



The Borough of Montvale

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delivery of the
newsletter

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A look at the Community, including upcoming events, important notices, meetings, and more.



Rabies Vaccination Clinic

The Montvale Rabies Inoculation Clinic will take place on 11/6/2021. For additional information, please view page 12

In This Edition

- 1 Mayors Corner
- 2 Police
- School Improvement
- 3 Curbside Collection
- Fire Prevention
- Food Pantry
- 4 Fire Department
- Property Maintenance
- 5-7 Snow Angels
- 8-9 Environmental
- 10-11 Voting Information
- 12 Rabies Clinic
- 13 Senior Club
- 14 Diversity & Inclusion
- 15 Tri-Boro Ambulance
- 16-18 Library
- 18-20 Recreation
- 21 Chamber of Commerce

The Mayor's Corner

While we are still enjoying a relatively mild fall season, we are preparing for the winter and the active snow season being predicted for our region.

The Chamber of Commerce held their 10th annual Street Fair on Sunday October 17 and had close to 25,000 people attend. Congratulations to the Chamber's members and to the co-presidents Steve Fox and Scott Foreman.

I also attended and enjoyed the Hispanic Heritage month celebration by the Diversity and Inclusion Committee and look forward to more fun and engaging events coming up.

Our roads are getting milled and paved throughout October and November, and surely testing patience with detours and the road closures. There is really no easy

way to pave a road without shutting it down. A little inconvenience but new and clean roads follow. And while PSE&G tore up the roadways, we now have new and safe gas lines for generations to come.



We continue to work with the FEMA and the state to repair Huff Pond to where it was after we had fixed it. It's a slow process but, we will get it done. The Grand Ave. Bridge by the firehouse is on the list to for surface work but, it's low on the list after hurricane Ida completely destroyed other county bridges.

As always, feel free to contact me at any time if I can be of assistance.

Mayor Mike Ghassali

Montvale Officials

Mayor

Mike Ghassali (R)
MGhassali@MontvaleBoro.org

Council President

Timothy E. Lane (R)
TLane@MontvaleBoro.org

Administrator / Municipal Clerk

Maureen Iarossi-Alwan
Miarossi@MontvaleBoro.org

Council

Chris Roche (R)
CRoche@MontvaleBoro.org

Dieter Koelling (R)
DKoelling@MontvaleBoro.org

Rose Curry (R)
RCurry@MontvaleBoro.org

Annamarie Russo-Vogelsang (R)
ARussovogelsang@MontvaleBoro.org

Douglas Arendacs (R)
DArendacs@MontvaleBoro.org

Montvale Police Department

This is the time of year that we tend to see an uptick in residential burglaries. Darkness arrives much earlier, making it easier for burglars to roam residential areas, unseen. Be sure to leave lights on, preferably on timers, to discourage the targeting of your home. Keep shrubbery around the foundation trimmed so no one can hide near your home. If you are traveling around the holidays, please notify our dispatch center so we may place your residence on the “vacant home list”. Officers will check your home periodically during their shift to ensure that there are no suspicious vehicles or persons in the area. Stay safe, and have a Happy Thanksgiving.



Chief Joseph Sanfilippo

Montvale's School Improvement Vote is Dec. 14

Montvale Public Schools plans a bond referendum on Tuesday, Dec. 14 as a strategic step toward facility improvements. Voters will be asked to give the Board of Education permission to sell bonds to generate up-front funding, which would be paid back over 25 years with local property taxes.

State aid would help pay back that debt, which makes this referendum part of the school district's financial strategy. That aid is only available when voters approve bond funding for specific projects. Revenue collected across the state provides that aid, but it is only given to districts where voters approved bonds.

The Dec. 14 ballot asks for approval to borrow \$29.4 million, and notes that state aid is committed to paying back almost \$7.2 million of that amount. For a home assessed at Montvale's average (\$524,788), the cost is projected to be about \$27 a month.

Input from professionals and from the community shaped the bond referendum.

- The last major school renovations were made almost two decades ago. The facilities and systems are aging to the point of inefficiency. The proposal calls for more efficient HVAC systems; boiler replacements (some are more than 60 years old); upgraded security and fire systems; and bathroom renovations.
- Enrollment is projected to continue rising. This change would threaten the current small classes sizes that are highly valued by the Montvale community. With voter approval, 5 new classrooms would be built at Memorial Elementary, and existing space would be renovated for better use at Fieldstone Middle.
- Instructional space is used much differently than 20 years ago. Redesigned space would create STEAM Labs at both schools to meet modern instructional needs. STEAM blends concepts of science, technology, engineering, art and math, and dedicated lab space supports creativity and collaboration.

It would take 3-5 years to complete the proposed work. The Board of Education is proposing action now to position Montvale for the needs of the future – with state aid to pay about 24% of the cost.

Here's what voters need to know now.

- This question is not on the Nov. 2 General Election ballot.
- Voting for Tuesday, Dec. 14 will be by-mail and in-person.
- A special website is full of information: www.montvalek8.org/future.

Mark your calendar for a virtual information session on Tuesday, Nov. 10 at 7 p.m. The school district and its professional advisors will answer questions from Montvale residents, and the forum will be recorded for people who cannot tune in at that time. A link for virtual information session will be posted on website as we get closer to Nov. 10.

Curbside Collection This Month

| Mon | Tue | Wed | Thu | Fri |
|------------------------|---------------------------|--------------------------|--------------------------|-----|
| 1 | 2 | 3 | 4 | |
| East Zone Trash Pickup | Central Zone Trash Pickup | West Zone Trash Pickup | Recycling: Districts 3&4 | |
| 8 | 9 | 10 | 11 | |
| East Zone Trash Pickup | Central Zone Trash Pickup | West Zone Trash Pickup | Recycling: Districts 1&2 | |
| 15 | 16 | 17 | 18 | |
| East Zone Trash Pickup | Central Zone Trash Pickup | West Zone Trash Pickup | Recycling: Districts 3&4 | |
| 22 | 23 | 24 | 25 | |
| East Zone Trash Pickup | Central Zone Trash Pickup | Recycling: Districts 1&2 | | |
| | | West Zone Trash Pickup | | |
| 29 | 30 | 1 | 2 | |
| East Zone Trash Pickup | Central Zone Trash Pickup | West Zone Trash Pickup | Recycling: Districts 3&4 | |

Fire Prevention

Hello from the Montvale Fire Prevention Department. Now that the Thanksgiving holiday season is coming upon us, please remember these small fire safety tips.

- 1.If you are cooking/frying your turkey keep the fryer 15 feet away from your home or any structure. Do not fry it on or under your deck.
2. Make sure you do not over fill the fryer with oil. Allow room in the fryer for the turkey.
3. Have a dry chemical fire extinguisher within reach if a fire occurs.
4. Keep all candles away from flammable/combustible materials. After use, extinguish candles.
5. Make sure your fire place chimney is clean and clear of debris.
6. Please check all smoke and carbon monoxide detectors for proper operation.
7. DO NOT HESITATE to call the MONTVALE FIRE DEPARTMENT if a fire occurs.....
DIAL 911 IMMEDIATELY!

As always please feel free to call the Fire Prevention Department if you have any questions or concerns at (201) 391-5700... x258 or x256.

Have a safe and Happy Thanksgiving!

John J Kurz
Montvale Fire Official

Tri-Boro Food Pantry

The Tri Boro Food Pantry is grateful for all unexpired nonperishables donations especially:

- Canned vegetables
- Canned soup
- Canned chicken

And we are very grateful for donations of hams or turkeys at our location!

The Tri Boro Food Pantry is located in the back of the Pascack Reformed Church, 65 Pascack Road, Park Ridge. A drop off bin is also located outside the doors of the library under the stairwell at Montvale Borough Hall, 12 Mercedes Drive. Thank you for your support!

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

The Montvale Fire Department

Service Awards

At the Montvale Fire Department's annual awards dinner, the following member were honored for their service to the Borough of Montvale and The Montvale Fire Department

Dan Demarest: 10 Years

John Murphy: 25 Years

Rick Alton: 15 Years

Ex-Chief Michael Barnes: 40 Years

Ray Hutchison: 15 Years

Ex-Chief Steve Mahoney: 40 Years

How To Contact Us

There are a lot of new residents in town and many are not sure how to contact us. The Montvale Fire Department is comprised of volunteers and the Firehouse is not normally staffed. If you leave a message on the Firehouse answering system, it may not be checked for a couple of days. If you need to reach us in an EMERGENCY please call 9-1-1. If you need to contact us for something urgent, please call the Montvale Police non-emergency number and follow the prompts to speak to a dispatcher.

Fund Drive

The Montvale Fire Department has started our annual fund drive. Please take a moment to read the appeal letter from our Association President Craig Miller and make a donation. The donations go to things like our scholarships, Holiday Decorations in the Town Center, the Santa Parade, and 9/11 Memorial just to mention a few

Chief Geoffrey Gibbons

Property Maintenance Department

Hello, I wanted to introduce myself to all the residents and corporations in Montvale. My name is Eddie Hutter and I am the Property Maintenance and Code Enforcement Officer. Welcome to Fall! As a reminder to all residents, all leaves must be in compostable paper bags. Curbside leaf collection begins mid-October and runs through December 31, 2021.

Branches and twigs will NOT be picked up at this time. Please be advised that leaves cannot be piled in the street as they eventually make their way into the storm drains and require a lot of time and money to clean up. If it happens to snow it makes it more difficult to clear the streets safely. Please advise your landscapers of these requirements as well to maintain compliance and not risk any fines.

Once the snow starts to fall, please be reminded that it is the responsibility of the property owner to remove ice and snow from all sidewalks that front on all sides of your property. Sidewalks must remain passable at all times. While I know this can be a frustrating endeavor as plows go by and plow in what was just shoveled, it is important to remember that roadways are the priority in order for emergency vehicles to move about town. Removal of snow soon after a snowfall will reduce the potential for it to turn to ice and be more difficult to remove later on. By doing so, we will be able to provide safe and passable sidewalks during the upcoming winter. I thank everybody in advance for their efforts and cooperation. Best wishes for a happy Fall!



Snow Angels Program

Calling all High School Students, who would like to participate in the 5th Annual Snow Angel Volunteer Program. Be a Snow Angel and help your fellow Montvale seniors, who may need an extra hand clearing snow from driveways or pathways and earn community service hours for it. If interested please visit our website, montvaleboro.org complete the registration form along with the waiver and email to ngayed@montvaleboro.org or drop off at Borough Hall Attn: Nevene Gayed

BOROUGH OF MONTVALE
12 MERCEDES DRIVE MONTVALE, NJ 07645 201-391-5700



SNOW ANGELS VOLUNTEER PROGRAM

VOLUNTEER REGISTRATION FORM

Return completed form Attn: Nevene Gayed or ngayed@montvaleboro.org

LAST NAME: _____

FIRST NAME: _____

AGE (*If under 18 yrs old*): _____

HOME ADDRESS: _____
(Street Address)

(City, State, Zip)

PARENT/GUARDIAN'S NAME: _____
(*If under 18 yrs old*)

EMAIL ADDRESS: _____ CELLPHONE: _____

EMERGENCY CONTACT INFORMATION

Please list two (2) Emergency Contacts in the order you would like us to follow:

1st EMERGENCY CONTACT : _____

RELATIONSHIP: _____ CELLPHONE: _____

2nd EMERGENCY CONTACT : _____

RELATIONSHIP: _____ CELLPHONE: _____

WAIVER/PERMISSION SLIP

Page 2 OF 2

MEDICAL INFORMATION

LIST ALL KNOWN ALLERGIES

Some Examples:

Food, Mold, Insects

SPECIAL NEEDS:

Some Examples:

Medical Devices

EpiPen

Prescription Medicine(s)

Allergy Medicine(s)

PERMISSION:

BY AFFIXING MY SIGNATURE TO THIS DOCUMENT, I HEREBY ACKNOWLEDGE :

FOR PARTICIPANTS UNDER 18 YRS OLD -- PARENTAL CONSENT

I UNDERSTAND THIS ACTIVITY CARRIES INHERENT RISK AND AS SUCH, ACKNOWLEDGE MY CHILD WILL BE EXPOSED TO THIS RISK AS A PARTICIPANT IN THIS ACTIVITY;

HEREBY GRANT PERMISSION FOR MY CHILD TO PARTICIPATE IN THE EVENT AS DESCRIBED ABOVE.

AND PROVIDE FURTHER PERMISSION FOR ANY AND ALL MEDICAL ATTENTION NECESSARY BE ADMINISTERED TO MY CHILD IN THE EVENT OF AN ACCIDENT, INJURY OR SICKNESS.

Parent/Guardian – SIGNATURE

Parent/Guardian – PLEASE PRINT

PARTICIPANTS 18 YRS OLD & OVER

AND UNDERSTAND THIS ACTIVITY CARRIES INHERENT RISK AND AS SUCH, ACKNOWLEDGE I WILL BE EXPOSED TO THIS RISK AS A PARTICIPANT IN THIS ACTIVITY;

THIS RELEASE IS EFFECTIVE FOR THE DURATION OF THE EVENT/PROGRAM FROM THE DATE I EXECUTE THIS PERMISSION SLIP.

SIGNATURE

PRINT NAME

DATE

BOROUGH OF MONTVALE
12 MERCEDES DRIVE MONTVALE, NJ 07645 201-391-5700



SNOW ANGELS VOLUNTEER PROGRAM
SENIOR RESIDENT REGISTRATION FORM

LAST NAME: _____

FIRST NAME: _____

HOME ADDRESS: _____
(Street Address)

Phone number

Email Address

How many individuals reside at this address? _____

Is this a single family home? YES _____ NO _____

Are there any pets on the Premises? (Y/N) _____ How Many? _____

Type _____ Breed _____ Vaccinations Up to Date? (Y/N) _____

Are there any outstanding violations/issues with the Borough of Montvale? *(please explain)*
(i.e. Outstanding tickets, Zoning Violations, Property Maintenance Issues, Open building permits, etc.)

Are there any structures or areas on your property which may cause a hazard or should be avoided by the Snow Angel Volunteer?

If so please describe _____

Have you or anyone that resides at the premises been convicted of a crime? (Y/N) _____

If Yes, please describe _____

Please return completed form to ngayed@montvaleboro.org

BY EXECUTING THIS AGREEMENT, I CONSENT TO:

- i. Understand participation in this Program is completely voluntary and that all Participants are volunteers.

Resident Applicant – Signature

Print Name

Date

NJ PLASTIC BAN

BEGINNING SOON - PLEASE READ



Beginning this November, New Jersey will roll back plastic usage with various regulations including:



Starting
Nov. 2021

No Plastic Straws

Not Provided Unless Requested by the Customer

1



Starting
May 2022

Bring Your Bag

Prohibits Stores from Selling to, or Giving Customers Single-Use Plastic Bags

3

2

Starting
May 2022

No Polystyrene

Prohibits Food Service Businesses from Providing Food in Styrofoam Containers with Exceptions





Recycling in Montvale



Montvale takes recycling VERY seriously and provides 2 different venues to make it easy for residents, and help ensure we all do the right thing for our environment. The following lists the rules regarding the two processes and how we must handle various recyclable items. For more details and pickup schedules go to montvale.org or call 201-391-5700

NOT Recyclable: >Styrofoam (Polystyrene - Recycle Code #6) *
>Cardboard Beverage Containers*
>Greasy Pizza Boxes*
>Plastics with Recycle Code #7 *
>Gas-Propane / Paint Cans/Oil **

Curbside Recycle Pickup

Run by Westphal Waste Services

- Comingle Allowed (single stream)
 - Newspapers tied and bundled
 - Flattened Cardboard
 - Clean Tin/Aluminum Cans+Bottles
 - Clean Plastic/Glass Bottles/Cans
 - Shredded paper in clear plastic bags
 - No Plastic Bags other than for shredded paper (see Recycle Ctr)
- No Electronics
- No Motor Oil or Batteries**
- No Appliances***
- 50 Pounds Max Weight per pail
- **IF IN DOUBT – THROW IT OUT**

Recycle Center

Run by Pascack Valley DPW

- Separation Required
 - Paper (not shredded)
 - Cardboard
 - Aluminum/Glass Cans/Bottles (all must be clean)
 - Plastic Bottles (Code #1,2,5)
 - Metal Items
 - Electronic Equipment
 - Plastic Bags [Video HERE](#)
 - > Recycle Code #2 or #4 ONLY
 - > Must stretch and NOT crinkle
 - Yard Waste (No Stumps or Logs)
 - Clothing in bags
- No Motor Oil or Batteries**
- No Non-Recyclable Garbage!
- IF NOT SURE ask DPW workers
- **IF IN DOUBT – THROW IT OUT**

PLEASE BE CAREFUL – A wrong item placed into recycling may contaminate the entire load and send it all to landfill!

* These items go into regular garbage

** These items should be brought to Hazardous Waste Events as posted

*** See montvale.org for appliance pickup information

Important Notice from your Bergen County Elections Offices

Bergen County Clerk's Elections Division • 201-336-7020
Superintendent of Elections • 201-336-6109
Board of Elections • 201-336-6230

3 WAYS TO VOTE!

FOR THE NOVEMBER 2, 2021 GENERAL ELECTION

Choose one of the following:

1. Go to your regular polling location on Election Day, Tuesday, November 2nd, 2021.

- The polls are open from 6am to 8pm.
- Check your sample ballot for your polling location or visit vote.nj.gov

2. Vote by Mail.

- If you are not set up to receive one already, applications must be received by October 26th. To check your status contact the Bergen County Clerk's Office at 201-336-7020 or electionsclerk@co.bergen.nj.us
- You may cast your vote by mail ballot by:
 - Mailing it in as soon as possible. Your ballot must be postmarked on or before Election Day.
 - Deposit in a Secure Ballot Drop Box no later than 8pm on Election Day. Drop box locations can be found at www.bergencountyvotes.com
 - Deliver your Vote by Mail ballot in person to the Board of Elections located at 1 Bergen County Plaza - Room 310 by 8pm on Election Day.

3. Vote at any In-Person Early Voting Location.

- Early Voting Locations will be open Saturday, October 23rd through Sunday, October 31st.
- Hours will be Monday-Saturday, 10am to 8pm and Sunday, 10am to 6pm.

QUESTIONS

FOR QUESTIONS ABOUT YOUR VOTE-BY-MAIL BALLOT, please contact the BERGEN COUNTY CLERK'S ELECTIONS DIVISION at electionsclerk@co.bergen.nj.us OR (201) 336-7020

FOR QUESTIONS ABOUT YOUR POLLING PLACE, OR LOCATIONS OF SECURE DROP BOXES, please contact the BERGEN COUNTY BOARD OF ELECTIONS at elections@co.bergen.nj.us OR (201) 336-6230

FOR QUESTIONS ABOUT VOTER REGISTRATION, OR TO REPORT A POTENTIAL ELECTION VIOLATION, please contact the OFFICE OF THE BERGEN COUNTY SUPERINTENDENT OF ELECTIONS at soe@co.bergen.nj.us OR (201) 336-6109

TO TRACK YOUR VOTE-BY-MAIL BALLOT, LOCATE YOUR POLLING LOCATION or SECURE BALLOT DROP BOXES, or CHECK THE STATUS OF YOUR VOTER REGISTRATION, please visit vote.nj.gov

EARLY VOTING LOCATIONS

Open: October 23 - October 31; Monday-Saturday: 10am-8pm; Sunday: 10am-6pm

FORT LEE

Jack Alter Community Center
1355 Inwood Terrace

GARFIELD

Rescue Engine Company #3
159 Gaston Ave.

HACKENSACK

One Bergen County Plaza

MAHWAH

Senior Center
475 Corporate Drive

PARAMUS

Bergen Community College IT building
400 Paramus Road

RIVER VALE

River Vale Community Center
628 River Vale Road

RUTHERFORD

The Williams Center
15 Sylvan Street

TEANECK

Richard Rodda Center
250 Colonial Court

WOODCLIFF LAKE

Tice Senior Center
411 Chestnut Ridge Road

BALLOT DROP BOX LOCATIONS

BERGENFIELD

Behind Borough Hall
198 N. Washington Ave.

CARLSTADT

Borough Hall
500 Madison St.

DEMAREST

Borough Hall
118 Serpentine Rd.

DUMONT

Right Side Of Library
180 Washington Ave.

ENGLEWOOD

City Hall
2-10 North Van Brunt St.

EMERSON

Borough Hall
1 Municipal Place

FAIR LAWN

Behind Borough Hall
8-01 Fair Lawn Ave.

FAIRVIEW

Library
213 Anderson Ave.

FORT LEE

Jack Alter Community Center
1355 Inwood Terr./Anderson Ave.
/Circular Dr.

FRANKLIN LAKES

Borough Hall
480 Dekorte Dr.

GARFIELD

Behind City Hall
111 Outwater Lane

HACKENSACK

County Administration Building Parking Lot
One Bergen County Plaza

HASBROUCK HEIGHTS

Behind Borough Hall
320 Boulevard

HILLSDALE

Borough Hall Parking Lot
380 Hillsdale Ave.

LODI

Library
1 Memorial Dr.

MAHWAH

Library
100 Ridge Rd.

NORTH ARLINGTON

Borough Hall
214 Ridge Rd.

NORWOOD

Borough Hall
455 Broadway

OAKLAND

Borough Hall, Across From Library
One Municipal Plaza

OLD TAPPAN

Borough Hall
227 Old Tappan Rd.

PARAMUS

Borough Hall
1 Jockish Square

RAMSEY

Behind Library
30 Wyckoff Ave.

RIDGEWOOD

Village Hall
131 N. Maple Ave.

RIDGEFIELD

Community Center
725 Slocum Ave.

RIVER VALE

Borough Hall
406 Rivervale Rd.

RUTHERFORD

Borough Hall
176 Park Ave.

SADDLE BROOK

Library (Congress St. Parking Lot)
340 Mayhill St.

TEANECK

Municipal Building, (N. Entrance)
818 Teaneck Rd.

WALDWICK

Behind Municipal Building
15 East Prospect St.

WESTWOOD

Community Center
55 Jefferson Ave.

WYCKOFF

Municipal Building
340 Franklin Ave.

MONTVALE BOARD OF HEALTH ANNOUNCEMENT



RABIES INOCULATION CLINIC ON SATURDAY, NOV. 6, 2021

**PASCACK VALLEY DPW GARAGE
ONE MEMORIAL DR., MONTVALE**

**A MASK WILL BE REQUIRED REGARDLESS OF COVID-19
VACCINATION STATUS. IN EFFORT TO HELP LIMIT ROOM
CAPACITY, ONLY ONE PERSON PER EACH PET WILL BE
ADMITTED.**

**YOUR DOG MUST BE ON A NON- RETRACTABLE LEASH
VACCINATION FOR DOGS ONLY: 10:00AM - 11:00 AM**

**YOUR CAT MUST BE IN A CARRIER TO BE VACCINATED
VACCINATION FOR CATS ONLY: 11:00AM - 11:30 AM**

VACCINES ARE **FREE OF CHARGE TO MONTVALE RESIDENTS**

Montvale Senior Club

BORO MONTVALE SENIOR CLUB ACTIVITIES –NOVEMBER 2021
MASKS ARE REQUIRED UPON ENTERING THE SENIOR CLUB FACILITY.

SENIOR CENTER WILL BE CLOSED ON:
NOVEMBER 2, ELECTION DAY
NOVEMBER 11, VETERANS DAY

MONDAY

HEALTHY BONES – 10:00am - 11:30am Shey (Harp) 551-996-2038
CHAIR EXERCISE OR CARDIO EXERCISE- 11:30am - 12:30pm (video tape)
Micki Keller -201-573-1179 – Rani Mooriani-201-930-8950
MAH JONG- 1:30pm - 3:30pm – Kitty Stern – 201-802-0997

TUESDAY

BOCCE- 10:00am to 12:00pm – John Rotante- 201-391-4194
CANASTA- 1:00pm-3:00pm-Fran Ohayon-201-391-4272
COLORING/CROCHET/KNITTING/NEEDLEPOINT/CHAT -1:00pm – 2:30pm
Lucille Bothwich-845-649-2964; Gail Clark- 201-391-7200
TAI CHI – 1:30pm-2:15pm; Lisa Dent- 201-391-5700- ext.251

WEDNESDAY

HEALTHY BONES-10:00am-11:30am – Shey (Harp) 551-996-2038
BOCCE: 10:00am-12:00pm- John Rotante-201-391-4194
CHAIR EXERCISE- 11:30am-12:30-pm – Micki Keller-201-573-1170; Rani Mooriani-201-930-8950
MEXICAN TRAIN/CARDS-1:30pm -4:00pm –Louise & George Boothy 201-476-1319

THURSDAY

PICKLE BALL- 8:00am -10:00am – John Rotante-201-391-4193

FRIDAY

LADIES BOCCE- 11:00am-1:00pm-Diane Carfora -201-314-0141; Pat Casciano-201-307-9685
MEN'S BOCCE – 1:30pm-3:30pm – John Rotante-201-391-4194
CHAIR EXERCISES- 10:30am to 11:30am – Rani Mooriani-201-476-1319

MONTHLY ACTIVITIES

SENIOR CLUB BUSINESS MEETING, THURSDAY, NOVEMBER 4 - 12:00pm-2:00pm
NOMINATIONS FOR NEW BOARD MEMBERS WILL BE PRESENTED.

BINGO/PIZZA-NOVEMBER 12 - 5:00pm-7:30pm- Mick Keller- 201-391-1170; Jodi Miller-201-573-0246

PASCACK VALLEY PLAYHOUSE “NIGHT NIGHT ROGER ROGER”. TUESDAY, NOVEMBER 16.
NO ADMISSION FOR SENIORS.

BOOK CLUB – THURSDAY, NOVEMBER 11, 2021....12:30pm-1:30pm. THIS WILL BE A ZOOM MEETING CALL
Ree Hopper-201-391-7386 FOR ZOOM LINK. THE BOOK TITLE IS THE LAST FLIGHT BY JULIA CLARK.

PBA THANKSGIVING LUNCHEON – NOVEMBER 18 AT THE SENIOR CENTER

TRIPS

NOV 9-10 2021- PENNSYLVANIA'S AMISH HOLIDAY TOUR- ROSEMARIE KELLY- 201-391-8718
DEC. 9 - THURSDAY - DOOLANS (THE SHORE CLUB) CHRISTMAS SHOW
DEC. 16 – THURSDAY – SEASONS-CHRISTMAS LUNCHEON, NICK AT NIGHT DJ.

TUESDAY-10:00am-11:45am- THRIVE AT MONTVALE- COFFEE TALKS-AN INVITATION TO OUR COMMUNITY
TO ENJOY FELLOWSHIP AND DISCUSSIONS OF STIMULATING TOPICS. COFFEE AND NEWSPAPERS WILL BE
AVAILABLE. THIS WILL BE A WEEKLY MEETING, 295 W. GRAND AVENUE, MONTVALE, NJ.

Our nurse will be visiting us on the first Monday and the first Thursday of the month for blood pressure readings.

Diversity & Inclusion

We hope you are enjoying the Fall season. With many holidays drawing near, we look forward to cooler weather and the opportunity to spend time with family and friends. Last month, we hosted several Hispanic Heritage Month celebrations. The Committee was featured in the Pascack Press for donating many books highlighting Hispanic characters and authors to the Memorial and Fieldstone school libraries. We also partnered with the Montvale Free Public Library for story time. Last but not least, the community gathered at the Montvale Community Center to explore a variety of traditional dances, hear traditional songs, and sweat to Zumba during our Latin Fitness celebration, Baila Conmigo.

Worlds of wonder in donation; committee helps power Hispanic Heritage Month

October 11, 2021 Michael Olohan



Students and administrators celebrate a book donation from Montvale's Diversity Committee at the Sept. 27 school board meeting. Left to right and front to back: Superintendent Dr. Darren Petersen, Brenna Fitzgerald, Fianna Fitzgerald, Maria BOE member Amaka Auer, Diversity and Inclusion Committee members Maria Vi and Isaac Dickson, Fieldstone librarian Meghan Ferreira, Memorial Elementary I Westervelt, and BOE president Ernie DiFiore. Mike Olohan photo.

This month, we were excited to continue our partnership with the Montvale Free Public library by celebrating Diwali (The Festival of Lights). On November 1st, families enjoyed a virtual celebration via Zoom that included a story time event and a Rangoli craft. The Committee also donated several books to the Montvale Free Public Library which tell traditional stories about the festival.

As always, we invite everyone to join our monthly meetings. Please contact us at DiversityCommittee@MontvaleBoro.org to find out more!





**TRI-BORO VOLUNTEER AMBULANCE CORPS
IS MADE UP OF VOLUNTEERS WHO DEDICATE
THEIR TIME HELPING THOSE IN NEED.**

**NOW WE ARE IN DESPERATE NEED OF
VOLUNTEERS, IF YOU OR SOMEONE YOU
KNOW WOULD LIKE TO JOIN US, PLEASE
VISIT OUR WEBSITE**

WWW.TRIBOROAMBULANCE.ORG

OR COME

**TO OUR OPEN HOUSE ON SUNDAY
NOVEMBER 14TH 10AM – 6PM**

**E-MAIL OUR MEMBERSHIP COMMITTEE
MEMBERSHIP@TBVAC.ORG**

**PROUDLY SERVING MONTVALE, PARK RIDGE AND
WOODCLIFF LAKE - 24 HOURS A DAY, 7 DAYS A WEEK.**

Montvale Public Library

Please check our website www.montvalelibrarynj.org for more updates. Don't forget to follow us on Facebook, and Instagram.

Friends of the Library

Friends of the Montvale Library will be meeting on Thursday, November 4 at 7:30 in the Children's Activity Room. Contact the Circulation Desk for virtual participation information. We welcome new members, as well as our current members! We will also have Zoom capability for the meeting. If you would like to attend virtually, please email Bombace@montvale.bccls.org for the link.

Be sure to "visit" the Friends' Book Shelf across from the Circulation Desk. There you'll find gorgeous books (fiction, non-fiction, and children's) at greatly reduced prices.

Buy a book (or two or three) and support the Friends! Be on the lookout for special deals in December!

Adult Programs

November 4, 11, 18, December 2, 2021 - 1:00 - 1:35 p.m. - Virtual Program

Strength Training for Seniors

Join us for Strength Training for Seniors, a virtual program that increases flexibility, strength & endurance using easy-to-follow movements. Register for as many sessions as you want. Taught by Leena Kalle, certified senior strength training instructor. This is a virtual program.

November 4, 2021 - 7:00 - 8:00 p.m. - Virtual Program

Edvard Munch: So Much More Than The Scream

Prolific Norwegian painter and printmaker Edvard Munch is famous for four versions of The Scream. Munch's need to explore situations brimming with emotional content and expressive energy characterizes all of his astonishing work. This art talk will examine his unconventional life. This is a virtual program.

November 29, December 6, 13, 20, 2021 - 7:00 - 7:30 p.m. - Virtual Program

Visual Guided Meditation Series

Join us for a relaxing virtual guided meditation session with certified instructor Amy Rutledge in this four-week adult class. Register for as many sessions as you want! This is a virtual program.

November 30, 2021 - 7:00 - 8:00 p.m. - Virtual Program

True Crime Book Club

Title to be announced. We still have openings in this group. Email montvalelibraryprograms@gmail.com if you are interested in joining. This is a virtual program.

Virtual Book Groups

November 1st, 2021 - 10:30 a.m.

Monday Morning Virtual Book Group: Diana : Her True Story - In Her Own Words by Andrew Morton.

November 8th, 2021 - 12:00 p.m.

Monday Afternoon Book Group: The Five Wounds by Kirsten Valdez Quade.

Group meets in person, but a virtual option is also available.

Our Cookbook Supper Club will meet on Monday, November at 6:30pm. The November book is "The Book on Pie: everything you need to know to bake perfect pies by Erin Jeanne McDowell. We will meet in person at the Children's Dept. Activity Room to discuss this book. Please email Therese.Jones@montvale.bccls.org if you have questions or if you would like to attend virtually.

Montvale Public Library

Children's Department

November News A cornucopia of programs this November!

Celebrating Diwali Craft

In conjunction with the Diversity & Inclusion Committee, we will be celebrating Diwali, India's Festival of Lights on November 1st at 4:00 pm. This virtual program will focus on the customs and traditions of this special occasion including a Rangoli craft kit to make Rangoli, a traditional Indian folk art made of colorful sand and patterns. Registration is required at diversitycommittee@montvaleboro.org and will be open through 10/25.

Art Class with Artist Peri

Artist Peri will be hosting a virtual art class on November 15th, at 3:45 pm. Artist Peri will provide step-by-step instructions in creating a personal work of art. All you need is some paper, a pencil and a lot of imagination! This program is geared for children ages 6 and older and registration is required.

Get Stuffed!

We have a Thanksgiving "Give Thanks" Pillow Craft that needs no sewing, but a lot of stuffing! All the materials you need for this craft will be included to get you prepared for the holidays; perfect to lay back on and relax after a long day of eating! Registration is required and will open on November 8th while supplies last. The craft is limited to one per family.

Hanukkah Craft

We have another project that is Craft-akular! We are offering a Hanukkah Banner Craft to help celebrate the holiday. This craft includes all the pieces to make a decorative wall hanging that can be a keepsake for future holidays. The craft is limited to one per family and registration is required. Registration for this will open November 22th.

Planning Ahead: November Registration Dates for December Programs

Registration will open on November 15th for this new program!

Sew it! Virtual Workshop

On December 2, at 3:45 pm we will be making winter wolf ornaments with just a needle, thread, and a lot of fun! This virtual workshop will provide all the material you need before the event and together with guidance from a live instructor receive step-by-step instructions on how to create a handmade craft just in time for the winter season!

Registration will open on November 17th for this new program!

Gingerbread Yum and Fun!

Who wants to build a house? A gingerbread house that is! On December 15th at 3:45 pm we are excited to announce a wonderful virtual gingerbread house program that comes complete with delicious homemade gingerbread pieces, icing, nut-free candy, and decorations! With kits in hand and guidance from a gingerbread expert, families will learn the basics of gingerbread house design and construction. Sprinkle in a little imagination and creativity to make it your own! Registration is required and supplies are limited to one kit per family.

Honor System Paperbacks

Did you know that we still have honor system paperback books? They are located in the left rear of the library. We offer a variety of romance, mystery, and fiction titles. No library card needed- no due date either. Just stop at the circulation desk to tell them how many you are taking and bring them back when you are done!

Montvale Public Library

Museum Passes

Please check out our website <https://www.montvalelibrarynj.org/museum-passes> for updated information about how to obtain passes for the following museums:
Storm King, Guggenheim, Intrepid, and the American Museum of Natural History.

eBooks & Other Online Materials

The Montvale Library now subscribes to Kanopy, a movie streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14-digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org.

Ancestry is now available to Montvale Patrons at home! Please email movlcirc@bccls.org for login information to access this resource remotely. Please check our website and social media pages for updates as we are constantly providing new virtual services.

Montvale Recreation Special Events Committee

Looking to give back to your town in a way that benefits residents of all ages through fun family-oriented events? Recreation is currently seeking adult or high school volunteers to assist in the planning and coordinating of Montvale's annual events such as Day In The Park, the Halloween Carnival, the Christmas Tree Lighting, the Spring Fling and more! Join the Special Events Committee today to be a part of keeping these events successful, memorable and a tradition for Montvale. Please call 201-391-5700 ext. 251 or email MontvaleRecreation@montvaleboro.org for more information.

Christmas Tree Lighting

The Christmas Tree Lighting is tentatively scheduled for Friday, December 3 at 7 pm. Further event details will be posted on the Borough website as they become available

Programs

Online Registration:

1. Go to MontvaleRecreation.org
2. Click the Registration Tab
3. Choose the program you would like to register for
4. Payment by credit card only

Paper Registration: Available at the first class of any session (except Adult Soccer, Golf, Pickleball and Tennis Lessons). Payment by cash or check made out to the Borough of Montvale.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 Mercedes Drive

Tuesday Yoga

Montvale Community Center Atrium- 1 Memorial Drive
1 Memorial Drive
Tuesdays 7:00-8:00 pm
Resident Fee: \$40 (Only \$10/class!) Non-Resident: \$50

Begin the week or weekend with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class. Face coverings will be required for the duration of each since this session will be held indoors. Temperature screening and a symptom questionnaire will need to be completed prior to each class.

My Way

Memorial Drive Huff Park Area (Sr/Cmnty Center during Inclement Weather)
Wednesdays and Thursdays: 6:00-7:00 pm
October 13 – December 2
Children in Kindergarten and older are welcome
Resident Fee: \$120 Non-Resident Fee: \$180

"The Way" – The Art of Life, is the art of Self-Defense and Wisdom Living. It is the training of the Body, Soul, and Spirit for self-defense in the unarmed combat and daily healthy growth. Grow, get fit and learn to be disciplined while using the following qualities: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control.

This program will be offered two days per week for children in Kindergarten and older. The class will be offered Wednesdays and Thursdays from 6:00 to 7:00pm. Classes begin Wednesday, October 13 and run for 8 weeks (16 classes total). The program will be held at the Montvale Community Center at 1 Memorial Drive (outside the community center, if necessary).

Instructor: Mario Liriano; 5th Degree Black Belt and over 40 years of Martial Arts experience. Mr. Liriano has been teaching this program for over 16 years in Montvale and has produced many Black Belts (including his two daughters).

TAI CHI

Senior/Community Center Atrium: 1 Memorial Drive
Fridays 12:15-1:00 pm
November 9 – January 4
Resident Fee: \$80
Non-Resident Fee: \$100 (space permitting)
Residents Who Belong to the Montvale Seniors Club: \$40

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax. Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more.

Field Use

Applications and Hold Harmless forms must be completed and returned to the Recreation Department, Attn: Lisa Dent, with Liability Insurance and payment. Forms are available online and at the Borough Hall front counter. Permits will not be issued if the application is incomplete. All organizations must receive an approved permit from Lisa Dent prior to any field use. THE DEADLINE FOR SPRING (MARCH-JULY) FIELD USE APPLICATIONS IS FEBRUARY 1

Tennis Court Badges

Each year residents who wish to use the courts must register to receive their new access card. Badges for the 2021 season, which runs from March 1 - December 31, may be purchased at the Borough Hall (during normal business hours beginning) OR online: www.montvale.org/recreation

| <u>Residents</u> | | | <u>Non-Residents</u> | |
|-------------------------------------|---------|--|-------------------------------------|----------|
| Adult | \$30.00 | | Adult | \$60.00 |
| Child/Student (Ages 17 and younger) | \$10.00 | | Child/Student (Ages 17 and younger) | \$20.00 |
| Household Maximum | \$50.00 | | Household Maximum | \$100.00 |
| Senior Citizens (62 & Over) | FREE | | Senior Citizens (62 & Over) | \$10.00 |

There will be a \$10 fee for replacement badges. The Recreation Department has updated the tennis court's magnetic card reader to a proximity reader. Badges will no longer need to be swiped, but rather just moved within a close proximity to the reader. If there is an issue with the use of tennis courts or the courts themselves, please report it: 201-391-5700 ext. 251.

Pickleball Court Badges

Badges must be obtained to use the pickleball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2021 season will become available starting July 1 at Borough Hall, 12 Mercedes Drive, Monday-Friday, 8:30am-4:30pm. The 2022 badge season will run January 1-December 31.

| <u>Residents</u> | | | <u>Non-Residents</u> | |
|------------------------------------|--------|--|------------------------------------|---------|
| Adult (Ages 13+) | FREE | | Adult (Ages 13+) | \$25.00 |
| Child (Ages 12 and younger) | FREE | | Child (Ages 12 and younger) | \$15.00 |
| Senior Citizens (62+) | FREE | | Senior Citizens (62+) | \$10.00 |
| Replacement Badge (1 per year max) | \$5.00 | | Replacement Badge (1 per year max) | \$5.00 |

pickleball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Park Monitor, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

Basketball Court Badges

Badges must be obtained to use the basketball courts. Resident badges do not expire while non-resident badges must be renewed each year. Badges for the 2021 season are available at Borough Hall, 12 Mercedes Drive, Monday-Friday, 8:30am-4:30pm. The 2022 badge season will run January 1-December 31.

| <u>Residents</u> | | | <u>Non-Residents</u> | |
|------------------------------------|--------|--|------------------------------------|---------|
| Adult (Ages 13+) | FREE | | Adult (Ages 13+) | \$25.00 |
| Child (Ages 12 and younger) | FREE | | Child (Ages 12 and younger) | \$15.00 |
| Senior Citizens (62+) | FREE | | Senior Citizens (62+) | \$10.00 |
| Replacement Badge (1 per year max) | \$5.00 | | Replacement Badge (1 per year max) | \$5.00 |

Badges must be worn in a visible location at all times while on the basketball courts. Individuals using the basketball courts must be able to present their own badge on demand by any Borough Official (Police Officer, Municipal Employee, etc.) to verify authorized use of the facility. Individuals who fail to present a valid badge shall immediately leave the court.

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Chamber of Commerce Board Meetings:

1st Wednesday of the Month located at Montvale Borough Hall 4:00 pm

2021 Montvale Street Fair Sets Record Attendance



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