children to Adults). Classes will be divided up according to the students that register (K-4 grade/5-8 grade/HS/Adults).

Tai Chi

Senior/Community Center Atrium: 1 Memorial Drive
Fridays 12:15-1:00 pm
January 3 – February 21
Resident Fee: \$80
Non-Resident Fee: \$100 (space permitting)
Residents Who Belong to the Montvale Seniors Club: \$40

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

Pickleball

Memorial School Gymnasium
Wednesdays 8:00-10:00 pm
January 8 – May 20
Resident Fee: \$50 Non-Resident Fee: \$75

What is Pickleball? It's a paddle sport created for all ages and skill levels! The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. This sport combines many elements of tennis, badminton and ping-pong. Players are equipped with paddles and a plastic ball on a badminton sized court. The net that the ball is paddled over is a smaller version of a tennis net. Pickleball can be played in single or double teams. All the necessary playing equipment will be provided by the Recreation Department. Registration opens on November 20 and is online only for this program: Montvale.org/recreation > Click the Registration Tab > Click Pickleball

Field Use

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Dent, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will be given according to availability and are not finalized until you receive email confirmation of available dates from Lisa Dent.

DEADLINE FOR SPRING 2020 FIELD USE APPLICATIONS IS FEBRUARY 1ST
Montvale Recreation
MontvaleRecreation@montvaleboro.org

30+ Basketball

Memorial School Gymnasium
Mondays 8:00 -10:00 pm
September 16 – May 18
Resident Fee: \$75 Non-Resident (if space permits): \$95
OPEN Registration: Attend a class to register at any point Sept - May

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball.

Tennis Court Badges

MONTVALE TENNIS COURT BADGES

Each year residents who wish to use the courts must register to receive their new access card.

Badges for the 2019 season, which runs from March 1 - December 31, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

<u>Residents</u>			<u>Non-Residents</u>	
Adult	\$30.00		Adult	\$60.00
Child/Student	\$10.00		Child/Student	\$20.00
Household Maximum	\$50.00		Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE		Senior Citizens (62 & Over)	\$10.00

There will be a \$10 fee for replacement badges

The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.

Monday Yoga

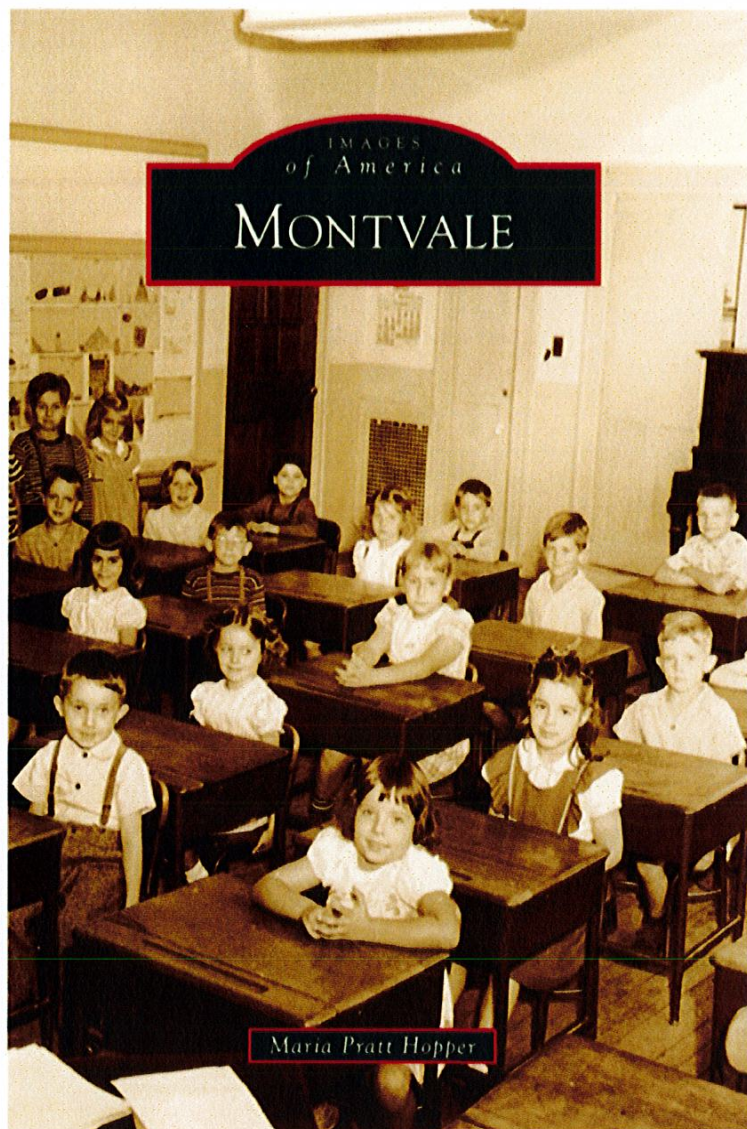
Montvale Community Center Atrium- 1 Memorial Drive
1 Memorial Drive
Mondays 7:30-8:30 pm
January 6 – March 9 (No Class on Jan. 20 and Feb. 17)
Resident Fee: \$80 (Only \$10/class!) Non-Resident: \$100

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Friday Yoga

Montvale Community Center Atrium- 1 Memorial Drive
1 Memorial Drive
Fridays 9:30-10:30 am
January 10 – February 28
Resident Fee: \$80 Non-Resident: \$100

Begin the weekend with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.



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