

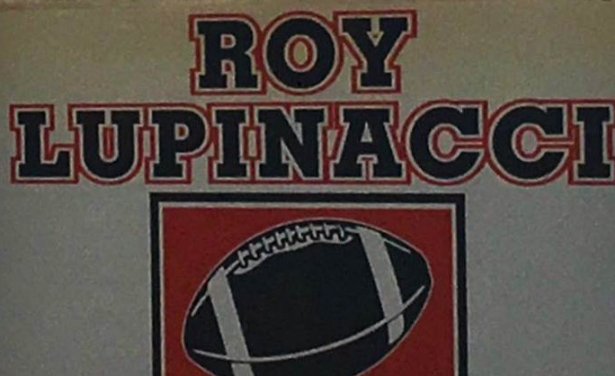


The Borough of Montvale

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newsletter

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A look at the Community, including upcoming events, important notices, meetings, and more.



The MAL recently honored Roy Lupinacchi by naming the LaTrenta football field after him and as of a few weeks ago, the signage is officially up! Roy lived in Montvale from 1964-1990. He was very involved with the town (as school teacher/coach, etc.) and the MAL (from 1970-1983 as football coach, commissioner, etc.). We are very appreciative for all that Roy did for the MAL and Montvale. His years of dedication mean more to us than words can ever express! Thank you!

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The Mayor's Corner

Fall is in the air and many activities are underway. At Borough Hall preparation for the budget among the departments has begun. The staff and volunteers are actively involved in these operations, and the Council Members spend as much time as they can in guiding their respective departments through the processes. I am involved and plan on attending every budget meeting to ensure that our costs are down and expenses are reasonable. I am looking forward to working with the different budgets and will be asking on your behalf all the difficult questions, as I always do.

Our 125th Anniversary activities and events were all successful this year, and that's all because of the hard work our staff and volunteers did throughout the year. I want to especially thank our Historian and longtime resident, Mrs. Maria Pratt Hopper for organizing and publishing our history in a book that in my opinion, though slightly biased, should be a best seller. The book has Montvale's history in a documented style with pictures and commentaries.

I am also proud to share with you that Montvale received the Commerce Industry Association of New Jersey's Best Practice Award, for our ability to attract new businesses and allow current businesses to expand in Montvale. The Chamber of Commerce and the Montvale Economic Development Committee have been working diligently over the past years to ensure that our corporate tax base continues to grow and prosper in our town.

Hope you enjoy the upcoming holidays and time with family and friends, and as always, I am available to assist where I can, so please don't hesitate to contact me at any time.

Mayor Mike Ghassali
Borough of Montvale
201-391-5700 X213



Mayor Michael Ghassali

Montvale Police Department

October 2, was National Coffee with a Cop Day, and the Montvale Police Department participated in the event for the first time. I must thank the Montvale Starbucks manager and staff at 12 Farm View for hosting our event, and providing coffee and pastries. Thanks also to Lt. Alisha Foley for organizing the event on short notice. Ten Officers from the Police Department were on hand to speak with patrons about various topics. Mayor Ghassali also stopped by and spent some time with us. We all had a great time, and are looking forward to doing this again in the future.



Chief Joseph Sanfilippo

Montvale Officials

Mayor

Mike Ghassali (R)
MGhassali@MontvaleBoro.org

Council President

Elizabeth Gloeggler (D)
EGloeggler@MontvaleBoro.org

Administrator / Municipal Clerk

Maureen Iarossi-Alwan
Miarossi@MontvaleBoro.org

Council

Douglas Arendacs (R)
DArendacs@MontvaleBoro.org

Rose Curry (R)
RCurry@MontvaleBoro.org

Dieter Koelling (R)
DKoelling@MontvaleBoro.org

Timothy E. Lane (R)
TLane@MontvaleBoro.org

Annmarie Russo-Vogelsang (R)
ARussovogelsang@MontvaleBoro.org

Meetings This Month

Mayor & Council

11/12 - 7:30 pm
11/26 - 7:30 pm

Planning Board

11/25 - 7:30 pm

Environmental Commission

11/18 - 7:45 pm

Board of Health

11/04 - 7:45

Library Board

11/21 - 7:30 pm

Historic Preservation

No Meeting

Trash & Recycling This Month

Mon	Tue	Wed	Thu	Fri
28 East Zone Trash Pickup	29 Central Zone Trash Pickup	30 West Zone Trash Pickup	31 Recycling: Districts 1&2	1
4 East Zone Trash Pickup	5 Central Zone Trash Pickup	6 West Zone Trash Pickup	7 Recycling: Districts 3&4	8
11 East Zone Trash Pickup	12 Central Zone Trash Pickup	13 West Zone Trash Pickup	14 Recycling: Districts 1&2	15
18 East Zone Trash Pickup	19 Central Zone Trash Pickup	20 West Zone Trash Pickup	21 Recycling: Districts 3&4	22
25 East Zone Trash Pickup	26 Central Zone Trash Pickup	27 West Zone Trash Pickup	28 Recycling: Districts 1&2	29

From the Tax Department

Property taxes are due November 1, 2019. In observance of Veterans Day, the administration offices will be closed, Monday, November 11, therefore the last day to pay taxes will be on Tuesday, November 12. Payments received after November 12, will accrue interest which will revert back to November 1. For your convenience, a drop box is located curbside by the main entrance of Library or you may pay online at www.montvale.org

Direct Withdrawal residents, your payment will be withdrawn on November 1.

Lastly, some residents may have received an additional tax bill for an added assessment due to renovations, Please Note: This bill is IN ADDITION to the original tax bill you received in August, therefore, you should now have two tax bills, both of which are due November 1, February 1, and May 1.

As always, if you have any questions, please call Fran Scordo, Tax Collector at (201) 391-5700 ext. 254



Recycle your Clean, Dry, Empty Plastic Bags and Film Packaging!

Plastics to Collect:

- LDPE / HDPE Films
- Newspaper Sleeves
- Bread Bags
- Product Wrap
- Cereal Liners
- Food Storage Bags
- Ice Bags

- Pellet Bags
- Produce Bags
- Dry Cleaning Bags
- Grocery Bags
- Case Overwrap
- Packaging Air Pillows
- Salt Bags



Look for Bins and Signage at Montvale Locations Noted Below

Your plastic bags and wraps then become Earth-friendly Composite decking and railing!
800-BUY-TREX

MONTVALE PLASTIC BAG DROP BOX LOCATIONS:

1. Recycling Center on Memorial Drive
2. Community/Sr Center on Memorial Dr
3. Montvale Library at 12 Mercedes Dr
4. Montvale Memorial School*
5. Montvale Fieldstone School*
6. Pascack Hills High School*

* NOT open to general public

Borough of Montvale Plastic Bag Recycling Program - FAQ

Q1. Can I leave stickers on the plastic Bags?

A1. No, Labels, Tape, and Adhesive strips SHOULD BE REMOVED prior to putting it in the recycle bin. The plastic integrity is not important, only Clean and Dry.

Q2. If I'm not sure if a certain plastic can go into the Drop-off bin, can I try to recycle it there anyways?

A2. NO: when in doubt, leave it out! Some plastic bags, wraps, and films have invisible "ingredients" in them to make the plastic perform a certain way. So, if it does not clearly meet the plastic description provided, throw it in the garbage.

Q3. I have a package that has the #2 or #4 on it and a message or icon suggesting its recyclable curbside. Can I put it in my curbside recycling bin?

A3. NO! Almost all community recycling programs in the US treat plastic films as contaminants and are ultimately landfilled.

Q4. Do I need to do anything to plastic bags/wraps before I drop them into the bins?

A4. Ensure all plastic bags, wraps and films are clean & dry before dropping them in the bin. That just means no crumbs, no food residue, and no liquid inside them.

Q5. Do I need to go to the level of rinsing out each and every bag, and air drying them?

A5. No.

Q6. Will a single bread crumb destroy the whole batch of recycled material?

A6. No. But recyclers do NOT want your leftover tortillas still in the bag.

Q7. What type of plastic bags and wrap do you accept?

A7. Acceptable plastic bags include high-density polyethylene (HDPE or #2 plastic), and low-density polyethylene (#4 plastic or LDPE). It's great if your bags have markings on them, but since most do not here is a simple test. We do NOT accept plastic bags and wraps that loudly crinkle when you crush them and the plastic MUST STRETCH when you pull it firmly.

Q8. I went to one of the Montvale drop locations and the bin was full, who do I notify and what do I do?

A8. We have placed large clear liner bags in the bottom of all bins so if possible you would help by emptying the bin into the liner and placing a new clear plastic liner in the bin. Leave the full liner next to the bin for us to pick up. Please call the Borough at 201-391-5700 and let us know where the bin is located so we can take care of it.

From the Property Maintenance Dept.- Fall Leaves

As I was driving into work last week, I noticed a somewhat subtle change occurring. It seems there were some very early signs of leaves changing color which can only mean that we are transitioning into the fall season. While it may be your favorite season because of cooler temperatures and beautiful colors, it also has its problems such as what to do with all those leaves.

As a reminder to all residents, all leaves must be in compostable paper bags. Curbside leaf collection begins in mid-October and runs through December 31, 2019. Branches and twigs will NOT be picked up at this time.

Secondly, please be aware that leaves cannot be piled in the street as they eventually make their way into the storm drains and require a lot of time and money to clean out. Also, leaves piled in the street and subsequently snowed upon make it extremely difficult to clear the streets safely. If you use a landscape contractor to clean your yard, kindly make them aware of these requirements so as to minimize the risk of fines for non-compliance.

If we all can follow these simple rules, it will certainly make it easier to keep the town looking great as we enjoy the change of season.

Fire Prevention Bureau News



Fire Prevention month was observed during the month of October and it was the perfect time to educate residents of all ages on fire safety. John Kurz, Fire Prevention Marshall was invited by the children librarian, Giulia Bombace to read a story about fire prevention during a special story hour. The Fire Marshall reminded the children to never play with lighters or matches and to keep away from open flames and hot surfaces. The children were happy to pose for a picture to show off their new fire hats.

It's that time of year again! Change Your Clock, Change Your Batteries™! Daylight saving time ends on November 3.

Every November, the Montvale Fire Department & the Fire Prevention Bureau like to remind residents of the simple, life-saving habit of changing and testing the batteries in smoke alarms and carbon monoxide detectors when setting the clocks back for daylight saving time. The National Fire Protection Association reports that 71% of smoke alarms which failed to operate had missing, disconnected or dead batteries. The National Fire Protection Association also suggests replacing smoke detectors and smoke alarms every 10 years. Don't rely on outdated or worn-out devices to protect your family. Remember to replace the batteries in your emergency flashlights too.

WWW.

MONTVALECHAMBER

.com

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CrossCountry Mortgage

STEVEN FOX
Morgan Stanley

1ST VICE PRESIDENT

TOM DAVEY
Davey's Locker

Board Members

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Wegmans Market

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Meyerson, Fox Mancinelli & Conte

Chamber of Commerce Board Meetings:

1st Wednesday of the Month located at Montvale Borough Hall 4:00 pm



Join the Chamber:

MontvaleChamber.com/join



Montvale Chambers Annual Street Fair

Sunday, June 14th 10 am - 5 pm

Visit the Chambers Web-Site at: www.MontvaleChamber.com
Join the Chamber: MontvaleChamber.com/join



www.facebook.com/Montvale-Chamber-of-Commerce

Stay on top of chamber news and events: facebook.com/Montvale-Chamber-of-Commerce

facebook.com/Montvale-Chamber-of-Commerce



Friends of the Montvale Library



Dining for Dollars

Davey's Irish Pub & Restaurant
Kinderkamack Rd. & Grand Ave.
Montvale

Monday, November 4— lunch & dinner

Tuesday, November 5— lunch only

Thursday, November 7— lunch & dinner

Davey's is a great family-owned restaurant and Irish pub that has been in business for over 44 years.

It has yummy food, a nice atmosphere and a friendly wait staff. Davey's opens at 11:30 a.m.

Davey's will donate 20% of your bill to the Friends of the Montvale Library. Dine-in only.

----- Tear off and present this coupon before paying your bill -----

Davey's Irish Pub & Restaurant

Kinderkamack Rd. & Grand Ave.

Montvale, NJ 201-391-9356

20% Donation Coupon

DINE-IN ONLY

To benefit: **Friends of the Montvale Library**

Valid November 4, 5 & 7, 2019

Library Programs

Adult Programs

November 7, 2019

7:00 pm

From Italy with Love Concert

Award-winning world class performer Salvatore Chiarelli will perform popular, traditional and classical Italian, Neapolitan and Sicilian songs, music theater pieces, Italian/American love ballads and more.

Free and open to the public. Registration begins on Thursday, October 10, starting at 10AM. Register in person, by phone (201-391-5090) or via email at montvalelibraryprograms@gmail.com.

November 14, 2019

7:00 pm

"Being in the Moment" Talk

In this talk, psychotherapist J.R. Carvalho, LSW, will present challenges and solutions for being in the present moment. Free and open to the public. Registration begins on Thursday, October 17, starting at 10am. Register in person, by phone (201-391-5090) or via email at montvalelibraryprograms@gmail.com.

Juvenile Programs

November 7, 2019

7:00pm

Writing Workshop for Tweens

Registration started on October 28.

November 9, 2019

12:00pm

Lunch and a Movie (ages 4 and up)

Bring your lunch to the library to watch the 2019 version of the Lion King. We will also have a sing-a-long.

Registration started on October 28.

November 12, 2019

3:45pm

Fall Move and Groove with Miss Jolie (ages 3 and up)

Sing and dance with Miss Jolie and her Ukulele.

Registration started on October 28.

Tri-Boro Food Pantry

We are asking for donations of canned fruit, oatmeal, cold cereal, coffee and paper towels. The Tri Boro Food Pantry is located in the back of the Pascack Reformed Church, 65 Pascack Road, Park Ridge. We are open Tuesday and Thursday from 9:00 am to 11:00 am. We have drop off locations at the Montvale Library, Park Ridge Library, Park Ridge Boro Hall. Additionally, donations can be brought to worship at Montvale Free Church, St Paul's Church, Our Lady of Mercy Church, First Congregational Church Park Ridge, Christ Lutheran Church, Our Lady Mother of the Church and Temple Beth Shalom.

With continued gratitude for your support, Janelle

Senior Club

HAPPY THANKSGIVING TO ALL OUR SENIORS!

GAME DAY: Tuesday and Wednesday at 10:00 am to 12:00 pm. Bocce, and table games, contact John Rotante, coordinator 201-391-4194. Billiards every Tuesday, 10:00 to 12:00 pm, contact Bill Maki, 201-930-0463. Please note all activities are for members only.

MAHJONG, every Wednesday at 7:00 pm - 9:30 pm Kitty Stern, Coordinator, 201-802-0997.

CANASTA, every Thursday at 10:00 am -2:00 pm Fran Ohayon, Coordinator, 201-391-4272.

CHAIR EXERCISES AND HEALTHY BONES, contact Marie Dineen, 201-391-1831 for weekly schedules.

BOOK DISCUSSIONS, every second Thursday at 12:30 pm - Ree Hooper, 201-391-7386 – Kathy Hatfield, 201-391-0420.

PIZZA BINGO: Every second Friday at 5:30 pm. Tickets can be purchased at the Senior Center/ Business meetings, \$7.00. No tickets will be sold at the door. (2) slices of pizza, soft drink, dessert and coffee.

November's Bingo will be Friday, November 15 at 5:30 pm. Jody Miller, Coordinator, 201-573-0246.

Our Annual Thanksgiving Luncheon at the Elks Hall in Park Ridge, sponsored by the MONTVALE POLICE, will be celebrated on Thursday, November 21.

The Christmas Show at the Westchester Theatre is currently sold out, waiting lists are available. Contact Marie Dineen, 201-391-1831.

Our business meetings are every FIRST THURSDAY of every month, and our social meetings are every THIRD THURSDAY of every month. Please feel free to call our President, Marie Dineen, 201-391-1831 for further information. A monthly calendar is available at the Senior Center, Memorial Drive, Montvale.

Milli Stellatos, Corresponding Secretary

201-385-5090

Announcements

Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking adult or high school volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Christmas Tree Lighting, the Spring Fling and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

19th Annual Christmas Tree Lighting

The Montvale Special Events Committee will be hosting it's 19th Annual Christmas Tree Lighting Ceremony on Memorial Drive. The event will take place on Friday, December 6 at 7:00 pm. We would like to invite the Borough's residents to revel in the holiday spirit with a free hot cocoa bar (with yummy toppings) and candy canes all while keeping warm in a heated tent. All children are welcome to participate in our Gingerbread House Contest as well! Please bring your decorated gingerbread house (limited in size to 9" x 9" x 9") to the tent where it will be displayed and then judged after the tree is lit!

Montvale's 3rd Annual Holiday House Decorating Contest

Turn your house into a winter wonderland of lights, decorations and holiday spirit! This is a free contest meant to be a fun way to celebrate the holiday season! There are 3 categories that houses can place in: Best Use of Lights, Best Theme and Best Neighborhood! Best Neighborhood will be awarded to the street with the most participating, registered houses. Register between November 22 and December 6 for your chance to claim bragging rights as Montvale's best decorated house! Judges will be looking at registered homes between December 9 and 13 between the hours of 6 pm and 8 pm so please make sure your lights are on and decorations are out during these dates and times! Go to Montvale.org/Recreation, click the register tab and House Decorating to sign up! Please note that houses must be fully decorated by the home owner and not a company.

Programs

Online Registration :

1. Go to www.montvale.org/recreation
2. Click the Register Tab at the top
3. Choose the program you would like to register for
4. Payment by credit card only

Paper Registration: Available at the first class of any session (except Adult Soccer, Tennis Lessons and Golf). Payment by cash or check made out to the Borough of Montvale.

Monday Yoga

Montvale Community Center Atrium- 1 Memorial Drive
1 Memorial Drive
Mondays 7:30-8:30 pm
January 6 – March 9 (No Class on Jan. 20 and Feb. 17)
Resident Fee: \$80 (Only \$10/class!) Non-Resident: \$100

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Friday Yoga

Montvale Community Center Atrium- 1 Memorial Drive
1 Memorial Drive
Fridays 9:30-10:30 am
January 10 – February 28
Resident Fee: \$80 Non-Resident: \$100

Begin the weekend with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over ten years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Talkin' Baseball

If talking about Baseball as it was in years past is your thing, please join us at our monthly meetings. The group meets the first Wednesday of each month at 7:00 pm in the Senior/Community Center Library. There is no fee for this program.

TAEKWON-DO (kids and/or adults)

Senior/Community Center Atrium: 1 Memorial Drive
Wednesdays and Thursdays: 6:00-7:00 pm
September 25 – December 4
No TaeKwon-do class on the following due to school closures/events: Oct. 9, Nov. 6, 7, 27 and 28
Fee: for this 16-session class is \$120 for residents; \$180 for non-residents (space permitting)
Registration: ONLINE: www.montvale.org/recreation
Instructor: Mario Liriano; 5th Degree Black belt.

TaeKwon-Do, the Korean Art of Self-Defense, is the scientific use of the body through physical and mental training for self-defense in unarmed combat. Program will be offered one day per week for all age groups (children to Adults). Classes will be divided up according to the students that register (K-4 grade/5-8 grade/HS/Adults).

Tai Chi

Senior/Community Center Atrium: 1 Memorial Drive
Fridays 12:15-1:00 pm
January 3 – February 21
Resident Fee: \$80
Non-Resident Fee: \$100 (space permitting)
Residents Who Belong to the Montvale Seniors Club: \$40

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

Senior Pickleball League

Memorial Drive Courts
Fridays 7:00 pm

Are you a part of the Montvale Seniors Club? Join today for just \$15 a year and take advantage of the many programs offered such as this pickleball league! Pickleball is played by teams of 2 or 4 and combines many elements of tennis, badminton and ping-pong.

Field Use

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Dent, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will be given according to availability and are not finalized until you receive email confirmation of available dates from Lisa Dent.

DEADLINE FOR SPRING 2020 FIELD USE APPLICATIONS IS FEBRUARY 1ST
Montvale Recreation
MontvaleRecreation@montvaleboro.org

30+ Basketball

Memorial School Gymnasium
Mondays 8:00 -10:00 pm
September 16 – May 18
Resident Fee: \$75 Non-Resident (if space permits): \$95
OPEN Registration: Attend a class to register at any point Sept - May

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball.

Tennis Court Badges

MONTVALE TENNIS COURT BADGES

Each year residents who wish to use the courts must register to receive their new access card.

Badges for the 2019 season, which runs from March 1 - December 31, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

<u>Residents</u>			<u>Non-Residents</u>	
Adult	\$30.00		Adult	\$60.00
Child/Student	\$10.00		Child/Student	\$20.00
Household Maximum	\$50.00		Household Maximum	\$100.00
Senior Citizens (62 & Over)	FREE		Senior Citizens (62 & Over)	\$10.00

There will be a \$10 fee for replacement badges

The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.

National Institute for People with Disabilities of New Jersey

The National Institute for People with Disabilities of New Jersey (yai.org/nipdnj) is a provider of residential and family support services that provide opportunities for individuals to live as independently as possible and offers supervised and supportive residential programs in New Jersey. They operate a residential group home here in Montvale. NIPD/NJ has asked Montvale for a donation wish list and would greatly appreciate donations for the following items:

- Wii Video Game System
- Keurig Coffee Machine
- Area Rugs or Runners for stairs and hallways
- Flat Screen TV, Exercise Equipment (namely exercise bikes or treadmills)
- Patio furniture
- Living Room Furniture
- Restaurant Gift Cards: Applebee's, Friday's, Houlihans, Red Lobster, Taco Bell, Starbucks, Dunkin Donuts, Pizza Hut, Olive Garden, McDonalds, Bahama Breeze
- Other Gift Cards: Walmart, Target, Staples

Home Contractor Services (Donated or Discounted):

- Kitchen countertop installation or
- Kitchen cabinet installation or refacing
- Floor tile installation
- Bathroom remodels
- Ceiling light installations
- Indoor and outdoor painting services

Other Services (Donated or Discounted):

- Home cleaning services
- Trash removal services
- Snow removal services
- Professional photography sessions
- Landscaping/Gardening

Item donations can be dropped off at our Montvale Residence:
1 N. Middletown Road, Montvale NJ

For service donations, discounted services, or for any questions or concerns please contact NIPD's executive Director Ralph Coloma: 845-358-5700 ext 1122 or ralph.coloma@yai.org

